

DISCLOSER OF SERVICES (CALIFORNIA)

Expressive Soul Art is a service that is provided by a complementary and healthcare practitioner. California law allows California residents to complementary and alternative healthcare practitioners who are not providing services that require medical training and credentials. The following discloser is provided in compliance with Section 2053.6 of the California Business and Professional Code.

The purpose of Expressive Soul Art is for vocational and avocational self-improvement (Business and Professional Code 2908) and is alternative or complementary treatment to healing arts services, licensed by the state. An art facilitator for alternative healthcare is not a licensed physician, or psychologist, and Expressive Soul Art services are not licensed by the state of California. Services are non-diagnostic and do not include the practice of medicine, neither should they be considered as a substitute for licensed medical, or psychological services or procedures.

Facilitators who assist clients with post-traumatic stress disorder (PTSD), depression, and/or addictions may provide general advice, recommend published books, and anything that stays within their scope of practice. This is not a substitute for medical advice, and you are advised to see your doctor's approval before making any medical/health/lifestyle changes.

Expressive Soul Art works to provide a healthy way to release emotions, both from the past and present. Expressive Soul Art works with your subconscious mind. The subconscious mind is the source or root of many of our behaviors, emotions, attitudes, and motivations, therefore it can be an effective technique toward healing emotionally and for many purposes.

Expressive Soul Art has both one-on-one and group sessions available and clients achieve their goals depending on their individual needs. There is an undetermined number of sessions for everyone's desired outcome, so no set number of specific sessions can promise to reach their goal. The results of the effectiveness may vary from individual to individual, and no specific results or progress can be promised or guaranteed.

The experience one has when releasing emotions through art can vary from individual to individual. Many people remain present and focused as they channel their emotions through art. Some individuals may experience difficulties if holding back and not allowing themselves to be released in the art making process.

Expressive Soul Art is a form of intuitive art therefore, everyone makes sense of what their art means to them individually and intuitively. Making art in this way may elect memories of past events, which may or may not be literally true. Memories or images that are brought out of making art are not necessarily accurate and it may be a construction of a composite of memories. It is important for the artist to make their own metaphorical meaning from their own art. Intuitive guidance may

be provided when asked, however, you as the client must untimely decide for themselves.

While it is the practice of the facilitator to keep information confidential, information revealed in Expressive Soul Art is not subject to the psychotherapist – patient privilege. A court may order disclosure of information learned in therapy.

This is effective as of the date 09/05/2023

I have received a copy of this disclosure and understand the information described above.

Client Name (Please Print):

Client Signature:

_____ Date: _____