

Vegan Menu

Please State VEGAN When Ordering from this Menu

Starters

Plain Garlic Bread £8.50

Garlic Bread with Tomato £9.50

Garlic Bread with Vegan Cheese £9.50

Chilli Garlic Bread £9.50

Tomato & Basil Bruschetta £9.95

Ciabatta rubbed with garlic & olive oil, topped with chopped tomatoes & fresh Basil

Tender stem Broccoli £8.95

Sautéed with extra virgin olive oil, lemon, garlic & chilli

Sticky Vegetables £9.50

Fresh vegetables cooked in a sweet, sticky, chilli coating, served with chef's rice salad

Fresh Asparagus £10.95

Sautéed with extra virgin olive oil, lemon, garlic & chilli

Mushroom Pil Pil £9.50

Fresh Mushrooms, olive oil, coriander, tomato, chillies, garlic & lime, served with toasted ciabatta

Salt & Pepper Green Beans £9.50

Fine green beans sautéed in salt & pepper seasoning with peppers & onions, served with oriental pancakes & sweet soy

Avocado Immersione £9.95

Fresh guacamole with diced red onion, topped with marinated chopped tomatoes. Served with sliced of toasted ciabatta rubbed with fresh garlic

Main Meals

Basil & Pine Nut Pasta £15.50

Fine green beans, cherry tomatoes & peppers sautéed with rosemary & chillies, tossed with penne pasta, chopped fresh basil, garlic, olive oil & pine nuts

Rustic Pasta £13.95

Spaghetti pasta, aubergines, tomatoes, olives, garlic, olive oil & chilli

3 Bean Pasta Bake £15.50

Penne pasta baked in our own tomato sauce with beans, courgettes, peppers & onion, topped with Vegan cheese

Penne Arrabiata £13.95

Penne pasta tossed in our own tomato sauce with garlic, fresh chilli, peppers & onions

Mediterranean Pizza £15.95

Pizza sauce, garlic, sautéed Mediterranean vegetables & olives. Finished with our roasted red pepper dressing

Vegan Spicy Pepper Pizza £15.95

Pizza Sauce, Vegan cheese, fresh mixed peppers, jalapeño peppers, onions, hot chilli sauce & fresh wild rocket

Vegan Fajitas £16.95

Cajun spiced vegetables on a sizzle platter with peppers & onions, served with flour tortillas, vegan cheese, salsa & guacamole

Arrosto Peppers £16.95

Roasted red peppers filled with courgettes, onion, garlic, green beans, broccoli & mixed beans tossed in a basil infused tomato sauce and baked with melted vegan cheese. Served with a spiced savoury rice

Other dishes on our menu may be able to be tweaked to suit your requirements, please ask your server for assistance.

We cannot guarantee that our products do not contain traces of nuts and/or seeds, dairy, gluten, or any other allergens.