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FOLLOW US TO STAY UP TO DATE WITH THE FOOD AND NUTRITION SECURITY PROJECT

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OR CHECK OUT OUR WEBSITES!

WWW.MMYC.CA
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Project made possible by:



United Way
East Ontario



Government
of Canada

THE YOUTH CENTRE COALITION OF LANARK COUNTY

Mississippi Mills Youth Centre
Lanark Highlands Youth Centre
Carleton Place Core Youth Services & Youth Centre
Youth Action Committee of Perth and District



FOOD AND NUTRITION SECURITY PROJECT

THE YOUTH CENTRE COALITION OF LANARK COUNTY






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Canadian children under the age of 18 is affected by household food insecurity.

ABOUT

We aim to meet the unique nutritional needs of youth and their families across Lanark County. This project will help strengthen access to hygiene products, personal protective equipment and food. We will be using coaching, mentoring and modelling to strengthen youth's knowledge and life skill abilities. We will be offering cooking classes, health information sessions and skill building workshops.

Households who rent their home are **5 times** more likely to experience food insecurity than households who own their home.



**FOOD INSECURITY HAS INCREASED
4% DUE TO COVID-19.**

**PLEASE REACH OUT IF
YOU ARE IN NEED OF
FOOD, HYGIENE
PRODUCTS OR PERSONAL
PROTECTIVE EQUIPMENT.**

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