

# DROP IN EVERYDAY 2:30-5:00

REC ROOM
YOUTH GAMES
COMPUTERS
VIDEO GAMES
FREE SNACKS
VOLUNTEER
HOMEWORK HELI

# BRING MASK





#### OCTOBER 2021

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<b>L</b>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FOOD + FUN FRIDAYS
re centre	United Way East Ontario  Jumpstart Bon départ  Carleton PLAC		Drop In and All Activities are limited to 12 spots available unless stated otherwise.	All programming subject to change. Register in advance for free programs and activities email: coordinator@cpyouthcentre.or g	CPYOUTHCENTRE.ORG 360 EDMUND STREET 613-257-8901
Y O!	Youth Volunteer Team Meet Up 5-7 PM (6 Spots) Movie & Popcorn 5-7 PM (6 Spots)	5 Art Corner Spooky Slime Night! 5-7 PM	6 Trips For Kids Biking 4-5:30 PM Batch Cooking & Free Dinner 5-7 PM	7 Anime Club, Video Games, & Snacks (Ages 10+) 5-7 PM	8 Food Friday Hot Dogs & Hamburgers & Jackbox Games! 5-7 PM
S S ELP	11 Youth Centre is Closed for Thanksgiving	12 Taco Tuesday 5-6 PM Art Corner Resin Moulding 6-7 PM	13 Trips For Kids Biking 4-5:30 PM Batch Cooking & Free Dinner 5-7 PM	14 Anime Club, Video Games, & Snacks (Ages 10+) 5-7 PM	15 Food Friday Loaded Nachos & Among Us! 5-7 PM
	18 Youth Volunteer Team Meet Up 5-7 PM (6 Spots)  Music With Mariah 5-7 PM (6 Spots)	19 Art Corner Paint Night 5-7 PM	20 Trips For Kids Biking 4-5:30 PM Batch Cooking & Free Dinner 5-7 PM	21 Anime Club, Video Games, & Snacks (Ages 10+) 5-7 PM	22 Food Friday Soup N' Subs & Board Games! 5-7 PM
CEYC	25 Youth Volunteer Team Meet Up 5-7 PM (6 Spots) Music With Mariah 5-7 PM (6 Spots)	26 Art Corner Pumpkin Carving! 5-7 PM	27 Kidz in the Kitchen (\$) 5-7 PM	28 Anime Club, Video Games, & Snacks (Ages 10+) 5-7 PM	29 Halloween Spooktacular Free Meal and Activities! 5-8 PM









### FREE PROGRAMS INFO OCTOBER 2021 - REGISTRATION REQUIRED – LIMITED SPOTS!

outings but is open for drop in until 4:30 PM. Stay tuned for Archery, Swimming, and Skating!



**CANADIAN TIRE JUMPSTART - LETS GET MOVING! FREE ACTIVITIES! (Open to YC Families!)**Free family bowling opportunities! Register for free for an hour of bowling. Limited spots and transportation available! Mask wearing, physical distancing, and gathering limits apply. *Youth Centre is CLOSED during these* 



## KIDZ IN THE KITCHEN (Ages 8-12) (\$80)

KIDZ In The Kitchen is an 8-week cooking program designed to introduce young people to cooking, making them feel more comfortable in the kitchen while developing valuable life skills. The participants learn kitchen and food safety, basic cooking techniques, budgeting, healthy meal planning, kitchen cleanliness, kitchen etiquette and teamwork skills. Limited space available! Register using the email below!



#### ANIME CLUB THURSDAYS (Ages 10+)

Anime is life! Together we'll discuss our favourite animes, learn about the history of anime, be introduced to new ones, learn how to draw characters, and watch some shows together! From mangas to series to cosplaying - this club has got you covered! You can even get volunteer hours - contribute or assist in the facilitation of the club!



#### **YOUTH VOLUNTEER TEAM**

Join the youth volunteer team today! Meet as a committee an hour once or more a month – and get hours for it! Provide input and share your voice for the youth centre's programs, activities, and opportunities. Create your own programs, workshops, and fundraisers. Learn how to earn your volunteer hours for high school!



**REC ROOM** – A fun place to hangout and play foosball, air hockey, ping pong, and video games with your friends!

**MUSIC WITH MARIAH** – Learn the basics of music and jam in a fun environment with our new staff Mariah!

**TACO TUESDAY** – You want Tacos. We got Tacos! Free Taco Tuesdays – once a month!

Available spots for activities are limited to 12 unless specified otherwise, please refer to calendar. Register in-person, by phone, facebook message, or by email: coordinator@cpyouthcentre.org