

Weekly Schedule 2021-2022



	Room 1	Room 2	Room 3
Monday			
4:30-5:30	Ballet (Teen)	Stretch/ Conditioning (Junior)	Rehearsal Senior Small Group
5:30-6:30	PBT (Senior)	Lyrical (Junior)	Teen Lyrical
6:30-7:30	Ballet (Senior)	Teen Rehearsal	Jazz (Beginner)
7:30 - 8:30	Pre-Pointe (Senior)	Teen Jumps Leaps Turns	
8:30 - 9:30			
Tuesday			
4:30-5:30	Contemporary (Teen)	Jazz (Senior)	Contemporary (Junior)
5:30-6:30	Contemporary (Senior)	Fusion (Teen)	Ballroom (Junior)
6:30-7:30	Rehearsal (Teen/Senior) Large group	Lyrical/Contemporary (Beginner)	Rehearsal (Junior Small Group)
7:30 - 8:30	Rehearsal (Senior)	Rehearsal (Teen) Small Group	
8:30 - 9:30			
Wednesday			
4:30-5:30	Senior Lyrical	Hip Hop (11 and under)	Teen PBT
5:30-6:30	Ballet (Junior)	Hip Hop (12 and up)	Mini Ballet/Jazz
6:30-7:30	Teen/Senior Conditioning Stretch	Rehearsal Hip Hop Large Group	Hip-Hop (Beginner)
7:30 - 8:30	Teen/Junior Large Group	Rehearsal (Fusion)	
8:30 - 9:30			
Thursday			
4:30-5:30	Teen Ballroom	Junior Acro	Mini Hip-Hop/ Acro
5:30-6:30	Senior Ballroom	Teen Acro	
6:30-7:30	Teen Jazz	Senior Acro	
7:30 - 8:30	Line Rehearsal		
8:30 - 9:30			
Friday			
4:30-5:30	Junior Jazz		
5:30-6:30	Junior Rehearsal		
6:30-7:30			
7:30 - 8:30			
8:30 - 9:30			