

# Post 243 Newsletter

June 12, 2020

Volume 1, Number 8

**There is no end to the good you can do if you don't care who gets the credit ~ General Colin Powell**

## Upcoming Post & Community Events

**Flag Retirement  
~Post 243~  
June 13, 1000**

**25 Push-up Challenge  
June 14, 1600**

**July 4<sup>th</sup> Picnic  
1000-1400**

**General Meeting  
July 16, 1900**

**Blood Drive  
July 26, 1200-1700**

## From the Commander

Call it Progress Against the Virus! When we had a planning meeting at the Post a couple of weeks ago, we were limited by the Governor's Reopening Plan to 25% of our building capacity, which was 14 people. Last week, we re-started our live Coffee & Chat meetings (Wednesdays 1000-noon) with the Governor's authorization for 50% of capacity, which is 28 people. On Wednesday, 9 June, we had 23 at the Post, and that was a welcome move toward "normal." The gang did well to avoid handshakes and maintain relative spacing.

We aren't planning a June General Meeting, because we would surely exceed the 28-person limitation. However, read below as we make plans for Independence Day, and maybe a full-sized General Meeting and dinner as usual as early as 16 July - if it's OK with the Governor. We are coming back!

## Bill

### 25 Push-up Challenge

Florida Association of Veteran Owned Businesses ([FAVOB](#)) and the Oviedo-Winter Springs Regional Chamber of Commerce (OWSRCC) are proud to bring veterans together through the 25 Push-up Challenge. The challenge started on social media to raise awareness of mental health, PTSD, depression, and anxiety, and has gone viral. Local veterans are invited to do their push-ups (while social distancing) this Sunday, June 14 at 4pm at the Oviedo Veteran Tribute at Oviedo on the Park. Come support the cause! *Push-ups not required*

### July 4<sup>th</sup> Picnic

We're celebrating Independence Day at the Post this year. All members and their guests are invited but due to worldwide circumstances our event is not open to the general public. It's time for a good old-fashioned picnic and we're organizing what everyone brings on Sign Up Genius. To see what is needed please click [here](#) and consider helping make this a memorable day. If you do not have access to a computer and want to help, please contact Laurel Ross at 407-227-5340.

### Help Spread the Word

The Orlando Sentinel recently published a story about one of our own Post members, Ed Kershner. A copy is on the bulletin board at the post and a digital copy is available is on our post website About Us page or by clicking [here](#) and scrolling to the bottom of the page to download. Please take the time to read thru it and pass it on when you have a chance.

### Just in Time for 4<sup>th</sup> of July

Get your red, white and blue washable facemasks from Post 243. One of our members and his wife have generously made the masks to help our members and also help us raise money for the building fund. There are some still available at the post but more will be made as demand increases. Donate \$10 to the building fund and get your mask today!

## THE SATURDAY PICNIC at the POST

An Illustrated Weekly  
founded A.D. 1728 by Benj. Franklin  
5cts. THE COPY



All members & guests welcome

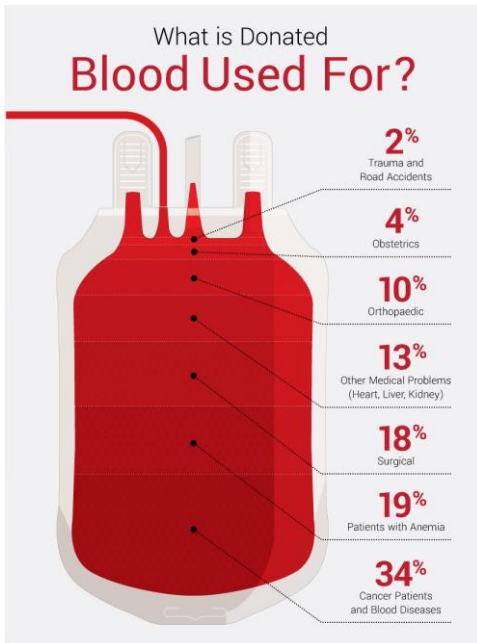
Come help us celebrate Independence Day at the Post. Bring a lawn chair and visit Sign Up Genius to see what is needed.



**Coach Ed Kershner**



**Sample Facemask**



**Next Drive July 26, 2020**

**Blood Drive News**

Our May Drive was a huge success! Thank you to everyone who donated, shared on social media or simply told someone about our blood drive. We had 22 individuals registered to donate, 18 made donations and 10 of them were first time donors! All donors were screened for COVID-19 antibodies and received notification of their status within the week.

Our next blood drive is scheduled for Sunday, July 26<sup>th</sup> from noon until 1700. As soon as an appointment link is available it will be posted on our calendar. You can also check on the OneBlood website closer to our event to make your appointment. All donors will still be screened for antibodies.

For more information contact Laurel Ross, 407-227-5340 or [laureleross@gmail.com](mailto:laureleross@gmail.com)

**INSPIRE Patriotism & Purpose**

2 <sup>nd</sup> prize	3 <sup>rd</sup> prize	Grand Prize	4 <sup>th</sup> -5 <sup>th</sup> prize	6 <sup>th</sup> -10 <sup>th</sup> prize
\$2,500 CASH	\$1,000 CASH	<b>\$10,000 CASH!</b>	\$500 <sup>EA</sup> CASH	\$100 <sup>EA</sup> CASH

The **Patriotism & Purpose Raffle** is a way for us to celebrate America and the principles of The American Legion. Not only are you eligible to win great prizes, your support funds programs that inspire veterans, families and the communities in which we live across Florida. Together, we can honor the sacrifice every veteran has made and ensure that The American Legion, Department of Florida continues to be a beacon of hope.

Your donation of \$5 per ticket, \$20 for 6 tickets or \$30 for all 12 tickets supports programs that reduce Veteran suicides and substance abuse, expand services that heal our Veterans and their families, and inspire young Americans to love and honor our flag and country.

You can request your ticket packet [here](#) or you can call 407-295-2631 to donate using your credit card. Be sure to request your tickets by June 17 to receive them in time to mail in. Remember to mail your tickets and gift by the deadline, June 24th!

On June 27, 2020, ten (10) CASH winners will be chosen for the **Patriotism & Purpose Raffle**, during a Facebook Live presentation.

Any Questions? Contact Jennifer Cooper at 407-295-2631 or by emailing her: [jcooper@floridalegion.org](mailto:jcooper@floridalegion.org)

Facebook - American Legion Oviedo

Instagram - Americanlegionpost243

**Stay in Touch**

If you'd like to be added to our email distribution, please send your contact information to the email address to the right. If you need help getting to or from Post events, just ask, we're here to help!

Website: [www.OviedoLegion.org](http://www.OviedoLegion.org)

Email: [Post@OviedoLegion.org](mailto:Post@OviedoLegion.org)