

# FLMA RACE LOGBOOK / PERFORMANCE TRACKER

*Fast Lane Motorsports Association — Driver Development Tool*

## **SESSION DETAILS**

Track Name: \_\_\_\_\_

Date: \_\_\_\_\_

Event Type: Practice / Qualifying / Race

Weather (Temp / Conditions): \_\_\_\_\_

Car / Class: \_\_\_\_\_

Session #: \_\_\_\_\_

## **LAP TIMES**

Lap 1 \_\_\_\_\_ Lap 2 \_\_\_\_\_ Lap 3 \_\_\_\_\_ Lap 4 \_\_\_\_\_

Lap 5 \_\_\_\_\_ Lap 6 \_\_\_\_\_ Lap 7 \_\_\_\_\_ Lap 8 \_\_\_\_\_

Lap 9 \_\_\_\_\_ Lap 10 \_\_\_\_\_ Lap 11 \_\_\_\_\_ Lap 12 \_\_\_\_\_

Lap 13 \_\_\_\_\_ Lap 14 \_\_\_\_\_ Lap 15 \_\_\_\_\_ Lap 16 \_\_\_\_\_

Lap 17 \_\_\_\_\_ Lap 18 \_\_\_\_\_ Lap 19 \_\_\_\_\_ Lap 20 \_\_\_\_\_

Lap 21 \_\_\_\_\_ Lap 22 \_\_\_\_\_ Lap 23 \_\_\_\_\_ Lap 24 \_\_\_\_\_

Lap 25 \_\_\_\_\_ Lap 26 \_\_\_\_\_ Lap 27 \_\_\_\_\_ Lap 28 \_\_\_\_\_

Lap 29 \_\_\_\_\_ Lap 30 \_\_\_\_\_

Best Lap \_\_\_\_\_

Average Lap \_\_\_\_\_

## **CAR SETUP NOTES**

Tire Pressures (Cold/Hot)

- Settings \_\_\_\_\_  
\_\_\_\_\_
- Notes \_\_\_\_\_  
\_\_\_\_\_

Suspension (Front/Rear)

- Settings \_\_\_\_\_  
\_\_\_\_\_
- Notes \_\_\_\_\_  
\_\_\_\_\_

Camber / Toe

- Settings \_\_\_\_\_  
\_\_\_\_\_
- Notes \_\_\_\_\_  
\_\_\_\_\_

Gear Ratios

- Settings \_\_\_\_\_  
\_\_\_\_\_
- Notes \_\_\_\_\_  
\_\_\_\_\_

Brake Bias

- Settings \_\_\_\_\_  
\_\_\_\_\_
- Notes \_\_\_\_\_  
\_\_\_\_\_

Other Adjustments

- Settings \_\_\_\_\_  
\_\_\_\_\_
- Notes \_\_\_\_\_  
\_\_\_\_\_

**DRIVER FEEDBACK**

How did the car feel? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Where did you struggle? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Where did you improve? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Any understeer/oversteer moments? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

WHAT WENT WELL \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

WHAT TO IMPROVE \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

NEXT STEPS / ACTION PLAN \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

SESSION RATING (1-5)

- \_\_\_\_\_