

God's Power in the Life of the Believer!

God the Father, Son and Holy Spirit!



**Overcoming Sin in your Life
through God's Power!**

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Version 24

Key Scriptures for the Believer and Those Searching for Forgiveness

Hebrews 4:12 For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discernor of the thoughts and intents of the heart.

Romans 10:9 If you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. ¹⁰ For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation. ¹³ For "whoever calls on the name of the Lord shall be saved."

Romans 10:17 So then faith comes by hearing and hearing by the Word of God.

I John 1:9 If we confess our sin, He is faithful and just to forgive us our sin and to cleanse us of all unrighteousness.

My Story - Why These 10 Lessons?

Meditate with Power

God's Power in the Life of the Believer! God the Father, Son and Holy Spirit!

Overcoming Sin in Your Life Through God's Power!

Meditate on God's Word: Why This Study? Why 10 Lessons?

When I was first saved in 1976 I experienced a deep sense of peace and forgiveness. I was released from my Roman Catholic traditional teachings, New Age and Eastern religious teachings. I finally realized that only God could free me from the guilt and shame and condemnation that I was feeling in my life. I began to read the Living Bible Daily Devotional that I purchased at JC Penny's as I felt so lost and empty inside. It was through reading the Word of God simply written that the Holy Spirit began to draw me to how much God loved me through what Jesus Christ did for me and for all who believe. Here are the first scriptures that began to draw me closer to God as I worried a lot about my future and my life. Sue and I had 2 young children to care for and I was stuck in a local heat treating steel factory. **Matthew 6:31-34 "Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' ³² For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. ³³ But seek first the kingdom of God and His righteousness, and all these things shall be added to you.**

³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about its own things. From here God began to draw me to other verses in the Bible that drew me closer and closer into a relationship by faith with Jesus. **Matthew 11:28-30 Come to Me, all you who labor and are heavy laden, and I will give you rest. ²⁹ Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. ³⁰ For My yoke is easy and My burden is light."**

I finally reached out in faith and accepted what Jesus did for me personally and I was freed from a lifetime of guilt and shame. **Romans 10:9-13 that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. ¹⁰ For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation. ¹¹ For the Scripture says, "Whoever believes on Him will not be put to shame." ¹² For there is no distinction between Jew and Greek, for the same Lord over all is rich to all who call upon Him. ¹³ For "whoever calls on the name of the Lord shall be saved."** As the years went on I never doubted my freedom in Jesus and that I would go to heaven because of Jesus and His death on the cross for my sins. However, as I tried to study the Bible it was difficult to figure out where everything fits. Since the first study on August 10, 2010 I have written over 5000 blog posts or studies on my blog page, **meditatewithpower.blogspot.com** So you are reading the best of the best of over 14 years of studies trying to figure out how to find more power in my Christian life to overcome sin. Hence the title God's Power in Life of the Believer! God the Father, Son and Holy Spirit! on how to overcome sin in your life. So you can go through the entire blog to figure this out or spend some time studying these 10 lessons. I only ask you pray for me and this ministry and that God gives you the power you desire in your life to live a holy life! Please share this book or digital book with anyone who you think would be blessed by these lessons. Please do not charge anyone for this work as my ministry is based on the words of Jesus when He sent out the first group of disciples to preach the Gospel. **Matthew 10:8 Jesus said, "Freely you have received, freely give."** As Pastor Chuck Smith would always say at the end of his sermons I say to you. May God bless you as you continue to study His Word! **Romans 10:17 So then faith comes by hearing and hearing by the Word of God.**

Introduction and Overview of the 10 Lessons

- 1. The Devil, the World, Sin and the Flesh**
- 2. God the Father's Love for You**
- 3. The Power of the Cross, the Blood and the Name of Jesus**
- 4. The Power and Ministry of the Holy Spirit in Your Life**
- 5. The Power of Believing God's Word in Your Life**
- 6. The Importance of Confession and Repentance**
- 7. Resisting Sin and Remember What God has Done for You & Who You Are**
- 8. The Power of Praise and Thanksgiving in Your Life**
- 9. The Power of Prayer, Fasting and Praying for Others**
- 10. Resting and Standing on God's Promises**

Please send any questions or comments to BillDombrowski7@gmail.com

Key Images of the Holy Trinity of God! God the Father, Son and Holy Spirit



The first two images were shot in a 1200 year old cave church in the Valley of Ihlara, Turkey in 2002. The hand symbol in the center of the painted cross represents the Holy Trinity of God, Father, Son and Holy Spirit. The author's hand shows how the symbol would be represented today as compared to the original fresco painting found on the ceiling of the cave church.



A special thank you to my missionary friend, Safi Baghepour, who took me to this cave church in Turkey. Safi passed away in 2024 and is in heaven with Jesus.

Introduction and Overview

God's Power in the Life of the Believer!

God the Father, Son and Holy Spirit!

Overcoming Sin in Your Life Through God's Power!

2 Corinthians 13:14 The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. Amen.

This book will be presented in 10 Lessons based on what you are experiencing in your life today as a Christian, desiring to live a holy life, pleasing to God. First, you were saved by Jesus Christ and had a period of victory over sin and then as you walked with God, you began to struggle again. This is normal and doesn't mean that you aren't saved or have lost your salvation. Then through circumstances in life and your past struggles with sin, just like that you find yourself again wrestling with some of the same sins you had before you met Jesus. This book will begin with an overview of the 10 key Lessons in the Bible that will help you understand what is happening in your life. We will close this book at the end with a summary in Lesson 10. This Lent series was originally prepared for and concluded on Easter Sunday. I have combined these studies into this book for anyone that is interested at no charge. It is my gift to God the Father, Son and Holy Spirit for saving me and you and giving us the power to overcome sin.

Revelation 12:11-12 They overcame him by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death. ¹² Therefore rejoice, O heavens, and you who dwell in them! Woe to the inhabitants of the earth and the sea! For the devil has come down to you, having great wrath, because he knows that he has a short time."

We will begin this study first by emphasizing the power of the Word of God in your life and the need to renew your mind daily with these two key truths. The Bible or God's Word clearly points out the power and importance of God's Word in your life.



The Power of God's Word! The Importance of Renewing Your Mind Daily!

1) Hebrews 4:12 For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discernor of the thoughts and intents of the heart.

2) Romans 12:1-2 I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service.

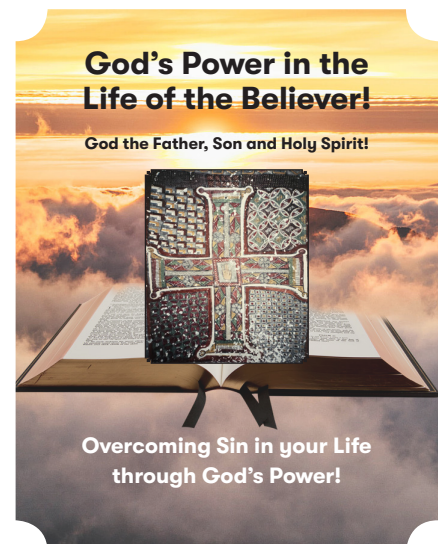
² And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

These two scriptures are the key to victory in your life. In my own life my greatest times of victory and peace have been when I have been focusing or meditating on God's Word day and night.

My goal is to provide you a roadmap overview into understanding why you are struggling with sin. Next, to see how God has given us His promises and provisions to help us in our struggles. Finally, to get back on the road to victory whenever you sin or when your car of life goes off the road into a ditch.

Here are the 10 Key Lessons of the Bible to help you overcome sin and achieve daily victory in your life. Remember, the key word is daily and you will be as successful as the amount of time you put into making God's Word a priority in your life. There is no easy road and your success will be based on the time you put into understanding, memorizing and adopting these 10 Lessons of scripture in your life. Let's begin with the Overview!

- 1. The Devil, the World, Sin and the Flesh**
- 2. God the Father's Love for You**
- 3. The Power of the Cross, the Blood and the Name of Jesus**
- 4. The Power and Ministry of the Holy Spirit in Your Life**
- 5. The Power of Believing God's Word in Your Life**
- 6. The Importance of Confession and Repentance**
- 7. Resisting Sin and Remember What God has Done for You & Who You Are**
- 8. The Power of Praise and Thanksgiving in Your Life**
- 9. The Power of Prayer, Fasting and Praying for Others**
- 10. Resting and Standing on God's Promises**



Lesson 1 Part 1 of 3

God's Power in the Life of the Believer! God the Father, Son and Holy Spirit! The Devil, the World, Sin and the Flesh.

2 Corinthians 13:14 The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. Amen.

Meditate on God's Word:

1. **The Devil, the World, Sin and the Flesh**
2. **God the Father's Love for You**
3. **The Power of the Cross, the Blood and the Name of Jesus**
4. **The Power and Ministry of the Holy Spirit in Your Life**
5. **The Power of Believing God's Word in Your Life**
6. **The Importance of Confession and Repentance**
7. **Resisting Sin and Remember What God has Done for You & Who You Are**
8. **The Power of Praise and Thanksgiving in Your Life**
9. **The Power of Prayer, Fasting and Praying for Others**
10. **Resting and Standing on God's Promises**

As we begin this important series we will focus each day on one of the lessons above. Lesson 1 will actually take 2 to 3 days to complete. Enjoy this time in the Word and in meditating on the key scriptures in each lesson. The Holy Spirit will be your teacher so take your time, read each verse carefully and enjoy the journey that you are about to embark on in your life. Get lost in the wonder and the power of God and you never know what God will do!

Section 1: The Devil.

The devil and his fallen angels are real spiritual beings who will do everything they can to deceive and to destroy you. The devil knows every weakness you have in your life and will use any of the old temptations that have bothered you in your past when you are weak or tired and will attack you.

The Devil, Satan and his Fallen Angels in the Old Testament

Isaiah 14:14-15 I will ascend above the heights of the clouds, I will be like the Most High.¹⁵ Yet you shall be brought down to Sheol, To the lowest depths of the Pit.

(Satan or Lucifer is real and is mentioned multiple times in the Old Testament)

Satan tempts Adam and Eve and is cursed by God. God promises to send a Redeemer to save mankind as you learn about your adversary the devil from the Old Testament.

Genesis 3:1-7 Now the serpent was more cunning than any beast of the field which the Lord God had made. And he said to the woman, "Has God indeed said, 'You shall not eat of every tree of the garden?'" ² And the woman said to the serpent, "We may eat the fruit of the trees of the garden; ³ but of the fruit of the tree which is in the midst of the garden, God has said, 'You shall not eat it, nor shall you touch it, lest you die.' " ⁴ Then the serpent said to the woman, "You will not surely die. ⁵ For God knows that in the day you eat of it your eyes will be opened, and you will be like God, knowing good and evil." ⁶ So when the woman saw that the tree was good for food, that it was pleasant to the eyes, and a tree desirable to make one wise, she took of its fruit and ate. She also gave to her husband with her, and he ate. ⁷ Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves coverings.

Genesis 3:14-15 So the Lord God said to the serpent: “Because you have done this, You are cursed more than all cattle, And more than every beast of the field; On your belly you shall go, And you shall eat dust All the days of your life. ¹⁵ And I will put enmity Between you and the woman, And between your seed and her Seed; He shall bruise your head, And you shall bruise His heel.”

Job 1:6-12 Now there was a day when the sons of God came to present themselves before the Lord, and Satan also came among them. ⁷ And the Lord said to Satan, “From where do you come?”

So Satan answered the Lord and said, “From going to and fro on the earth, and from walking back and forth on it.” ⁸ Then the Lord said to Satan, “Have you considered My servant Job, that there is none like him on the earth, a blameless and upright man, one who fears God and shuns evil?”

⁹ So Satan answered the Lord and said, “Does Job fear God for nothing? ¹⁰ Have You not made a hedge around him, around his household, and around all that he has on every side? You have blessed the work of his hands, and his possessions have increased in the land. ¹¹ But now, stretch out Your hand and touch all that he has, and he will surely curse You to Your face!” ¹² And the Lord said to Satan, “Behold, all that he has is in your power; only do not lay a hand on his person.” So Satan went out from the presence of the Lord.

Isaiah 14:12-15 “How you are fallen from heaven, O Lucifer, son of the morning! How you are cut down to the ground, You who weakened the nations! ¹³ For you have said in your heart: ‘I will ascend into heaven, I will exalt my throne above the stars of God; I will also sit on the mount of the congregation On the farthest sides of the north; ¹⁴ I will ascend above the heights of the clouds, I will be like the Most High. ¹⁵ Yet you shall be brought down to Sheol, To the lowest depths of the Pit.

Ezekiel 28:13-19 You were in Eden, the garden of God; Every precious stone was your covering: The sardius, topaz, and diamond, beryl, onyx, and jasper, sapphire, turquoise, and emerald with gold. The workmanship of your timbrels and pipes Was prepared for you on the day you were created.

¹⁴ “You were the anointed cherub who covers; I established you; You were on the holy mountain of God; You walked back and forth in the midst of fiery stones. ¹⁵ You were perfect in your ways from the day you were created, Till iniquity was found in you. ¹⁶ “By the abundance of your trading You became filled with violence within, And you sinned; Therefore I cast you as a profane thing Out of the mountain of God; And I destroyed you, O covering cherub, From the midst of the fiery stones.

¹⁷ “Your heart was lifted up because of your beauty; You corrupted your wisdom for the sake of your splendor; I cast you to the ground, I laid you before kings, That they might gaze at you.

¹⁸ “You defiled your sanctuaries By the multitude of your iniquities, By the iniquity of your trading; Therefore I brought fire from your midst; It devoured you, And I turned you to ashes upon the earth In the sight of all who saw you. ¹⁹ All who knew you among the peoples are astonished at you; You have become a horror, And shall be no more forever.” ’

Zechariah 3:1-2 Then he showed me Joshua the high priest standing before the Angel of the Lord, and Satan standing at his right hand to oppose him. ² And the Lord said to Satan, “The Lord rebuke you, Satan! The Lord who has chosen Jerusalem rebuke you! Is this not a brand plucked from the fire?”

Summary: Understand that Satan is alive and active on planet Earth and his sole purpose is to deceive mankind into believing he doesn't exist and to cause believers to wander or fall away from their faith in Jesus. Join us next in part 2 as we continue this 3 part series on the devil, Satan and his fallen angels in the New Testament.

Lesson 1: Part 2 of 3

God's Power in the Life of the Believer!

The Devil, the World, Sin and the Flesh. The Devil Part 2

2 Corinthians 13:14 The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. Amen.

Meditate on God's Word:

1. **The Devil, the World, Sin and the Flesh**
2. **God the Father's Love for You**
3. **The Power of the Cross, the Blood and the Name of Jesus**
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9. **The Power of Prayer, Fasting and Praying for Others**
10. **Resting and Standing on God's Promises**

In Part 2 of lesson 1 on the devil in the New Testament it is clear that scripture continues to warn us of the presence of this adversary in our lives until Satan and his fallen angels are cast into the Lake of Fire in Revelation 20. This occurs near the end of time on Earth after Christ's 1000 year reign on Earth just before the final Great White Throne judgement.

Section 1: The Devil Part 2

The Devil, Satan and his Fallen Angels in the New Testament

Matthew 13:36-43 Then Jesus sent the multitude away and went into the house. And His disciples came to Him, saying, "Explain to us the parable of the tares of the field." ³⁷ He answered and said to them: "He who sows the good seed is the Son of Man. ³⁸ The field is the world, the good seeds are the sons of the kingdom, but the tares are the sons of the wicked one. ³⁹ The enemy who sowed them is the devil, the harvest is the end of the age, and the reapers are the angels. ⁴⁰ Therefore as the tares are gathered and burned in the fire, so it will be at the end of this age. ⁴¹ The Son of Man will send out His angels, and they will gather out of His kingdom all things that offend, and those who practice lawlessness, ⁴² and will cast them into the furnace of fire. There will be wailing and gnashing of teeth. ⁴³ Then the righteous will shine forth as the sun in the kingdom of their Father. He who has ears to hear, let him hear!

Luke 4:1-4 Then Jesus, being filled with the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness, ² being tempted for forty days by the devil. And in those days He ate nothing, and afterward, when they had ended, He was hungry. ³ And the devil said to Him, "If You are the Son of God, command this stone to become bread." ⁴ But Jesus answered him, saying, "It is written, 'Man shall not live by bread alone, but by every word of God. **John 8:44** You are of your father the devil, and the desires of your father you want to do. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he speaks a lie, he speaks from his own resources, for he is a liar and the father of it. He was a created being who rebelled against God and will do everything he can to deceive and to destroy you.

John 10:7-11 Then Jesus said to them again, “Most assuredly, I say to you, I am the door of the sheep. ⁸ All who ever came before Me are thieves and robbers, but the sheep did not hear them. ⁹ I am the door. If anyone enters by Me, he will be saved, and will go in and out and find pasture. ¹⁰ The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly. ¹¹ “I am the good shepherd. The good shepherd gives His life for the sheep.

Acts 10:37-39 That word you know, which was proclaimed throughout all Judea, and began from Galilee after the baptism which John preached: ³⁸ how God anointed Jesus of Nazareth with the Holy Spirit and with power, who went about doing good and healing all who were oppressed by the devil, for God was with Him. ³⁹ And we are witnesses of all things which He did both in the land of the Jews and in Jerusalem, whom they killed by hanging on a tree.

Ephesians 6:11-12 Put on the whole armor of God, that you may be able to stand against the wiles of the devil. ¹² For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.

James 4:7 Therefore submit to God. Resist the devil and he will flee from you.

1 Peter 5:8-9 Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. ⁹ Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world.

1 John 3:7-8 Little children, let no one deceive you. He who practices righteousness is righteous, just as He is righteous. ⁸ He who sins is of the devil, for the devil has sinned from the beginning. For this purpose the Son of God was manifested, that He might destroy the works of the devil.

Revelation 12:7-10 And war broke out in heaven: Michael and his angels fought with the dragon; and the dragon and his angels fought, ⁸ but they [a]did not prevail, nor was a place found for them in heaven any longer. ⁹ So the great dragon was cast out, that serpent of old, called the Devil and Satan, who deceives the whole world; he was cast to the earth, and his angels were cast out with him. ¹⁰ Then I heard a loud voice saying in heaven, “Now salvation, and strength, and the kingdom of our God, and the power of His Christ have come, for the accuser of our brethren, who accused them before our God day and night, has been cast down.

Revelation 20:7-10 Now when the thousand years have expired, Satan will be released from his prison ⁸ and will go out to deceive the nations which are in the four corners of the earth, Gog and Magog, to gather them together to battle, whose number is as the sand of the sea. ⁹ They went up on the breadth of the earth and surrounded the camp of the saints and the beloved city. And fire came down from God out of heaven and devoured them. ¹⁰ The devil, who deceived them, was cast into the lake of fire and brimstone where the beast and the false prophet are. And they will be tormented day and night forever and ever.

Summary: From Genesis through Revelation Satan or the devil is mentioned often and we are constantly being warned of his reality, presence and the need to rely on God’s power to overcome our adversary the devil. This is why we have begun our study with Satan and his fallen angels as they represent the greatest spiritual danger to our lives in serving God and in helping others understand the importance of trusting in Jesus Christ for our salvation. Without Jesus we would stand no chance of defeating this once beautiful angel who rebelled against God by sinning because of pride and by also causing Adam and Eve to do the same by doubting in God’s commandment to not eat the fruit of the Tree of Good and Evil.

Lesson 1 Part 3 of 3

God's Power in the Life of the Believer!

The Devil, the World, Sin and the Flesh

The World, Sin and the Flesh! Part 3

2 Corinthians 13:14 The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. Amen.

Meditate on God's Word:

1. **The Devil, the World, Sin and the Flesh**
2. **God the Father's Love for You**
3. **The Power of the Cross, the Blood and the Name of Jesus**
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In Part 3 of Lesson 1, the devil, the world, sin and the flesh we will focus on the multiple warnings primarily from the New Testament after Jesus freed us from the penalty and the power of sin. Yes, as believers we are still subject to temptation and sin and we really need to understand how and where we will be attacked. To think that because we are saved we will have no troubles in life is like going out to sea on a calm day and making no precautions for the storms and rough waters that will happen without question. Take the time to read carefully every verse to understand the reality of what you are or will face as a believer. Once you complete these 3 parts of Lesson 1 then we will spend the next 9 lessons equipping you for the battle and the provisions that God has made for you.

The World

I Peter 2:11-12 Beloved, I beg you as sojourners and pilgrims, abstain from fleshly lusts which war against the soul, ¹² having your conduct honorable among the Gentiles, that when they speak against you as evildoers, they may, by your good works which they observe, glorify God in the day of visitation.

I John 2:15-17 Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. ¹⁶ For all that is in the world—the lust of the flesh, the lust of the eyes, and the pride of life—is not of the Father but is of the world. ¹⁷ And the world is passing away, and the lust of it; but he who does the will of God abides forever.

Colossians 2:8-9 Beware lest anyone cheat you through philosophy and empty deceit, according to the tradition of men, according to the basic principles of the world, and not according to Christ. ⁹ For in Him dwells all the fullness of the Godhead bodily; ¹⁰ and you are complete in Him, who is the head of all principality and power.

Titus 2:11-13 For the grace of God that brings salvation has appeared to all men, ¹² teaching us that, denying ungodliness and worldly lusts, we should live soberly, righteously, and godly in the present age, ¹³ looking for the blessed hope and glorious appearing of our great God and Savior Jesus Christ.

I Corinthians 3:18-20 Let no one deceive himself. If anyone among you seems to be wise in this age, let him become a fool that he may become wise. ¹⁹ For the wisdom of this world is foolishness with God. For it is written, “He catches the wise in their own craftiness”; ²⁰ and again, “The Lord knows the thoughts of the wise, that they are futile.”

Ephesians 2:1-3 And you He made alive, who were dead in trespasses and sins, ² in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, ³ among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others.

Colossians 2:8-9 Beware lest anyone cheat you through philosophy and empty deceit, according to the tradition of men, according to the basic principles of the world, and not according to Christ. ⁹ For in Him dwells all the fullness of the Godhead bodily.

I John 5:3-5 For this is the love of God, that we keep His commandments. And His commandments are not burdensome. ⁴ For whatever is born of God overcomes the world. And this is the victory that has overcome the world—our faith. ⁵ Who is he who overcomes the world, but he who believes that Jesus is the Son of God?

Sin and the Flesh

Romans 6:11-12 Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord. ¹² Therefore do not let sin reign in your mortal body, that you should obey it in its lusts.

Romans 6:13-14 And do not present your members as instruments of unrighteousness to sin, but present yourselves to God as being alive from the dead, and your members as instruments of righteousness to God. ¹⁴ For sin shall not have dominion over you, for you are not under law but under grace.

Romans 7:18-19 For I know that in me (that is, in my flesh) nothing good dwells; for to will is present with me, but how to perform what is good I do not find. ¹⁹ For the good that I will to do, I do not do; but the evil I will not to do, that I practice.

I Corinthians 6:18 Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body.

Romans 8:12-15 Therefore, brethren, we are debtors—not to the flesh, to live according to the flesh. ¹³ For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live. ¹⁴ For as many as are led by the Spirit of God, these are sons of God. ¹⁵ For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, “Abba, Father.”

I Peter 2:11-12 Beloved, I beg you as sojourners and pilgrims, abstain from fleshly lusts which war against the soul, ¹² having your conduct honorable among the Gentiles, that when they speak against you as evildoers, they may, by your good works which they observe, glorify God in the day of visitation.

Galatians 5:16-18 I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. ¹⁷ For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. ¹⁸ But if you are led by the Spirit, you are not under the law.

2 Corinthians 10:4-6 For the weapons of our warfare are not [a]carnal but mighty in God for pulling down strongholds, ⁵ casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ, ⁶ and being ready to punish all disobedience when your obedience is fulfilled.

Summary: As you review these scriptures it becomes clear that we are surrounded by temptation and within us the potential to sin, in fact, quite frequently even as a born again Christian. Here is a list of the lusts of the flesh as Paul wrote to the church at Galatia.

Galatians 5:19-21 Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, ²⁰ idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, ²¹ envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God. Yes you are a sinner saved by grace and you are also a saint who will sin. The question is how will you respond?. Please don't despair but be ready to see how much God loves you as we now dive into the other 9 lessons of this book. The best practical advice is to call out to God in your moments of weakness **"Abba Father" Romans 8:15** and run as fast as you can and remember these words. **Romans 8:31** What then shall we say to these things? If God is for us, who can be against us?

Lesson 2

God's Power in the Life of the Believer!

God the Father's Love for You!

I John 4:9 In this the love of God was manifested toward us, that God has sent His only begotten Son into the world, that we might live through Him.

Meditate on God's Word:

1. **The Devil, the World, Sin and the Flesh**
2. **God the Father's Love for You**
3. **The Power of the Cross, the Blood and the Name of Jesus**
4. **The Power and Ministry of the Holy Spirit in Your Life**

Now we begin our overview of the next 9 Lessons of how to understand and how to rely on God's power in your life. Lesson 1 should have opened your eyes to the tremendous spiritual battle that we are engaged in and how we must face the devil, the world, the flesh and sin in our lives. Now we will learn how to fight and how to fight in the Spirit through the power and the promises of God. If section 1 frightened you a bit, good, because it will make you much more alert to the battle that is going on around and in you through temptation. Now rest, relax and meditate for the next 9 lessons on what God has already done for you. **Zechariah 4:6** So he answered and said to me: **"This is the word of the Lord to Zerubbabel: 'Not by might nor by power, but by My Spirit,' says the Lord of hosts.**

Understanding God the Father's Love for You

Genesis 1:26-28 Then God said, "Let Us make man in Our image, according to Our likeness; let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth." ²⁷ So God created man in His own image; in the image of God He created him; male and female He created them. ²⁸ Then God blessed them, and God said to them, "Be fruitful and multiply; fill the earth and subdue it; have dominion over the fish of the sea, over the birds of the air, and over every living thing that moves on the earth."

Genesis 2:18-24 And the Lord God said, "It is not good that man should be alone; I will make him a helper comparable to him."¹⁹ Out of the ground the Lord God formed every beast of the field and every bird of the air, and brought them to Adam to see what he would call them. And whatever Adam called each living creature, that was its name.²⁰ So Adam gave names to all cattle, to the birds of the air, and to every beast of the field. But for Adam there was not found a helper comparable to him.²¹ And the Lord God caused a deep sleep to fall on Adam, and he slept; and He took one of his ribs, and closed up the flesh in its place.²² Then the rib which the Lord God had taken from man He made into a woman, and He brought her to the man.²³ And Adam said: "This is now bone of my bones And flesh of my flesh; She shall be called Woman, Because she was taken out of Man."²⁴ Therefore a man shall leave his father and mother and be joined to his wife, and they shall become one flesh.

Exodus 14:13-23 And Moses said to the people, "Do not be afraid. Stand still, and see the salvation of the Lord, which He will accomplish for you today. For the Egyptians whom you see today, you shall see again no more forever."¹⁴ The Lord will fight for you, and you shall hold your peace."¹⁹ And the Angel of God, who went before the camp of Israel, moved and went behind them; and the pillar of cloud went from before them and stood behind them.²⁰ So it came between the camp of the Egyptians and the camp of Israel. Thus it was a cloud and darkness to the one, and it gave light by night to the other, so that the one did not come near the other all that night.²¹ Then Moses stretched out his hand over the sea; and the Lord caused the sea to go back by a strong east wind all that night, and made the sea into dry land, and the waters were divided.²² So the children of Israel went into the midst of the sea on the dry ground, and the waters were a wall to them on their right hand and on their left.²³ And the Egyptians pursued and went after them into the midst of the sea, all Pharaoh's horses, his chariots, and his horsemen.

Deuteronomy 7:6-9 "For you are a holy people to the Lord your God; the Lord your God has chosen you to be a people for Himself, a special treasure above all the peoples on the face of the earth."⁷ The Lord did not set His love on you nor choose you because you were more in number than any other people, for you were the least of all peoples;⁸ but because the Lord loves you, and because He would keep the oath which He swore to your fathers, the Lord has brought you out with a mighty hand, and redeemed you from the house of bondage, from the hand of Pharaoh king of Egypt.⁹ "Therefore know that the Lord your God, He is God, the faithful God who keeps covenant and mercy for a thousand generations with those who love Him and keep His commandments.

Psalms 103:8-13 The Lord is merciful and gracious, Slow to anger, and abounding in mercy.⁹ He will not always strive with us, or will He keep His anger forever.¹⁰ He has not dealt with us according to our sins, or punished us according to our iniquities.¹¹ For as the heavens are high above the earth, So great is His mercy toward those who fear Him;¹² As far as the east is from the west, So far has He removed our transgressions from us.¹³ As a father pities his children, so the Lord pities those who fear Him.¹⁴ For He knows our frame; He remembers that we are dust.

Jeremiah 31:3-4 The Lord has appeared of old to me, saying: "Yes, I have loved you with an everlasting love; Therefore with lovingkindness I have drawn you."⁴ Again I will build you, and you shall be rebuilt, O virgin of Israel! You shall again be adorned with your tambourines, And shall go forth in the dances of those who rejoice.

John 3:16 For God so loved the world that He gave His only begotten Son, that whosoever believes in Him would never perish but have everlasting life.

Romans 8:31-39 What then shall we say to these things? If God is for us, who can be against us?³² He who did not spare His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things?³³ Who shall bring a charge against God's elect? It is God who justifies.

³⁴ Who is he who condemns? It is Christ who died, and furthermore is also risen, who is even at the right hand of God, who also makes intercession for us.³⁵ Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?³⁶ As it is written: "For Your sake we are killed all day long; We are accounted as sheep for the slaughter."

³⁷ Yet in all these things we are more than conquerors through Him who loved us. ³⁸ For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, ³⁹ nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.

Ephesians 1:3-5 Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, ⁴ just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love, ⁵ having predestined us to adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will.

Ephesians 1:17-21 That the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him, ¹⁸ the eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, ¹⁹ and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power ²⁰ which He worked in Christ when He raised Him from the dead and seated Him at His right hand in the heavenly places, ²¹ far above all principality and power and might and dominion, and every name that is named, not only in this age but also in that which is to come.

Ephesians 2:4-7 But God, who is rich in mercy, because of His great love with which He loved us, ⁵ even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved), ⁶ and raised us up together, and made us sit together in the heavenly places in Christ Jesus, ⁷ that in the ages to come He might show the exceeding riches of His grace in His kindness toward us in Christ Jesus.

Titus 3:3-7 For we ourselves were also once foolish, disobedient, deceived, serving various lusts and pleasures, living in malice and envy, hateful and hating one another. ⁴ But when the kindness and the love of God our Savior toward man appeared, ⁵ not by works of righteousness which we have done, but according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit, ⁶ whom He poured out on us abundantly through Jesus Christ our Savior, ⁷ that having been justified by His grace we should become heirs according to the hope of eternal life.

I John 5:10 In this is love, not that we loved God, but that He loved us and sent His Son to be the propitiation for our sins.

Summary: When you begin to meditate and understand how much God the Father loves you, your entire life will change. God isn't mad at you, HE LOVES YOU! Get lost in the wonder of God's love for you and you never know what God will do!



Lesson 3

God's Power in the Life of the Believer!

The Power of the Cross, the Blood and the Name of Jesus.

Galatians 2:20 I have been crucified with Christ; it is no longer I who live, but Christ lives in me.

Meditate on God's Word:

1. **The Devil, the World, Sin and the Flesh**
2. **God the Father's Love for You**
3. **The Power of the Cross, the Blood and the Name of Jesus**
4. **The Power and Ministry of the Holy Spirit in Your Life**

Today's Lesson 3 is the most important lesson in the whole Bible because without Jesus paying the price for our sins, we would still be trying to work our way into heaven. **Luke 19:10 For the Son of Man has come to seek and to save that which was lost.** There is nothing more important in the history of the universe than Jesus's death on the cross. Jesus even agonized before He went to the cross as He prayed in the Garden of Gethsemane but He willingly went.

Luke 22:41-43 And He was withdrawn from them about a stone's throw, and He knelt down and prayed, ⁴² saying, "Father, if it is Your will, take this cup away from Me; nevertheless not My will, but Yours, be done." ⁴³ Then an angel appeared to Him from heaven, strengthening Him. Take as much time as you need to really meditate and study these verses about Jesus as there is nothing else that can change your life more than understanding what this section means to you, your family and everyone you meet in life. Freedom from guilt and forgiveness from sin is what everyone is searching for in your life. Find it in Jesus!

The Power of the Cross, the Blood and the Name of Jesus.

Mark 1:9-11 It came to pass in those days that Jesus came from Nazareth of Galilee, and was baptized by John in the Jordan. ¹⁰ And immediately, coming up from the water, He saw the heavens parting and the Spirit descending upon Him like a dove. ¹¹ Then a voice came from heaven, "You are My beloved Son, in whom I am well pleased."

Luke 22:19-20 Jesus took bread, gave thanks and broke it, and gave it to them, saying, "This is My body which is given for you; do this in remembrance of Me." ²⁰ Likewise He also took the cup after supper, saying, "This cup is the new covenant in My blood, which is shed for you."

Luke 24:46-49 Then He said to them, "Thus it is written, [a]nd thus it was necessary for the Christ to suffer and to rise from the dead the third day, ⁴⁷ and that repentance and remission of sins should be preached in His name to all nations, beginning at Jerusalem. ⁴⁸ And you are witnesses of these things. ⁴⁹ Behold, I send the Promise of My Father upon you; but tarry in the city of Jerusalem until you are endued with power from on high."

John 1:14-17 And the Word became flesh and dwelt among us, and we beheld His glory, the glory as of the only begotten of the Father, full of grace and truth. ¹⁶ And of His fullness we have all received, and grace for grace. ¹⁷ For the law was given through Moses, but grace and truth came through Jesus Christ.

John 3:14-17 And as Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up, ¹⁵ that whoever believes in Him should not perish but have eternal life. ¹⁶ For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. ¹⁷ For God did not send His Son into the world to condemn the world, but that the world through Him might be saved.

John 9:28-30 After this, Jesus, knowing that all things were now accomplished, that the Scripture might be fulfilled, said, "I thirst!" ²⁹ Now a vessel full of sour wine was sitting there; and they filled a sponge with sour wine, put it on hyssop, and put it to His mouth. ³⁰ So when Jesus had received the sour wine, He said, "It is finished!" And bowing His head, He gave up His spirit.

I Corinthians 1:18-19 For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. ¹⁹ For it is written: "I will destroy the wisdom of the wise, And bring to nothing the understanding of the prudent."

Philippians 2:8-11 And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross. ⁹ Therefore God also has highly exalted Him and given Him the name which is above every name, ¹⁰ that at the name of Jesus every knee should bow, of those in heaven, and of those on earth, and of those under the earth, ¹¹ and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

Colossians 2:13-14 And you, being dead in your trespasses and the uncircumcision of your flesh, He has made alive together with Him, having forgiven you all trespasses, ¹⁴ having wiped out the handwriting of requirements that was against us, which was contrary to us. And He has taken it out of the way, having nailed it to the cross.

Colossians 3:1-3 If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God. ² Set your mind on things above, not on things on the earth. ³ For you died, and your life is hidden with Christ in God.

Galatians 2:19-20 For I through the law died to the law that I might live to God. ²⁰ I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

I Peter 1:18-21 Knowing that you were not redeemed with corruptible things, like silver or gold, from your aimless conduct received by tradition from your fathers, ¹⁹ but with the precious blood of Christ, as of a lamb without blemish and without spot. ²⁰ He indeed was foreordained before the foundation of the world, but was manifest in these last times for you ²¹ who through Him believe in God, who raised Him from the dead and gave Him glory, so that your faith and hope are in God.

Hebrews 9:12-14 Not with the blood of goats and calves, but with His own blood He entered the Most Holy Place once for all, having obtained eternal redemption. ¹³ For if the blood of bulls and goats and the ashes of a heifer, sprinkling the unclean, sanctifies for the purifying of the flesh, ¹⁴ how much more shall the blood of Christ, who through the eternal Spirit offered Himself without spot to God, cleanse your conscience from dead works to serve the living God?

Hebrews 13:20-21 Now may the God of peace who brought up our Lord Jesus from the dead, that great Shepherd of the sheep, through the blood of the everlasting covenant, ²¹ make you complete in every good work to do His will, working in you what is well pleasing in His sight, through Jesus Christ, to whom be glory forever and ever. Amen.

Revelation 12:10-11 Then I heard a loud voice saying in heaven, "Now salvation, and strength, and the kingdom of our God, and the power of His Christ have come, for the accuser of our brethren, who accused them before our God day and night, has been cast down. ¹¹ And they overcame him by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death.

Summary: Let these verses from the Bible about Jesus give you the freedom, forgiveness, assurance and the power you need today to know that you are truly forgiven and that yes, you can and will defeat the pull of Satan, the world, the flesh and sin in your life. There is nothing more important for you to do today but to get lost in the wonder and forgiveness of God through Jesus. Nothing.

I Corinthians 1:18 For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

Galatians 2:19-20 For I through the law died to the law that I might live to God. ²⁰ I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me. **Thank you Jesus!**

Lesson 4

God's Power in the Life of the Believer!

The Power and Ministry of the Holy Spirit in Your Life!

Ephesians 1:13 In Him you also trusted, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise.

Meditate on God's Word:

1. **The Devil, the World, Sin and the Flesh**
2. **God the Father's Love for You**
3. **The Power of the Cross, the Blood and the Name of Jesus**
4. **The Power and Ministry of the Holy Spirit in Your Life**
5. **The Power of Believing God's Word in Your Life**

It can and is often argued by theologians did you find God or did God find you. The answer is yes of course but based on my experience and God's Word, it is clear that God reached out to you when you were lost and searching for inner peace and forgiveness in your life.

Ephesians 2:2-9 And you He made alive, who were dead in trespasses and sins, ² in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, ⁴ But God, who is rich in mercy, because of His great love with which He loved us, ⁵ even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved), ⁸ For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, ⁹ not of works, lest anyone should boast. So now that you have been enlightened and saved by God through Jesus Christ, God has sealed you and has given you the Holy Spirit for the rest of your life until He takes you to heaven. The more you meditate on and understand the role of the indwelling Holy Spirit in your life, the more effective you will be in living a holy life that is pleasing to God. So enjoy these scriptures and ask God to let each verse sink into your subconscious until they become as normal as breathing and walking, so when you sin you will know how to keep from falling again.

The Power and the Ministry of the Holy Spirit in Your Life

John 14:16-18 And I will pray the Father, and He will give you another Helper, that He may abide with you forever— ¹⁷ the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for He dwells with you and will be in you. ¹⁸ I will not leave you orphans; I will come to you.

John 14:26-27 But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you. ²⁷ Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.

John 16:7-10 Nevertheless I tell you the truth. It is to your advantage that I go away; for if I do not go away, the Helper will not come to you; but if I depart, I will send Him to you. ⁸ And when He has come, He will convict the world of sin, and of righteousness, and of judgment: ⁹ of sin, because they do not believe in Me; ¹⁰ of righteousness, because I go to My Father and you see Me no more; ¹¹ of judgment, because the ruler of this world is judged.

Ephesians 1:13 In Him you also trusted, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise.

2 Corinthians 1:21-22 Now He who establishes us with you in Christ and has anointed us is God,²² who also has sealed us and given us the Spirit in our hearts as a guarantee.

Ephesians 1:16-21 Do not cease to give thanks for you, making mention of you in my prayers:¹⁷ that the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him,¹⁸ the eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints,¹⁹ and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power²⁰ which He worked in Christ when He raised Him from the dead and seated Him at His right hand in the heavenly places,²¹ far above all principality and power and might and dominion, and every name that is named, not only in this age but also in that which is to come.

Romans 8:11-13 But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you.¹² Therefore, brethren, we are debtors—not to the flesh, to live according to the flesh.¹³ For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live.

Romans 8:14-17 For as many as are led by the Spirit of God, these are sons of God.¹⁵ For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, “Abba, Father.”¹⁶ The Spirit Himself bears witness with our spirit that we are children of God,¹⁷ and if children, then heirs—heirs of God and joint heirs with Christ, if indeed we suffer with Him, that we may also be glorified together.

Romans 8:26-27 Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered.²⁷ Now He who searches the hearts knows what the mind of the Spirit is, because He makes intercession for the saints according to the will of God.

2 Corinthians 10:3-5 For though we walk in the flesh, we do not war according to the flesh.⁴ For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds,⁵ casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.

Ephesians 3:16-19 That God would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man,¹⁷ that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love,¹⁸ may be able to comprehend with all the saints what is the width and length and depth and height—¹⁹ to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God.

Galatians 5:16-18 I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.¹⁷ For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish.¹⁸ But if you are led by the Spirit, you are not under the law.

Summary: In the Old Testament the Holy Spirit would come upon men of God and would give them power to lead God’s people, sometimes with supernatural strength and physical power.

Judges 16:28-30 Then Samson called to the Lord, saying, “O Lord God, remember me, I pray! Strengthen me, I pray, just this once, O God, that I may with one blow take vengeance on the Philistines for my two eyes!”²⁹ And Samson took hold of the two middle pillars which supported the temple, and he braced himself against them, one on his right and the other on his left.³⁰ Then Samson said, “Let me die with the Philistines!” And he pushed with all his might, and the temple fell on the lords and all the people who were in it. So the dead that he killed at his death were more than he had killed in his life. The great news is that once Jesus died and was resurrected into heaven, Jesus promised that the ministry of the Holy Spirit would change forever. Now to all who believe in Jesus by faith, the Holy Spirit will indwell every believer and give them the power they need to live a holy Christian life and bring honor to the name of Jesus.

John 14:16-17 And I will pray the Father, and He will give you another Helper, that He may abide with you forever— ¹⁷ the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for He dwells with you and will be in you.

It began at Pentecost and continues through today until Christ returns or until He takes you home.

Acts 1:6-8 Therefore, when they had come together, they asked Him, saying, “Lord, will You at this time restore the kingdom to Israel?” ⁷ And He said to them, “It is not for you to know times or seasons which the Father has put in His own authority. ⁸ But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth.” Let the promise and the power of the

Holy Spirit become real to you as you meditate on these very important scriptures. God is with you today, Father, Son and Holy Spirit. **Romans 8:31** What then shall we say to these things?

If God is for us, who can be against us? ³⁷ **Yet in all these things we are more than conquerors through Him who loved us.** Let the love and power of the God the Father, Son and Holy Spirit become so real today that all you can do is say, Thank You God!



Lesson 5

God's Power in the Life of the Believer!

The Power of Believing God's Word in Your Life!

Hebrews 4:12 For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discernor of the thoughts and intents of the heart.

- 1) **The Devil, the World, Sin and the Flesh**
- 2) **God the Father's Love for You**
- 3) **The Power of the Cross, the Blood and the Name of Jesus**
- 4) **The Power and Ministry of the Holy Spirit in Your Life**
- 5) **The Power of Believing God's Word in Your Life**

Meditate on God's Word: As King David realized the importance of God's Word when he wrote Psalm 119, we find these nuggets of gold and beautiful verses in God's Word. Take just a few minutes to absorb these beautiful scriptures from Psalm 119 and let God speak to your heart today. David loved God's Word. Picture yourself alone in a desert or deserted town with no Wifi, Internet or GPS. All you have is Psalm 119 and time to reflect on God and God's Word and God's love for you. Now just for a few minutes get lost in the wonder of God's Word as God speaks to you.

Psalm 119:11 Your word I have hidden in my heart, That I might not sin against You. ²⁵ My soul clings to the dust; Revive me according to Your word. ⁴⁶ I will speak of Your testimonies also before kings, and will not be ashamed. ⁴⁷ And I will delight myself in Your commandments, Which I love. ⁶⁷ Before I was afflicted I went astray, But now I keep Your word. ⁶⁸ You are good, and do good; Teach me Your statutes. ⁷² The law of Your mouth is better to me Than thousands of coins of gold and silver. ⁸⁹ Forever, O Lord, Your word is settled in heaven. ⁹⁰ Your faithfulness endures to all generations. ⁹³ I will never forget Your precepts, For by them You have given me life. ⁹⁷ Oh, how I love Your law! It is my meditation all the day. ⁹⁹ I have more understanding than all my teachers, For Your testimonies are my meditation. ¹⁰⁰ I understand more than the ancients, Because I keep Your precepts. ¹⁰⁵ Your word is a lamp to my feet And a light to my path. ¹¹⁴ You are my hiding place and my shield; I hope in Your word. ¹²⁷ Therefore I love Your commandments More than gold, yes, than fine gold! ¹³³ Direct my steps by Your word, And let no iniquity have dominion over me. ¹⁴⁷ I rise before the dawning of the morning, And cry for help; I hope in Your word. ¹⁴⁸ My eyes are awake through the night watches, That I may meditate on Your word. ¹⁵⁹ Consider how I love Your precepts; Revive me, O Lord, according to Your loving kindness. ¹⁶⁰ The entirety of Your word is truth. ¹⁶⁴ Seven times a day I praise You, Because of Your righteous judgments. ¹⁶⁵ Great peace have those who love Your law, And nothing causes them to stumble. ¹⁶⁹ Let my cry come before You, O Lord; Give me understanding according to Your word. ¹⁷⁰ Let my supplication come before You; Deliver me according to Your word. ¹⁷⁶ I have gone astray like a lost sheep; Seek Your servant, For I do not forget Your commandments.

So as we see when God called Abram by faith, perhaps He is calling you by faith to really do a deep dive into His love for you, as demonstrated in His Word.

Genesis 15:1-6 After these things the word of the Lord came to Abram in a vision, saying, “Do not be afraid, Abram. I am your shield, your exceedingly great reward.” ² But Abram said, “Lord God, what will You give me, seeing I go childless, and the heir of my house is Eliezer of Damascus?” ³ Then Abram said, “Look, You have given me no offspring; indeed one born in my house is my heir!” ⁴ And behold, the word of the Lord came to him, saying, “This one shall not be your heir, but one who will come from your own body shall be your heir.” ⁵ Then He brought him outside and said, “Look now toward heaven, and count the stars if you are able to number them.” And He said to him, “So shall your descendants be.” ⁶ And he believed in the Lord, and He accounted it to him for righteousness.

God has given us His Word as a lamp, guide and as His GPS for our lives. It is there right in front of us, waiting for us to just open it. It is like having a metal box filled with gold and the only thing you have to do is open it. All you need is the combination or the key. The combination is the word FAITH and the key is your heart and your willingness to open it. You will never be the same again.

Let God’s Word be your guide to understanding God the Father, Son and Holy Spirit and it will give you the power to overcome sin in your life. **Revelation 12:11** They overcame him by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death.” It could be argued that if you only had 4 chapters of the Bible which ones would they be? I would suggest Psalm 119, Isaiah 55, John 3 and Romans 8. These 4 chapters alone would totally transform your life if you would only spend 30 minutes a day meditating and memorizing these chapters. Please join me as we just sample a portion of God’s Word to you today!

The Power of Believing God’s Word in Your Life!

Joshua 1:8-9 This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. ⁹ Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go.”

Nehemiah 8:1-6 Now all the people gathered together as one man in the open square that was in front of the Water Gate; and they told Ezra the scribe to bring the Book of the Law of Moses, which the Lord had commanded Israel. ² So Ezra the priest brought the Law before the assembly of men and women and all who could hear with understanding on the first day of the seventh month. ³ Then he read from it in the open square that was in front of the Water Gate from morning until midday, before the men and women and those who could understand; and the ears of all the people were attentive to the Book of the Law. ⁵ And Ezra opened the book in the sight of all the people, for he was standing above all the people; and when he opened it, all the people stood up. ⁶ And Ezra blessed the Lord, the great God. Then all the people answered, “Amen, Amen!” while lifting up their hands. And they bowed their heads and worshiped the Lord with their faces to the ground.

Isaiah 55:11 So shall My word be that goes forth from My mouth; It shall not return to Me void, But it shall accomplish what I please, And it shall prosper in the thing for which I sent it.

Luke 4:1-4 Then Jesus, being filled with the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness, ² being tempted for forty days by the devil. And in those days He ate nothing, and afterward, when they had ended, He was hungry. ³ And the devil said to Him, “If You are the Son of God, command this stone to become bread.” ⁴ But Jesus answered him, saying, “It is written, ‘Man shall not live by bread alone, but by every word of God.’”

Luke 24:13-14,23-27 Now behold, two of them were traveling that same day to a village called Emmaus, which was seven miles from Jerusalem. ¹⁴ And they talked together of all these things which had happened. ²³ When they did not find His body, they came saying that they had also seen a vision of angels who said He was alive. ²⁴ And certain of those who were with us went to the tomb and found it just as the women had said; but Him they did not see.” ²⁵ Then He said to them, “O foolish ones, and slow of heart to believe in all that the prophets have spoken! ²⁶ Ought not the Christ to have suffered these things and to enter into His glory?” ²⁷ And beginning at Moses and all the Prophets, He expounded to them in all the Scriptures the things concerning Himself.

John 1:1-5,10-12 In the beginning was the Word, and the Word was with God, and the Word was God. ² He was in the beginning with God. ³ All things were made through Him, and without Him nothing was made that was made. ⁴ In Him was life, and the life was the light of men. ⁵ And the light shines in the darkness, and the darkness did not comprehend it. ¹⁰ He was in the world, and the world was made through Him, and the world did not know Him. ¹¹ He came to His own, and His own did not receive Him. ¹² But as many as received Him, to them He gave the right to become children of God, to those who believe in His name.

Isaiah 40:6-8 The voice said, “Cry out!” And he said, “What shall I cry?” “All flesh is grass, And all its loveliness is like the flower of the field. ⁷ The grass withers, the flower fades, Because the breath of the Lord blows upon it; Surely the people are grass. ⁸ The grass withers, the flower fades, But the word of our God stands forever.”

Romans 12:1-2 I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. ² And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

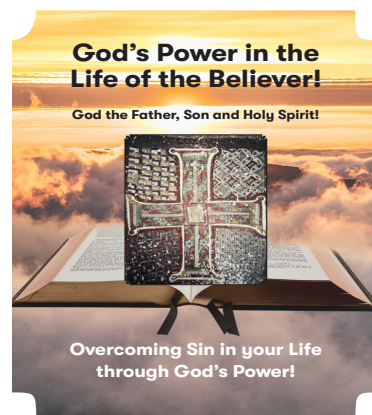
Ephesians 6:16-17 Above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. ¹⁷ And take the helmet of salvation, and the sword of the Spirit, which is the word of God.

Hebrews 4:12 For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discernor of the thoughts and intents of the heart.

Summary: There is nothing, absolutely nothing more important thing for you to do today but to spend just 30 minutes a day opening the Bible and reading God’s Word. As you would read and re-read a beautiful anniversary or birthday card you received from someone you really love, so is God’s Word to you today. As we opened this lesson, so we close with the power of God’s Word to you today.

Isaiah 55:11 So shall My word be that goes forth from My mouth; It shall not return to Me void, But it shall accomplish what I please, And it shall prosper in the thing for which I sent it. **Hebrews 4:12** For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discernor of the thoughts and intents of the heart.

Let God speak to you today through His Word!



Lesson 6

God's Power in the Life of the Believer!

The Importance of Confession and Repentance

James 5:6 Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.

1. **The Devil, the World, Sin and the Flesh**
2. **God the Father's Love for You**
3. **The Power of the Cross, the Blood and the Name of Jesus**
4. **The Power and Ministry of the Holy Spirit in Your Life**
5. **The Power of Believing God's Word in Your Life**
6. **The Importance of Confession and Repentance**

Meditate on God's Word: Confession and repentance are just as important to the believer as they are to the unbeliever. Some will say that you are a sinner saved by grace or you are a sinner who sometimes sins but we can add a third which we live with each day, you are a saint who will sin. What is the difference? Before you came to understand who Jesus was and what He did for you, you really didn't care. Once God saved you by His grace and by your faith, everything changed.

Ephesians 2:8-9 For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, ⁹ not of works, lest anyone should boast. It is by our confession and repentance that we are saved. **Romans 10:9** That if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. Once you accept Jesus by faith your eternal security is forever secured. **Hebrews 7:24-25** But He, because He continues forever, has an unchangeable priesthood. ²⁵ Therefore He is also able to save to the uttermost those who come to God through Him, since He always lives to make intercession for them. You will never lose your salvation, it is secured by God.

Romans 8:38-39 For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, ³⁹ nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.

Once you are saved, the work is just beginning as you learn about God's Word and living a holy life. You will sin. Does that mean that you have lost your salvation? Absolutely not, as proven by the scriptures listed above. However, just as in a marriage, you are married forever but if you do something wrong, it damages your relationship with your spouse. You ask for forgiveness and promise to change. In our relationship with God, we will sin again. When we do here is our answer.

I John 1:8-9 If we say that we have no sin, we deceive ourselves, and the truth is not in us. ⁹ If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. In order to keep the relationship honest and fresh, we need to confess when we sin. Not for salvation but for the restoration of the relationship with God. Here are some key scriptures that focus on the importance of confession and repentance.

The Importance of Confession and Repentance

Romans 1:16 For I am not ashamed of the gospel of Christ, for it is the power of God to salvation for everyone who believes, for the Jew first and also for the Greek.

Romans 5:1-2 Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, ² through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God.

Romans 10:9-11 That if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. ¹⁰ For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation. ¹¹ For the Scripture says, “Whoever believes on Him will not be put to shame.”

Acts 2:37-39 Now when they heard this, they were cut to the heart, and said to Peter and the rest of the apostles, “Men and brethren, what shall we do?” ³⁸ Then Peter said to them, “Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit. ³⁹ For the promise is to you and to your children, and to all who are afar off, as many as the Lord our God will call.”

Acts 4:10-12 Let it be known to you all, and to all the people of Israel, that by the name of Jesus Christ of Nazareth, whom you crucified, whom God raised from the dead, by Him this man stands here before you whole. ¹¹ This is the ‘stone which was rejected by you builders, which has become the chief cornerstone.’ ¹² Nor is there salvation in any other, for there is no other name under heaven given among men by which we must be saved.”

Luke 12:8-9 “Also I say to you, whoever confesses Me before men, him the Son of Man also will confess before the angels of God. ⁹ But he who denies Me before men will be denied before the angels of God.

John 4:13-14 Jesus answered and said to her, “Whoever drinks of this water will thirst again, ¹⁴ but whoever drinks of the water that I shall give him will never thirst. But the water that I shall give him will become in him a fountain of water springing up into everlasting life.”

I John 1:7-9 But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin. ⁸ If we say that we have no sin, we deceive ourselves, and the truth is not in us. ⁹ If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

Romans 7:21-25 I find then a law, that evil is present with me, the one who wills to do good. ²² For I delight in the law of God according to the inward man. ²³ But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members. ²⁴ O wretched man that I am! Who will deliver me from this body of death? ²⁵ I thank God—through Jesus Christ our Lord!

I John 4:14-16 And we have seen and testify that the Father has sent the Son as Savior of the world. ¹⁵ Whoever confesses that Jesus is the Son of God, God abides in him, and he in God. ¹⁶ And we have known and believed the love that God has for us. God is love, and he who abides in love abides in God, and God in him.

Ephesians 4:29-30 Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers. ³⁰ And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.

James 5:6 Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.

Galatians 6:1-2 Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted. ² Bear one another's burdens, and so fulfill the law of Christ.

Summary: So do we as Christians need to confess and repent for the sins we commit in life. Yes. For salvation? No. That is forever secured by Jesus Christ and His death on the cross. **John 10:27-30 My sheep hear My voice, and I know them, and they follow Me. ²⁸ And I give them eternal life, and they shall never perish; neither shall anyone snatch them out of My hand. ²⁹ My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of My Father's hand. ³⁰ I and My Father are one."** Then why do we need to confess if we are already forgiven? To keep the relationship strong, clean and pure with the one we love. **James 5:6 Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much. I John 1:9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.** Confession for the believer is just like washing our faces each day, it keeps our conscience honest and clean before man and God.



Lesson 7

God's Power in the Life of the Believer!

Resisting Sin and Remember What God has Done for You & Who You Are

James 4:7 Therefore submit to God. Resist the devil and he will flee from you.

Hebrews 4:16 Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

1. **The Devil, the World, Sin and the Flesh**
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6. **The Importance of Confession and Repentance**
7. **Resisting Sin and Remember What God has Done for You & Who You Are**

Meditate on God's Word: Resist and Remember What God Has Done!

One of the most important studies in this series as we have been studying about God's power and now we shift to what you can do to resist sin in your life. The 2 key verses on the top of this study are indeed key in your life. **James 4:7 Therefore submit to God. Resist the devil and he will flee from you. Hebrews 4:16 Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.** We are not victims of sin nor are we sinless perfectionists. One is helpless and one is unrealistic. So as you review these scriptures understand that we are to do everything we can to be aware of sin and temptation in our lives and we are to resist in the power of the Holy Spirit by calling on God's power. That is the key! The next step is to remember what God has done for you and who you are in God's eyes.

II Corinthians 5:17 Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new. We can and will and must overcome the weaknesses in our lives as we are able, strengthened by God's power and grace. **2 Corinthians 12:9 Jesus said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me.** Enjoy these scriptures today and forever! In Jesus name.

Resisting Sin and Remember What God has Done for You & Who You Are! Resisting Sin!

Romans 6:11-14 Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord. ¹² Therefore do not let sin reign in your mortal body, that you should obey it in its lusts. ¹³ And do not present your members as instruments of unrighteousness to sin, but present yourselves to God as being alive from the dead, and your members as instruments of righteousness to God. ¹⁴ For sin shall not have dominion over you, for you are not under law but under grace.

Romans 12:1-2 I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. ² And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

Colossians 3:5-7 Therefore put to death your members which are on the earth: fornication, uncleanness, passion, evil desire, and covetousness, which is idolatry. ⁶ Because of these things the wrath of God is coming upon the sons of disobedience, ⁷ in which you yourselves once walked when you lived in them.

Galatians 5: 19-21, 24-26 Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, ²⁰ idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, ²¹ envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God. ²⁴ Those who are Christ's have crucified the flesh with its passions and desires. ²⁵ If we live in the Spirit, let us also walk in the Spirit. ²⁶ Let us not become conceited, provoking one another, envying one another.

Romans 13:17-21 Repay no one evil for evil. Have regard for good things in the sight of all men. ¹⁸ If it is possible, as much as depends on you, live peaceably with all men. ¹⁹ Beloved, do not avenge yourselves, but rather give place to wrath; for it is written, "Vengeance is Mine, I will repay," says the Lord. ²⁰ Therefore "If your enemy is hungry, feed him; If he is thirsty, give him a drink; For in so doing you will heap coals of fire on his head." ²¹ Do not be overcome by evil, but overcome evil with good.

I Corinthians 10:13 No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.

I Peter 1:13-16 Therefore gird up the loins of your mind, be sober, and rest your hope fully upon the grace that is to be brought to you at the revelation of Jesus Christ; ¹⁴ as obedient children, not conforming yourselves to the former lusts, as in your ignorance; ¹⁵ but as He who called you is holy, you also be holy in all your conduct, ¹⁶ because it is written, "Be holy, for I am holy."

I Peter 5:8-11 Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. ⁹ Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world. ¹⁰ But may the God of all grace, who called us to His eternal glory by Christ Jesus, after you have suffered a while, perfect, establish, strengthen, and settle you. ¹¹ To Him be the glory and the dominion forever and ever. Amen

I Corinthians 6:18 Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body.

I Peter 2:11-12 Beloved, I beg you as sojourners and pilgrims, abstain from fleshly lusts which war against the soul, ¹² having your conduct honorable among the Gentiles, that when they speak against you as evildoers, they may, by your good works which they observe, glorify God in the day of visitation.

Remember What God has Done for You & Who You Are!

Hebrews 4:14-16 Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession. ¹⁵ For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. ¹⁶ Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

II Corinthians 5:17 Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.

2 Corinthians 12:8-10 Concerning this thing I pleaded with the Lord three times that it might depart from me. ⁹ And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. ¹⁰ Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ's sake. For when I am weak, then I am strong.

Philippians 3:13-14 Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, ¹⁴ I press toward the goal for the prize of the upward call of God in Christ Jesus.

James 4:5-7 Or do you think that the Scripture says in vain, “The Spirit who dwells in us yearns jealously”? ⁶ But He gives more grace. Therefore He says: “God resists the proud, ⁷ Therefore submit to God. Resist the devil and he will flee from you. ⁸ Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded.

Summary: As you go through life as a believer use this lesson as a checklist on the challenges you are having and ask God to reveal to you what are your greatest weaknesses in your life. You are not a helpless victim to sin and temptation but the more you understand your role and responsibility the more effective you will be. The key is understanding that God has provided you the power you need to overcome the devil, the world, the flesh and sin in your life. The key is always realizing that you are not alone and the more you rely on God’s Word and God’s Power and God’s Holy Spirit the more joy and power you will have in your life!

2 Corinthians 12:8-10 Concerning this thing I pleaded with the Lord three times that it might depart from me. ⁹ And He said to me, “My grace is sufficient for you, for My strength is made perfect in weakness.” Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. ¹⁰ Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ’s sake. For when I am weak, then I am strong.

Yes you are able to overcome sin with God’s help!



Lesson 8

God's Power in the Life of the Believer!

The Power of Praise and Thanksgiving in Your Life

Psalms 150:6 Let everything that has breath praise the Lord. Praise the Lord!

I Thessalonians 5:18 In everything give thanks; for this is the will of God in Christ Jesus for you.

1. **The Devil, the World, Sin and the Flesh**
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6. **The Importance of Confession and Repentance**
7. **Resisting Sin and Remember What God has Done for You & Who You Are**
8. **The Power of Praise and Thanksgiving in Your Life**

Meditate on God's Word:

As I sit here writing this lesson on praise and thanksgiving I am listening to Ron Kenoly sing Majesty and I am just praising God in music and song. I am reminded of the power of praise in words and in music as a sure guarantee of overcoming any discouragement or disappointment you may be experiencing now in your life. Now carefully read these words of praise of King David for God's protection near the end of his life. **I Chronicles 29:10-12 Therefore David blessed the Lord before all the assembly; and David said: "Blessed are You, Lord God of Israel, our Father, forever and ever. ¹¹ Yours, O Lord, is the greatness, The power and the glory, The victory and the majesty; For all that is in heaven and in earth is Yours; Yours is the kingdom, O Lord, And You are exalted as head over all. ¹² Both riches and honor come from You, And You reign over all. In Your hand is power and might; In Your hand it is to make great And to give strength to all.**

Praise and thanksgiving are two of the most important things we can do to see God's grace and power and strength in our lives. It gives us perspective that God is greater than any problem or trouble we may be going through right now. So let all of these verses, especially from the book of Daniel fill and flood your mind and heart with praise and thanksgiving to the God of all heaven and earth and the entire universe.

Psalms 150:6 Let everything that has breath praise the Lord. Praise the Lord!

The Power of Praise and Thanksgiving in Your Life

Exodus 15:1-2 Then Moses and the children of Israel sang this song to the Lord, and spoke, saying: "I will sing to the Lord, For He has triumphed gloriously! The horse and its rider He has thrown into the sea! ² The Lord is my strength and song, And He has become my salvation; He is my God, and I will praise Him; My father's God, and I will exalt Him.

Psalms 150:1-6 Praise the Lord! Praise God in His sanctuary; Praise Him in His mighty firmament! ² Praise Him for His mighty acts; Praise Him according to His excellent greatness! ³ Praise Him with the sound of the trumpet; Praise Him with the lute and harp! ⁴ Praise Him with the timbrel and dance; Praise Him with stringed instruments and flutes! ⁵ Praise Him with loud cymbals; Praise Him with clashing cymbals! ⁶ Let everything that has breath praise the Lord. Praise the Lord!

II Chronicles 20:21-22 And when King Jehoshaphat had consulted with the people, he appointed those who should sing to the Lord, and who should praise the beauty of holiness, as they went out before the army and were saying: "Praise the Lord, For His mercy endures forever." ²² Now when they began to sing and to praise, the Lord set ambushes against the people of Ammon, Moab, and Mount Seir, who had come against Judah; and they were defeated.

Daniel 2:20-23 Daniel answered and said: “Blessed be the name of God forever and ever, For wisdom and might are His. ²¹ And He changes the times and the seasons; He removes kings and raises up kings; He gives wisdom to the wise and knowledge to those who have understanding. ²² He reveals deep and secret things; He knows what is in the darkness, And light dwells with Him. ²³ “I thank You and praise You, O God of my fathers; You have given me wisdom and might, And have now made known to me what we asked of You, For You have made known to us the king’s demand.”

Daniel 4:34-35 And at the end of the time I, King Nebuchadnezzar, lifted my eyes to heaven, and my understanding returned to me; and I blessed the Most High and praised and honored Him who lives forever: For His dominion is an everlasting dominion, And His kingdom is from generation to generation. ³⁵ All the inhabitants of the earth are reputed as nothing; He does according to His will in the army of heaven And among the inhabitants of the earth. No one can restrain His hand Or say to Him, “What have You done?”

Daniel 6:9-10 Therefore King Darius signed the written decree. ¹⁰ Now when Daniel knew that the writing was signed, he went home. And in his upper room, with his windows open toward Jerusalem, he knelt down on his knees three times that day, and prayed and gave thanks before his God, as was his custom since early days.

Mark 8:6-8 So He commanded the multitude to sit down on the ground. And He took the seven loaves and gave thanks, broke them and gave them to His disciples to set before them; and they set them before the multitude. ⁷ They also had a few small fish; and having blessed them, He said to set them also before them. ⁸ So they ate and were filled, and they took up seven large baskets of leftover fragments.

Luke 22:17-19 Then He took the cup, and gave thanks, and said, “Take this and divide it among yourselves; ¹⁸ for I say to you, I will not drink of the fruit of the vine until the kingdom of God comes.” ¹⁹ And He took bread, gave thanks and broke it, and gave it to them, saying, “This is My body which is given for you; do this in remembrance of Me.”

2 Corinthians 9:10-12 Now may He who supplies seed to the sower, and bread for food, supply and multiply the seed you have sown and increase the fruits of your righteousness, ¹¹ while you are enriched in everything for all liberality, which causes thanksgiving through us to God. ¹² For the administration of this service not only supplies the needs of the saints, but also is abounding through many thanksgivings to God.

Philippians 4:6-7 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; ⁷ and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Colossians 2:6-7 As you therefore have received Christ Jesus the Lord, so walk in Him, ⁷ rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving.

Romans 11:33-36 Oh, the depth of the riches both of the wisdom and knowledge of God! How unsearchable are His judgments and His ways past finding out! ³⁴ “For who has known the mind of the Lord? Or who has become His counselor?” ³⁵ “Or who has first given to Him And it shall be repaid to him?” ³⁶ For of Him and through Him and to Him are all things, to whom be glory forever. Amen.

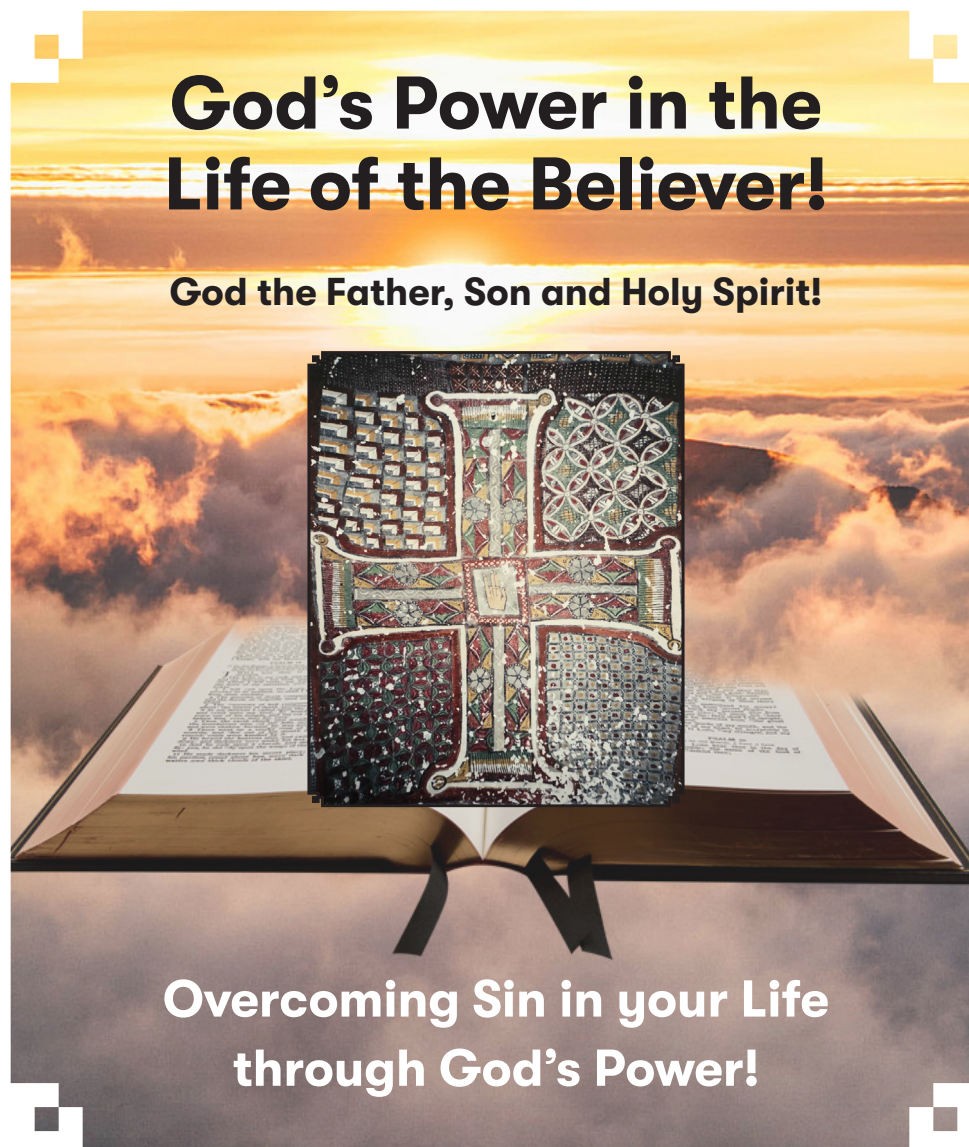
Revelation 7:11-12 All the angels stood around the throne and the elders and the four living creatures, and fell on their faces before the throne and worshiped God, ¹² saying: “Amen! Blessing and glory and wisdom, Thanksgiving and honor and power and might, Be to our God forever and ever. Amen.”

Summary: As you read the Bible anywhere you will find that praise and thanksgiving are critical to tapping into the power of God. Even if the power comes in the form of inner peace through God's grace, that is enough. One of my favorite stories is when King Jehoshaphat faced an overwhelming enemy and went out into battle with praise and thanksgiving.

II Chronicles 20:21-22 And when King Jehoshaphat had consulted with the people, he appointed those who should sing to the Lord, and who should praise the beauty of holiness, as they went out before the army and were saying: "Praise the Lord, For His mercy endures forever." ²² Now when they began to sing and to praise, the Lord set ambushes against the people of Ammon, Moab, and Mount Seir, who had come against Judah; and they were defeated.

Be like King Jehoshaphat and start your day with praise and thanksgiving. Whether it is joy or sorrow, worship God with praise and thanksgiving. As Paul discovered in times of weakness or in strength, it is God's grace we need that will give us the strength and peace that we need for the moment, hour, day and in every situation for the rest of our lives.

2 Corinthians 12:9 And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me.



Lesson 9

God's Power in the Life of the Believer!

The Power of Prayer, Fasting and Praying for Others

Ephesians 6:18 Praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints

1. **The Devil, the World, Sin and the Flesh**
2. **God the Father's Love for You**
3. **The Power of the Cross, the Blood and the Name of Jesus**
4. **The Power and Ministry of the Holy Spirit in Your Life**
5. **The Power of Believing God's Word in Your Life**
6. **The Importance of Confession and Repentance**
7. **Resisting Sin and Remember What God has Done for You & Who You Are**
8. **The Power of Praise and Thanksgiving in Your Life**
9. **The Power of Prayer, Fasting and Praying for Others**

Meditate on God's Word!

As we prepare to close our lessons on how to find more of God's power in your life, we now focus on the power of prayer and fasting. Prayer moves the hand of God. When Peter was imprisoned constant prayer went up to God for his release and God sent an angel to release him.

Acts 12:5-8 Peter was therefore kept in prison, but constant prayer was offered to God for him by the church. ⁶ And when Herod was about to bring him out, that night Peter was sleeping, bound with two chains between two soldiers; and the guards before the door were keeping the prison. ⁷ Now behold, an angel of the Lord stood by him, and a light shone in the prison; and he struck Peter on the side and raised him up, saying, "Arise quickly!" And his chains fell off his hands. ⁸ Then the angel said to him, "Gird yourself and tie on your sandals"; and so he did. And he said to him, "Put on your garment and follow me." The bottom line, God answers prayer! Regarding fasting I have not been involved in fasting but after putting together this study it is clear to me that fasting is critical when someone is really in trouble or is sick. Jesus admonished His disciples when they couldn't cast out a demon. **Matthew 17:18-21** Jesus rebuked the demon, and it came out of him; and the child was cured from that very hour. ¹⁹ Then the disciples came to Jesus privately and said, "Why could we not cast it out?" ²⁰ So Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you. ²¹ However, this kind does not go out except by prayer and fasting." The consistent message is to keep praying and fasting for those in need, including yourself. God hears and answers our prayers.

The Power of Prayer, Fasting and Praying for Others

Esther 4:13-17 And Mordecai told them to answer Esther: "Do not think in your heart that you will escape in the king's palace any more than all the other Jews. ¹⁴ For if you remain completely silent at this time, relief and deliverance will arise for the Jews from another place, but you and your father's house will perish. Yet who knows whether you have come to the kingdom for such a time as this?" ¹⁵ Then Esther told them to reply to Mordecai: ¹⁶ "Go, gather all the Jews who are present in Shushan, and fast for me; neither eat nor drink for three days, night or day. My maids and I will fast likewise. And so I will go to the king, which is against the law; and if I perish, I perish!" ¹⁷ So Mordecai went his way and did according to all that Esther commanded him.

Daniel 6:10-12 Now when Daniel knew that the writing was signed, he went home. And in his upper room, with his windows open toward Jerusalem, he knelt down on his knees three times that day, and prayed and gave thanks before his God, as was his custom since early days. ¹¹ Then these men assembled and found Daniel praying and making supplication before his God. ¹² And they went before the king, and spoke concerning the king's decree: "Have you not signed a decree that every man who petitions any god or man within thirty days, except you, O king, shall be cast into the den of lions?"

Daniel 9:18-23 O my God, incline Your ear and hear; open Your eyes and see our desolations, and the city which is called by Your name; for we do not present our supplications before You because of our righteous deeds, but because of Your great mercies. ¹⁹ O Lord, hear! O Lord, forgive! O Lord, listen and act! Do not delay for Your own sake, my God, for Your city and Your people are called by Your name." ²⁰ Now while I was speaking, praying, and confessing my sin and the sin of my people Israel, and presenting my supplication before the Lord my God for the holy mountain of my God, ²¹ yes, while I was speaking in prayer, the man Gabriel, whom I had seen in the vision at the beginning, being caused to fly swiftly, reached me about the time of the evening offering. ²² And he informed me, and talked with me, and said, "O Daniel, I have now come forth to give you skill to understand. ²³ At the beginning of your supplications the command went out, and I have come to tell you, for you are greatly beloved; therefore consider the matter, and understand the vision.

Ezra 9:5-6 At the evening sacrifice I arose from my fasting; and having torn my garment and my robe, I fell on my knees and spread out my hands to the Lord my God. ⁶ And I said: "O my God, I am too ashamed and humiliated to lift up my face to You, my God; for our iniquities have risen higher than our heads, and our guilt has grown up to the heavens.

I Samuel 1:11-17 Then she made a vow and said, "O Lord of hosts, if You will indeed look on the affliction of Your maidservant and remember me, and not forget Your maidservant, but will give Your maidservant a male child, then I will give him to the Lord all the days of his life, and no razor shall come upon his head." ¹² And it happened, as she continued praying before the Lord, that Eli watched her mouth. ¹³ Now Hannah spoke in her heart; only her lips moved, but her voice was not heard. Therefore Eli thought she was drunk. ¹⁴ So Eli said to her, "How long will you be drunk? Put your wine away from you!" ¹⁵ But Hannah answered and said, "No, my lord, I am a woman of sorrowful spirit. I have drunk neither wine nor intoxicating drink, but have poured out my soul before the Lord. ¹⁶ Do not consider your maidservant a wicked woman, for out of the abundance of my complaint and grief I have spoken until now." ¹⁷ Then Eli answered and said, "Go in peace, and the God of Israel grant your petition which you have asked of Him."

Matthew 17:18-21 And Jesus rebuked the demon, and it came out of him; and the child was cured from that very hour. ¹⁹ Then the disciples came to Jesus privately and said, "Why could we not cast it out?" ²⁰ So Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you. ²¹ However, this kind does not go out except by prayer and fasting."

Acts 16:25-26 But at midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them. ²⁶ Suddenly there was a great earthquake, so that the foundations of the prison were shaken; and immediately all the doors were opened and everyone's chains were loosed.

I Thessalonians 3:9-10 For what thanks can we render to God for you, for all the joy with which we rejoice for your sake before our God, ¹⁰ night and day praying exceedingly that we may see your face and perfect what is lacking in your faith?

Ephesians 6:18 Praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints.

Colossians 1:2-3 To the saints and faithful brethren in Christ who are in Colosse: Grace to you and peace from God our Father and the Lord Jesus Christ. ³ We give thanks to the God and Father of our Lord Jesus Christ, praying always for you, ⁴ since we heard of your faith in Christ Jesus and of your love for the saints.

Jude 20-21 But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit, ²¹ keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.

Summary: Prayer and fasting for our needs and the needs of others is commanded by Jesus.

Luke 18:1-5 Then Jesus spoke a parable to them, that men always ought to pray and not lose heart, ² saying: “There was in a certain city a judge who did not fear God nor regard man.

³ Now there was a widow in that city; and she came to him, saying, ‘Get justice for me from my adversary.’ ⁴ And he would not for a while; but afterward he said within himself, ‘Though I do not fear God nor regard man, ⁵ yet because this widow troubles me I will avenge her, lest by her continual coming she weary me.’ ” So as we close be sure to utilize your most powerful tool that you have, to pray for yourself and for others and to fast when led by God.

Ephesians 6:18 Praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints. God’s way! I Thessalonians

5:17 Rejoice always, Pray without ceasing, ¹⁸ in everything give thanks; for this is the will of God in Christ Jesus for you.

Keep praying and fasting and always pray for those that God has put in your lives, God hears your prayers!



Lesson 10

God's Power in the Life of the Believer!

Resting and Standing on God's Promises

Isaiah 40:8 The grass withers and the flowers fade but the Word of our God stands forever.

Romans 10:17 Faith comes by hearing and hearing by the Word of God.

1. **The Devil, the World, Sin and the Flesh**
2. **God the Father's Love for You**
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7. **Resisting Sin and Remember What God has Done for You & Who You Are**
8. **The Power of Praise and Thanksgiving in Your Life**
9. **The Power of Prayer, Fasting and Praying for Others**
10. **Resting and Standing on God's Promises**

Meditate on God's Word! Where do you begin and where do you start when you start to list the powerful promises of God? I will start where I began in 1976 when I was searching for peace and forgiveness in my life. **Matthew 6:31-33** "Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' ³² For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. ³³ But seek first the kingdom of God and His righteousness, and all these things shall be added to you. I found Jesus or He found me a few months later as I gave up trying to find peace by the traditional teachings of the Catholic Church or the many eastern religions and philosophies of man and decided to trust in Jesus and Jesus alone. I have never regretted this decision almost 50 years later. Now I leave you what has helped me the most in the almost 50 years is a guidebook on how to find God's power in your life. Where else but in God's Word! May these 10 lessons with over 200 scripture references be a blessing to you and to all those who may come into your life. As Jesus said; **Matthew 10:8** "Freely you have received, freely give." In Jesus' name. Bill Dombrowski

Resting and Standing on God's Promises

Isaiah 40:28-31 Have you not known? Have you not heard? the everlasting God, the Lord, The Creator of the ends of the earth, Neither faints nor is weary. His understanding is unsearchable.

²⁹ He gives power to the weak, And to those who have no might He increases strength. ³⁰ Even the youths shall faint and be weary, And the young men shall utterly fall, ³¹ But those who wait on the Lord Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.

John 8:32,36 You shall know the truth and the truth shall make you free, ³⁶ If the Son shall make you free, you shall be free indeed.

Romans 15:13 Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit.

2 Timothy 1:7 For God has not given us a spirit of fear, but of power and of love and of a sound mind.

Romans 8:28 And we know that all things work together for good to those who love God, to those who are the called according to His purpose.

Luke 11:2-4 So He said to them, “When you pray, say: Our Father in heaven, Hallowed be Your name. Your kingdom come. Your will be done On earth as it is in heaven. ³ Give us day by day our daily bread. ⁴ And forgive us our sins, For we also forgive everyone who is indebted to us. And do not lead us into temptation, But deliver us from the evil one.”

I Corinthians 2:9-12 But as it is written: “Eye has not seen, nor ear heard, Nor have entered into the heart of man The things which God has prepared for those who love Him.” ¹⁰ But God has revealed them to us through His Spirit. For the Spirit searches all things, yes, the deep things of God. ¹¹ For what man knows the things of a man except the spirit of the man which is in him? Even so no one knows the things of God except the Spirit of God. ¹² Now we have received, not the spirit of the world, but the Spirit who is from God, that we might know the things that have been freely given to us by God.

I Peter 1:3-5 Blessed be the God Father of our Lord Jesus Christ, who according to His abundant mercy has begotten us again to a living hope through the resurrection of Jesus Christ from the dead, ⁴ to an inheritance incorruptible and undefiled and that does not fade away, reserved in heaven for you, ⁵ who are kept by the power of God through faith for salvation ready to be revealed in the last time.

Jeremiah 32:26 Then the word of the Lord came to Jeremiah, saying, ²⁷ “Behold, I am the Lord, the God of all flesh. Is there anything too hard for Me?

1 Corinthians 15:56-58 The sting of death is sin, and the strength of sin is the law ⁵⁷ But thanks be to God, who gives us the victory through our Lord Jesus Christ. ⁵⁸ Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord.

2 Corinthians 1:20-22 For the Son of God, Jesus Christ, who was preached among you by us—by me, Silvanus, and Timothy—was not Yes and No, but in Him was Yes. ²⁰ For all the promises of God in Him are Yes, and in Him Amen, to the glory of God through us. ²¹ Now He who establishes us with you in Christ and has anointed us is God, ²² who also has sealed us and given us the Spirit in our hearts as a guarantee.

Romans 11:33-36 Oh, the depth of the riches both of the wisdom and knowledge of God! How unsearchable are His judgments and His ways past finding out! ³⁴ “For who has known the mind of the Lord? Or who has become His counselor?” ³⁵ “Or who has first given to Him And it shall be repaid to him?” ³⁶ For of Him and through Him and to Him are all things, to whom be glory forever. Amen.

2 Thessalonians 2:16-17 Now may our Lord Jesus Christ Himself, and our God and Father, who has loved us and given us everlasting consolation and good hope by grace, ¹⁷ comfort your hearts and establish you in every good word and work.

Hebrews 13:20-21 Now may the God of peace who brought up our Lord Jesus from the dead, that great Shepherd of the sheep, through the blood of the everlasting covenant, ²¹ make you complete in every good work to do His will, working in you what is well pleasing in His sight, through Jesus Christ, to whom be glory forever and ever. Amen.

Ephesians 3:20-21 Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us, ²¹ to Him be glory in the church by Christ Jesus to all generations, forever and ever. Amen.

Romans 15:13 Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit.

Mark 13:30-31 Assuredly, I say to you, this generation will by no means pass away till all these things take place. ³¹ Heaven and earth will pass away, but My words will by no means pass away.

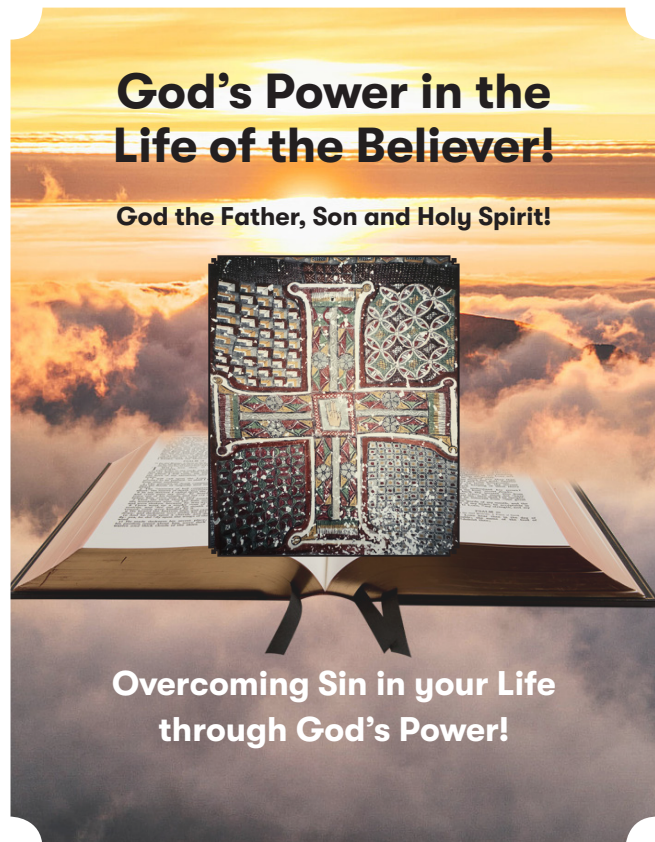
Summary: As I near the close this chapter of my life of trusting Jesus and Jesus only for almost 50 years I want to thank Pastor Chuck Smith of Calvary Chapel, Pastor Herb Stewart of New Harvest Ministries and Rich DeVos of the Amway Corporation for teaching and inspiring me to learn and to love God's Word since I became a Christian in 1976. I only ask you if you have been helped by these lessons and this book, God's Power in the Life of the Believer, please share this information with all that you meet in your life. Please never sell or take any money for this beautiful gift of His Word that God has given us. As Jesus said; **Matthew 10:8 "Freely you have received, freely give."** As Pastor Chuck Smith would always say at the end of his sermon as I sat for many hours in the sanctuary at Calvary Chapel in Costa Mesa, California. "May God bless you as you continue to study His Word!"

Isaiah 40:8 The grass withers and the flowers fade but the Word of our God stands forever.
Romans 10:17 Faith comes by hearing and hearing by the Word of God.

In Jesus name. Bill Dombrowski

Closing Prayer: Dear Father Psalm 73:24-26 You will guide me with Your counsel, And afterward receive me to glory. ²⁵ Whom have I in heaven but You? And there is none upon earth that I desire besides You. ²⁶ My flesh and my heart fail; But God is the strength of my heart and my portion forever. Nevertheless I am continually with You; You hold me by my right hand.

In Jesus Name!



Believers Prayer for Protection

Dear Father in Heaven

I come to you today in Jesus name and ask you to protect me from fear, worry, pride, discouragement and temptation in the area of my mind, thoughts and actions. Lord, help me to be like Daniel each day, who purposed in his heart not to defile himself when he lived in Babylon. **Daniel 1:8 Daniel purposed in his heart that he would not defile himself with the portion of the king's delicacies, nor with the wine which he drank; therefore he requested of the chief of the eunuchs that he might not defile himself.**

Lord, give me discernment and wisdom in my life to make the right decision each hour of each day to honor you. **James 1:5 If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him.**

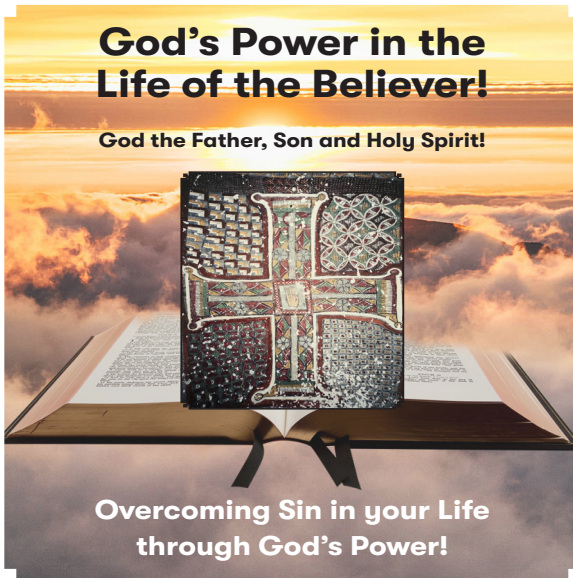
Father, fill me with your Holy Spirit and give me a hunger for your Word and the courage to share what I have learned with others. **Ephesians 5:18 Do not be drunk with wine, in which is dissipation; but be filled with the Spirit, 19 speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord.**

Dear Lord, put a hedge around me as you did with Job and protect me from spiritual attack and give me the power to resist the devil and temptation, so I have the power to walk away from sin. **Job 1: 10 Have You not made a hedge around him, around his household, and around all that he has on every side? You have blessed the work of his hands, and his possessions have increased in the land. James 4:7 Therefore submit to God. Resist the devil and he will flee from you.**

Dear Father, help me to remember whenever I am being tempted, discouraged, worried or fearful to pray for the people I know in this exact same situation so that they would be protected by your Holy Spirit. I cry **"Abba Father"** for the power of the Holy Spirit, in Jesus name. Amen

**It is with great thanks and appreciation to Pastor Chuck Smith
of Calvary Chapel Church for teaching me to love God's Word,
verse by verse, chapter by chapter.**

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Also, a special thank you to Rich DeVos and to Amway employees for giving me the
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