

# Integrative Wellness Consulting

Bridging medicine, wellness, and human connection, empowering health practitioners and brands to deliver truly personalized health care.

Dr. Patricia Tello, Ph.D. | Integrative  
Wellness Consultant



# Meet Dr. Tello

Naturopathic Doctor specializing in wellness and patient navigation

- 10+ years of experience in corporate wellness, patient navigation, and integrative health.
- Former Wellness Director at RxVIP Concierge Quality Pharmacy.
- Former Wellness Concierge at Fountain Life
- Expert in lifestyle medicine, nutrigenomics, personalized supplementation, and Autism
- Board Certified Alternative Medical Practitioner
- Board Certified Holistic Health Practitioner.



# A Bridge Between Care

I help healthcare providers, wellness coaches, and wellness companies design and implement evidence-based, patient-centered wellness programs that combine:

- Functional & lifestyle assessments
- Advanced lab testing and nutrigenomic insights
- Supplementation and compounding solutions
- Education and follow-up protocols for lasting results



# Tailored Consulting



## Physicians

Integrative programs designed specifically for lifestyle and supplement integration for patients to improve outcomes, and add new revenue streams



## Health Coaches

ND partnership & lab access for effective support with lab testing, and supplement support to create credibility and retention



## Wellness Companies

Strategic consulting, education, program creation and for growth, trust, and brand expansion

# Support for Physicians

## Comprehensive Protocols

My lifestyle and supplement protocols are designed to optimize patient health, providing tailored recommendations that align with patients' unique wellness journeys and medical needs.

## Advanced Lab Panels and Testing

Utilizing labs and testing enables healthcare providers to make informed decisions regarding protocols and interventions that suit each client's requirements.

## Integrative Consultations

ND-led patient consults offer physicians the opportunity to collaborate on patient care, ensuring a holistic approach that enhances outcomes and fosters deeper patient-provider relationships.

# Support for Health Coaches

Enhance your practice through collaboration

## Access to Labs

Collaborate with NDs to provide your clients access to the latest lab testing and quality supplements, ensuring comprehensive care tailored to individual health needs.

## ND Assessments

Benefit from professional ND assessments that help in creating personalized wellness plans and strategies for your clients, enhancing their overall health and satisfaction.

## Client Follow-ups

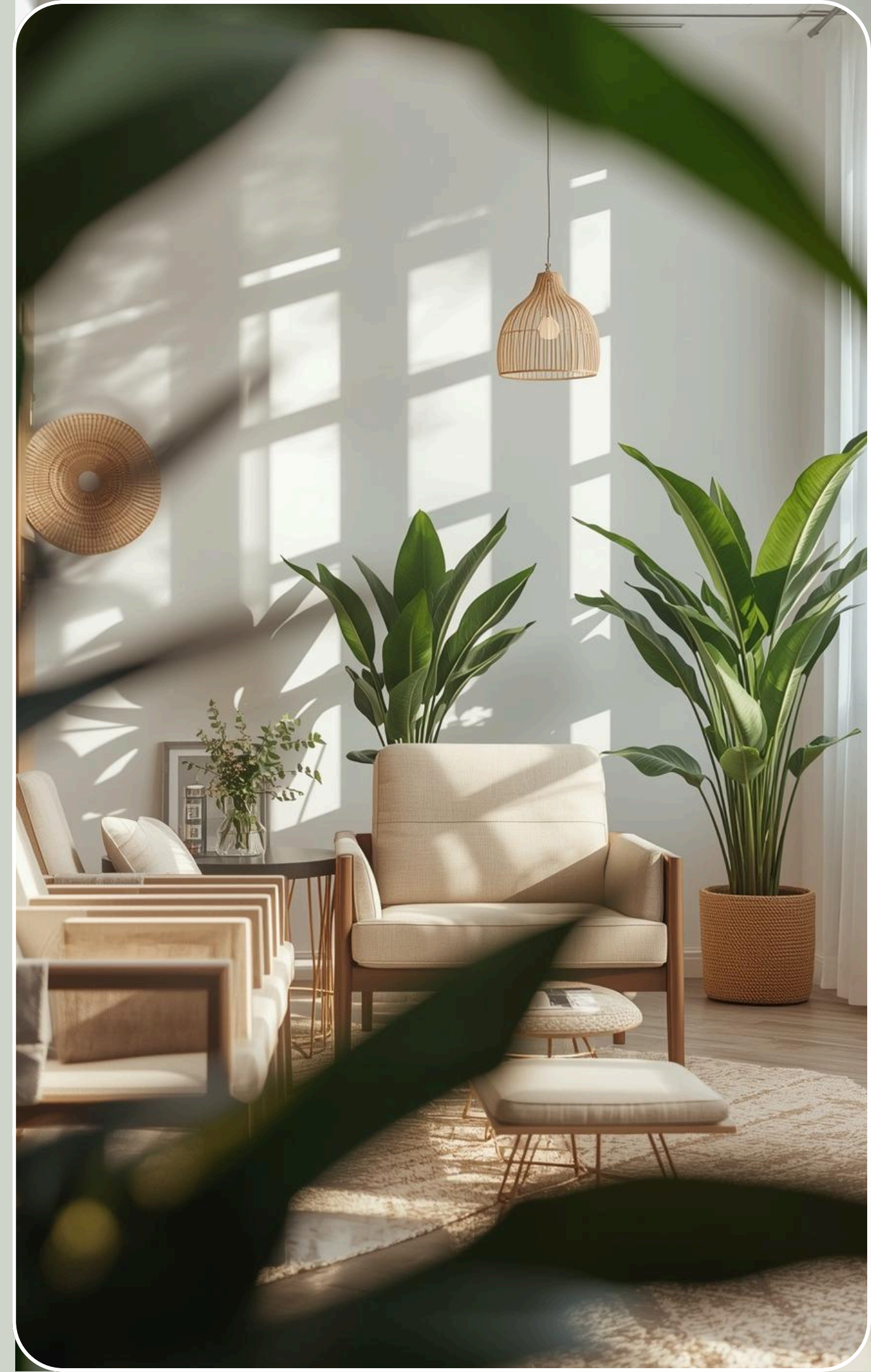
Work alongside NDs for regular client check-ins, ensuring consistent support and adjustments to wellness plans, fostering a strong client-coach relationship and trust.

# Revenue Snapshot

Source	Description	Est. Range
Initial consultation	First patient assessment	\$250—\$300 each
Follow-up program	Ongoing support (monthly)	\$100—\$150/month
Retainer (Doctors)	Per practice for ongoing support	\$1,500—\$3,000/month
Corporate consulting	Brand/department setup	\$4,000—\$8,000/project
Speaking/training	Webinars, events, advisory	\$500—\$1,500/session

## Dr. Patricia Tello, Ph.D. | Integrative Wellness Consultant

- Adds revenue and retention to existing practices
- Expands credibility for coaches and companies
- Brings an evidence-based, compassionate, human touch
- Bridges clinical medicine with holistic care





Let's build the  
future of  
wellness

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[drpatriciatello@gmail.com](mailto:drpatriciatello@gmail.com)  
[www.drpatriciatello.com](http://www.drpatriciatello.com)

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