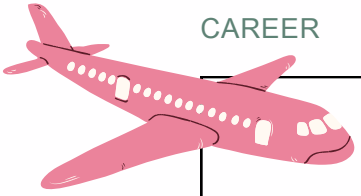
Two Brown Girls

LEADING THE WAY

2024 Vision Board

TOP PRIORITY: _____



CAREER

HEALTH

FINANCES

TRAVEL

HABITS

FAMILY

RELATIONSHIPS

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ANNUAL Goal Planner

YEAR
2024

Goal 01	Purpose & Motivation

DONE	Action steps	DONE	Barriers & Actions to Overcome

Goal 02	Purpose & Motivation

DONE	Action steps	DONE	Barriers & Action to Overcome

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ANNUAL Goal Planner

YEAR
2024

Goal 03	Purpose & Motivation

DONE	Action steps	DONE	Barriers & Actions to Overcome

Goal 04	Purpose & Motivation

DONE	Action steps	DONE	Barriers & Actions to Overcome

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30-DAY

Self Care Challenge

Take a walk outside	Exercise early in the morning	Listen to a calming song	Stretch all your muscles	Write your thoughts in a journal
Do your skincare routine	Look back at old photos	Organize your work space	Join a charity program	Create a bucket list
Learn a new language	Play with your pet	Watch the sunrise or sunset	Take a warm bubble bath	Cook your favorite meal
Go on a solo date	Start a new hobby	Watch your favorite movie	Make a vision board	Practice simple meditation
Try to wake up early	Tidy up your bedroom	Eat more fruits and vegetables	Drink a cup of herbal	Try waking up before 6 am
Limit your sugar intake	Don't eat processed food	Spend some time outside	Create a vision board	Have a game night

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MANIFESTATION & ACTION

notes

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