



DIET INFORMATION

Full Liquid Diet

The full liquid diet is a short-term diet used as a transition step between clear liquids and solid foods.

Foods from the Clear Liquid Diet are allowed. Juice (with pulp), broth, strained cream soup, strained cereal, pudding, and ice cream are also included.

Please ask to see a Registered Dietitian Nutritionist if you have questions about your diet.

TREAT YOURSELF

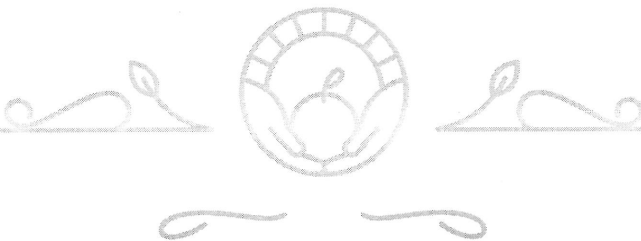
Room Service Dining Menu

ORDERING

Hello! DUKE REGIONAL HOSPITAL is committed to your comfort and your complete satisfaction with our food service. We offer a wide range of hot and cold breakfast items, along with lunch and dinner selections available for your afternoon and evening meals. This menu also reflects the particular dietary restrictions you may be under at your physicians request.

A Patient Menu Technician will take your meal order bedside, or you may also call 470-4254 between 6:30 am and 7:00 pm to place your order.





BREAKFAST

HOT & COLD CEREALS

Cream of Wheat

BREAKFAST ENTRÉES

Chicken Broth
Beef Broth

SWEETS

Light Vanilla Yogurt
Plain Greek Yogurt
Red Gelatin
Sugar Free Red Gelatin

Citrus Gelatin
Sugar Free Citrus Gelatin
Cherry Water Ice

BEVERAGES

Orange Juice
Apple Juice
Cranberry Juice Cocktail
Skim Milk
2% Reduced Fat Milk
Whole Milk
Chocolate 1% Low Fat Milk

Coffee
Decaf Coffee
Tea
Decaffeinated Tea
Herbal Tea
Iced Tea
Iced Decaf Tea

CONDIMENTS

Non Dairy Creamer
Half & Half
Lemon Juice
Honey
Margarine
Butter

Sugar
Equal® Sucralose
Salt
Light Brown Sugar

LUNCH

SOUPS

Pureed Chicken Noodle Soup
Chicken Broth
Beef Broth

SOUP OF THE DAY

Monday: Pureed Barley & Mushroom Soup
Tuesday: Pureed Tomato Basil Soup
Wednesday: Pureed Masala Tomato Lentil Soup
Thursday: Pureed Lemon Chicken Orzo Soup
Friday: Pureed Southwest Black Bean Soup
Saturday: Pureed Chicken Noodle Soup
Sunday: Pureed Chicken Noodle Soup

SWEETS

Vanilla Pudding
Chocolate Pudding
Red Gelatin
Citrus Gelatin
Vanilla Ice Cream

Chocolate Ice Cream
Orange Sherbet
Fruit Ice
Diet Red Gelatin
Diet Citrus Gelatin

BEVERAGES

Skim Milk
2% Reduced Fat Milk
Whole Milk
Chocolate 1% Low Fat Milk
Iced Tea
Iced Decaf Tea
Orange Juice

Apple Juice
Cranberry Juice Cocktail
Coffee
Decaf Coffee
Tea
Decaf Tea
Herbal Tea

CONDIMENTS

Non Dairy Creamer
Half & Half
Lemon Juice
Honey

Sugar
Equal® Sucralose
Salt
Margarine
Butter

DINNER

SOUPS

Pureed Chicken Noodle Soup
Chicken Broth
Beef Broth

SOUP OF THE DAY

Monday: Pureed Barley & Mushroom Soup
Tuesday: Pureed Tomato Basil Soup
Wednesday: Pureed Masala Tomato Lentil Soup
Thursday: Pureed Lemon Chicken Orzo Soup
Friday: Pureed Southwest Black Bean Soup
Saturday: Pureed Chicken Noodle Soup
Sunday: Pureed Chicken Noodle Soup

SWEETS

Vanilla Pudding
Chocolate Pudding
Red Gelatin
Citrus Gelatin
Vanilla Ice Cream

Chocolate Ice Cream
Orange Sherbet
Fruit Ice
Diet Red Gelatin
Diet Citrus Gelatin

BEVERAGES

Skim Milk
2% Reduced Fat Milk
Whole Milk
Chocolate 1% Low Fat Milk
Iced Tea
Iced Decaf Tea
Orange Juice

Apple Juice
Cranberry Juice Cocktail
Coffee
Decaf Coffee
Tea
Decaf Tea
Herbal Tea

CONDIMENTS

Non Dairy Creamer
Half & Half
Lemon Juice
Honey

Sugar
Equal® Sucralose
Salt
Margarine
Butter