



DIET INFORMATION

Clear Liquid Diet

A clear liquid diet is a short-term diet used before or after medical procedures. The diet can also be used to reintroduce foods when you have not eaten for a long period of time. The diet consists of foods transparent and liquid at room temperature. These foods include juices (pulp-free), gelatin, water and ice chips, sweetened tea or coffee, soda, and broths.

Please ask to see a Registered Dietitian Nutritionist if you have questions about your diet.

TREAT YOURSELF

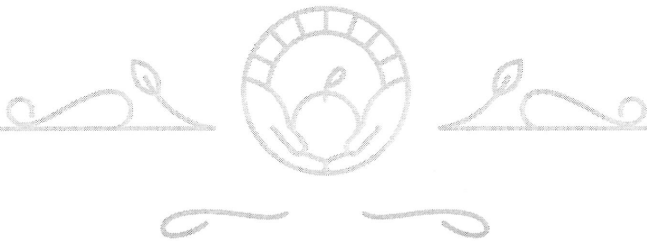
Room Service Dining Menu

ORDERING

Hello! DUKE REGIONAL HOSPITAL is committed to your comfort and your complete satisfaction with our food service. We offer a wide range of hot and cold breakfast items, along with lunch and dinner selections available for your afternoon and evening meals. This menu also reflects the particular dietary restrictions you may be under at your physicians request.

A Patient Menu Technician will take your meal order bedside, or you may also call 470-4254 between 6:30 am and 7:00 pm to place your order.





SOUPS

Chicken Broth
Beef Broth

BEVERAGES

Iced Tea
Iced Decaf Tea
Apple Juice
Cranberry Juice Cocktail
Coffee
Decaf Coffee
Tea
Decaf Tea
Herbal Tea

CONDIMENTS

Lemon Juice
Honey
Sugar
Equal® Sucralose
Salt

SWEETS

Red Gelatin
Citrus Gelatin
Cherry Water Ice
Sugar Free Red Gelatin
Sugar Free Citrus Gelatin

