



The Pantry Press

VOLUME 2, ISSUE 4

FALL 2020

Mission:

The mission of the Oregon Area Food Pantry (OAFP) is to provide food and basic necessities to those in need who are residents of the Oregon School District.



Vision:

The vision of the OAFP is to reduce the impact of poverty on the residents of the Oregon School District by compassionately and humbly providing information, education and both tangible and intangible resources.

Distribution Dates & Times

OCTOBER

Tuesday, October 6 9-11 am
 Thursday, October 8 4-7 pm
 Tuesday, October 13 9-11 am
 Tuesday, October 20 9-11 am
 Tuesday, October 27 9-11 am
 Thursday, October 29 4-7 pm

NOVEMBER

Tuesday, November 3 9-11 am
 Tuesday, November 10 9-11 am
 Thursday, November 12 4-7 pm
 Tuesday, November 17 9-11 am
 Thursday, November 19 4-7 pm*
 Tuesday, November 24 9-11 am

DECEMBER

Tuesday, December 1 9-11 am
 Tuesday, December 8 9-11 am
 Thursday, December 10 4-7 pm
 Tuesday, December 15 9-11 am
 Tuesday, December 22 9-11 am
 Tuesday, December 29 9-11 am
 Thursday, December 31 4-7 pm

*Note change due to holiday.



Director's Corner

The fall weather is upon us. Trees start to change, and leaves begin to fall. Did you know there are 4 Full Moons in the last three months?

October 1st is the Harvest Moon
 October 31st is the Hunters Moon
 November 30th the Beaver Moon
 December 29th the Cold Moon

Take time to gaze at the stars and especially the moon.

If you visited the pantry lately, you have noticed that we are doing a slightly different curbside pickup. We now have the volunteer provide you with a shopping list of the extra items that we have at that time in the pantry. We no longer have carts outside or inside by the entrance. Inside shopper volunteers will try to fill your shopping list. We will continue this type of distribution for the remainder of the year. Remember to social distance and wear that mask.

Stay safe as we enter the busy holiday season.

Diane Sliter
 Managing Director

Serving Oregon Families in Covid Crunch



This fall the churches in Oregon are working together to help support families, students and our schools. Virtual learning at home can be a strain on families with parents who work. Your churches are working to provide safe spaces and chap-erones during the school day where students can come to do their virtual learning and have help and supervision to ease parent’s minds and schedule a bit.

and are working on transportation options. We are working through the Covid guidelines to assure the highest safety possible.

If you would like more information or would like to volunteer to help for two hours, you can reach out to me at 815-245-8525.

Pastor Jim McCoid
Community of Life Church

We are still developing the days and plan but want to be up and going by the end of September. We have partnered with the school to provide lunches daily at sites

F.R.I.E.N.D.S.

(F)ight for you.

(R)espect you.

(I)nclude you.

(E)ncourage you.

(N)eed you.

(D)eserve you.

(S)tand by you.

Why Should We Recycle?

Recycling is an easy way to make a difference every day. It’s a fairly simple concept.

When you transform something old into something new, it benefits the environment in a number of ways. Materials and natural resources aren’t wasted. Energy is saved during the manufacturing process. There’s less waste going to landfills. Not to mention, it helps keep wildlife safe.

Recycling also helps create well-paying jobs. A study by the EPA in 2016 found that recycling and reuse activities in the United States accounted for 757,000 jobs.

DO RECYCLE -

Rigid Plastics/Bottles - Any plastic bottles or containers found in your kitchen.

Paper and Cardboard - Cereal/snack cardboard boxes.

Metals - Tin, aluminum, and steel cans.

Glass - Food containers or jars.

DON'T RECYCLE -

Broken glass.

Fast Food Packaging.

Plastic Utensils.

Soiled Containers.

Polystyrene Containers.

Pol-

(Taken from www.ecoscraps.com)



Trail Mix Recipe



Budget friendly trail mix is a healthy snack and your kids can help make it. If you can, buy items in bulk which can save money. Only put in what your kids like so as not to waste food. Focus on inexpensive items like peanuts over cashews and raisins over dried blueberries.

Have fun and enjoy!

- 1 C peanuts
- 1 C raisins
- 1 C sunflower seeds (shelled)
- 1/3-1/2 C dark or semi-sweet chocolate chips

Store in a container with a lid at room temperature for up to three weeks.