



# The Pantry Press

VOLUME 2, ISSUE 1

WINTER 2020

## Mission:

The mission of the Oregon Area Food Pantry (OAFP) is to provide food and basic necessities to those in need who are residents of the Oregon School District.



## Vision:

The vision of the OAFP is to reduce the impact of poverty on the residents of the Oregon School District by compassionately and humbly providing information, education and both tangible and intangible resources.

## Distribution Dates & Times

Tuesday, January 21	9-11 am	Thursday, February 27	4-7 pm
Tuesday, January 28	9-11 am	Tuesday, March 3	9-11 am
Thursday, January 30	4-7 pm	Tuesday, March 10	9-11 am
Tuesday, February 4	9-11 am	Thursday, March 12	4-7 pm
Tuesday, February 11	9-11 am	Tuesday, March 24	9-11 am
Thursday, February 13	4-7 pm	Thursday, March 26	4-7 pm
Tuesday, February 18	9-11 am	Tuesday, March 31	9-11 am
Tuesday, February 25	9-11 am		



## Director's Corner

Happy 2020 as we move into a New Year and new decade. 2019 was a very busy year at the pantry. We added extra pantry days, Second Harvest Food Bank, Kwik Trip Feeding America, and Badger Prairie Kitchen to Table. We expanded Personal Essentials and the Birthday Bag program. Eighty eight new families were served in 2019 and we had 1,747 family visits with over 130,000 pounds of food distributed. The pantry also distributed just under 1,800 pounds to nonprofits.

And how could we forget that we distributed 150 turkey dinners to local families? We would not be able to do this without this generous community.

The donations, food drives and monetary gifts were more than any previous years. Also, a shout out to the volunteers, management committee and Board of Directors that put in many, many hours.

We are excited for 2020 and will continue to move forward and continue to serve the community. And remember, "A good life is when you smile often, dream big, laugh a lot and realize how blessed you are for what you have." We are blessed and share that blessing!

Diane Sliter  
Managing Director

## Understanding Food Product Dating

Understanding the dates listed on a food label can be difficult. Here are some basic labeling tips:



Packing or manufacturing date:

- Used by manufacturers for tracking and recalls.
- Not an expiration date.

Sell-by date:

- This is a quality date.
- It tells the store how long to display the product for sale.
- This product is still safe to eat past this date.

Best-by or best if used by date:

- This is a quality date.

- It is the date by which the product should be eaten for best flavor or quality.
- This product is still safe to eat past this date.

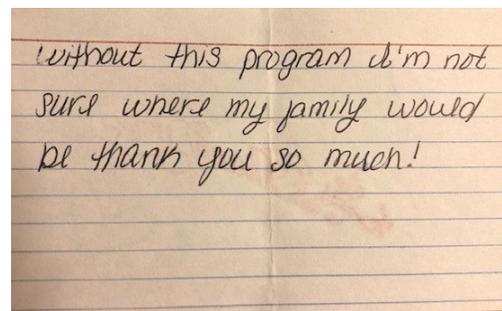
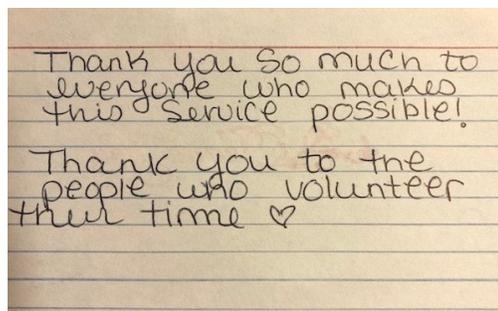
Use-by or expiration date:

- This is the last date recommended for the product while at peak quality.
- This product is still safe to eat past this date.

Non-perishable items like grains and dried and canned goods can still be used well past their label dates, but with meat, dairy and eggs, it's a different story. Although there are still no federally regulated expiration dates on those items, they obviously have shorter shelf lives.

**Next issue:**  
Where does the food  
come from  
and more.

## A Special 'Thank You' From Our Guests



## Four Alternatives & The Plastic Waste You Can Save Per Year

1. One reusable bag = 783 plastic bags
2. One reusable bottle = 83 plastic bottles
3. One reusable cup = 125 plastic/styrofoam cups
4. One reusable straw = 295 plastic straws

