

# DAILY PLANNING



>> towards knowledge...

Affirmation: .....

Habit: .....

### Big Goals:

### Schedule:

1	5:00	5:00
	5:30	5:30
	6:00	6:00
2	6:30	6:30
	7:00	7:00
	7:30	7:30
3	8:00	8:00
	8:30	8:30
	9:00	9:00
	9:30	9:30
1	10:00	10:00
	10:30	10:30
	11:00	11:00
2	11:30	11:30
	12:00	12:00
	12:30	12:30
3	1:00	1:00
	1:30	1:30
	2:00	2:00
	2:30	2:30
	3:00	3:00
	3:30	3:30
	4:00	4:00
	4:30	4:30

Exercise:

# DAILY PLANNING



>> towards knowledge...

Affirmation: .....

Habit: .....

### Big Goals:

### Schedule:

1	5:00	5:00
	5:30	5:30
	6:00	6:00
2	6:30	6:30
	7:00	7:00
	7:30	7:30
3	8:00	8:00
	8:30	8:30
	9:00	9:00
	9:30	9:30
	10:00	10:00
	10:30	10:30
	11:00	11:00
2	11:30	11:30
	12:00	12:00
	12:30	12:30
3	1:00	1:00
	1:30	1:30
	2:00	2:00
	2:30	2:30
	3:00	3:00
	3:30	3:30
	4:00	4:00
	4:30	4:30

### Extra Goals:

Exercise: