

BEHAVIOURAL REHABILITATION THE FORGE

Reshaping Lives Through Evidence-Based Intervention

A structured rehabilitation program for individuals navigating the criminal justice system who are ready to leave their past behind. Combining Clinical Hypnotherapy, NLP, and Coaching for lasting behavioural transformation with comprehensive court documentation.



• DOMESTIC VIOLENCE • ANGER MANAGEMENT • SUBSTANCE ABUSE AND ADDICTION • CRIMINAL BEHAVIOUR PATTERNS • UNRESOLVED TRAUMA

Program Features

- ✓ **Weekly 1-Hour Sessions** — Secure AVL delivery for personalised guidance. Delivered in custody and/or at home when released.
- ✓ **Conversational Hypnotherapy** — Remove subconscious blocks and rewire destructive patterns.
- ✓ **NLP Techniques** — Reframe negative thoughts and build healthier cognition
- ✓ **Structured Coaching** — Actionable steps toward lasting positive change
- ✓ **Ongoing Accountability** — Regular check-ins and mentoring between sessions.

Breaking the Cycle

The Forge addresses root causes that lead to criminal behaviour such as unresolved trauma, destructive patterns, emotional dysregulation, and harmful coping mechanisms such as addiction and violence.

- ✓ Take full responsibility for past actions and their impact
- ✓ Identify and dismantle the triggers that led to offending
- ✓ Build emotional intelligence and healthy coping strategies
- ✓ Create a clear vision for a law-abiding, purposeful future

Court Documentation

Comprehensive legal documentation provided throughout:

- ✓ **Forge Acceptance Court Report:** Confirming enrollment, acceptance rationale, protective factors and proposed framework suitable for the client.
- ✓ **Progress Reports:** Highlighting key milestones, achievements and behavioural changes. Used to reduce sentencing, in bail hearings and to show compliance with court mandated programs.

Substance Use Support

Specific sessions as needed with our Senior Drug and Alcohol Counsellor/Clinician to address your addiction issues, manage relapse prevention and ensure your long term recovery. Recommended sessions needed are detailed in the client intake assessment court report.

Your Commitment

Success requires genuine commitment to change:

- ✓ **Full Participation** — Attend all scheduled coaching sessions
- ✓ **Active Engagement** — Implement strategies between sessions
- ✓ **Openness to Change** — Willingness to be challenged and grow
- ✓ **Legal Compliance** — Meet all court-mandated obligations

⚖️ **For Legal Professionals:** Facilitators undertake to inform the Court if participants cease engagement. All documentation meets forensic standards.

• CLINICAL HYPNOTHERAPIST (IICT) • NLP PRACTITIONER (IICT) • CERTIFIED COACH • 17+ YEARS EXPERIENCE • AUSTRALIA-WIDE AVL

Investment in Your New Life

ASSESSMENT & COURT REPORT

\$700

Interview and initial court report

12-WEEK PROGRAM

\$3,000

\$250 per session

24-WEEK PROGRAM

\$4,500

Extended support - 18 sessions

36-WEEK PROGRAM

\$6,000

Comprehensive - 24 sessions

Each session is \$250 | Progress Court Report: \$1,450 | All costs paid in advance | Payment plans available

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