



I RESPECT

STOP IT AT THE START
PROGRAMS

BUILDING A CULTURE OF RESPECT, EQUALITY AND NON-VIOLENCE

For many life can be a struggle and can take great courage to show up each day. At times it is evident that many students in our schools could be treating each other a whole lot better. The I Respect Initiative trains school wellbeing staff to build a culture where young people are inspired and engaged to look after each other emotionally while holding each other to account to take a stand against issues such as violence, sexual harassment, abuse, bullying, inequality, racism, gossip etc.

The I Respect Initiative recognises that the majority of people are actually trying their best to be good caring and respectful people and do not intend to be disrespectful or abusive. However this majority don't feel safe or valued to speak out and choose to let things slide which can leave many feeling isolated and alone. In response the I Respect Initiative aims to empower this majority by building a team and school culture of trust and respect to encourage peer to peer support and accountability to be up-standers as people of influence. Thereby creating leadership through prevention by "stopping at the start".

By making it OK and normal for mates to tap each other on the shoulder
"Hey I Respect you...but...you are better than that"

"We talked about this..."

"RUOK?".

Delivered by I Respect Founding Director,
Mark Wadie featured on

National Stop it at The Start Campaign

Win News

Nine News

ABC Radio - Grandstand + Mornings

Canberra Times

Riot ACT



"Mark was absolutely awesome! We all thoroughly enjoyed the training and general experience. It was uplifting, emotional and powerful. Others have said it was the most worthwhile PD they have ever experienced. Coming from harsh critics in this place, this is a fabulous endorsement of Mark and his program."

Head of Wellbeing Central Coast Grammar School



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YOUR TEACHERS, COACHES AND WELLBEING STAFF INFLUENCING RESPECT, EQUALITY AND NON-VIOLENCE

Participants will be able to influence and lead school group agreements that normalise "the standard you walk past is the standard you accept" culture. This is achieved by training and supporting your teachers, coaches and wellbeing staff with simple tools and processes that are easily integrated within existing school and house activities, taking as little as 15 min per week. Continually developing class and peer buy-in, support and accountability.

Leaders are then better able to shape the direction of topical issues depending on the class and school needs. The strength of the program is that it is continually reinforced and embedded within class culture week after week, year after year. Examples of critical issues that can be covered depending on age group are violence, offensive language, sexual harassment, mental health, bullying, objectification, gender stereo types, digital disrespect, consent, racism, abuse, sexual assault etc....

I RESPECT SCHOOLS PROPOSAL

Delivery of I Respect Leadership ONE DAY Trainings to teaching and wellbeing staff within targeted year groups. (max 12 participants each workshop)

Program effectiveness and outcomes to be measured for targeted year groups

Outcome success to be measured with student surveys and evaluations.

Key performance measures to include..

VIOLENCE

SEXUAL HARASSMENT

BULLYING

TRUST AND SAFETY

STUDENT WELFARE

MENTAL WELLBEING

UNDERSTANDING AND CONFIDENCE TO FACILITATE ONGOING SESSIONS
BY LEADERS

COST \$4500 PER WORKSHOP - max 12 participants at School Venue

PROGRAM SUITABLE FOR BOTH PRIMARY AND HIGH SCHOOL

References and testimonials available upon request.

INCLUDED WITH EACH WORKSHOP

Pre and post evaluations for participants and their students.

Full day experiential workshops facilitated by Mark Wadie.

Program guide, facilitation skills and resources.

Regular facilitation tips, resources and reminders provided to each group via email and video.

Facilitated live post webinar review workshop - 1 hour for each group 1 month after program to build confidence and momentum.

Cohort to make agreements to normalise I Respect as a weekly class or school group agenda item.

Buddy accountability support for each participant including ongoing check-in.



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