THE ANDROGEN DEFICIENCY IN THE AGING MAN (ADAM) OUESTIONNAIRE

Please answer the following questions by selecting the appropriate response for each:





Do you have a lack of energy?



3 Do you have a decrease in strength and/or endurance?



4 Have you noticed a decreased enjoyment of life?



What is your greatest extravagance?



Are you sad or grumpy?



Are your erections less strong?



B Have you noticed a recent deterioration in your ability to play sports?



Mas there been a recent deterioration in your work performance?



Do you find it difficult to maintain concentration?



Scoring: A positive response to questions 1 or 6, or to any three other questions, may indicate the possibility of low testosterone levels and warrant further evaluation by a healthcare provider.