

Slow Travel with Lisa Itinerary:
The Napoli & the Amalfi Coast Experience
Sept 22- 30, 2019

Please note that, like the weather, this itinerary may be subject to change!



The Bay of Naples & Mt. Vesuvius: our waterfront hotel faces the mythic *Castel dell'Ovo*

Day 1: Sunday, Sept 22, 2019: Napoli: A Synthesis of Contradiction, Color, Calm and Chaos (D)

Check-In + Welcome Reception: We will meet in Napoli's **Santa Lucia District** along the shore of the placid Bay of Napoli. *Location! Location! Location!* Old World luxury and a stunning panoramic view await. Each morning you will enjoy a bounteous breakfast on the *Terrazza Grande* overlooking the romantic fishing village **Borgo Marinari**. This Grand Hotel will be your opulent oasis, world away from the bustle of the 3000-year-old *centro storico*, the Pompei that was never buried.

You won't believe your eyes! From your balcony take in **Mount Vesuvio**, shrouded in a white feather boa of cumulus clouds and the seductive curve of the coastline. Before you, Napoli's oldest and most curious **Castel dell'Ovo** (The Castle of the Egg) stands guard-- where legend has it, **Virgil** placed a magic egg (symbol of life and perfect form) within a glass carafe. The ancient poet (Dante's guide through Hell and Purgatory) placed that carafe in a cage which he hung from a tunnel now buried below this immense golden fortress to protect *Neapolis*, the "New City."

Welcome to Napoli! A city that easily synthesizes paganism, Christianity, magic, sacred and profane into one magnificent and mythic monument and a wondrous way of living!

Settle in. Relax. Enjoy a leisurely *passeggiata* along the seafront. In the early evening we will meet for a **welcome toast on the Terrazza Grande- a "Brindisi del Benvenuto."** After a brief presentation and orientation to your *Neapolis*, we will get better acquainted other over a sumptuous **Welcome Dinner** in one of Lisa's favorite *ristorantini* that combines the best of Neapolitan creativity with culinary tradition.

After dinner explore the *Borgo Marinari*, grab a nightcap or just retire to your comfy bed and *sogni d'oro* (sweet dreams).

Slow Travel with Lisa Itinerary:
The Napoli & the Amalfi Coast Experience
Sept 22-30, 2019



Day 2: Monday, Sept 23, 2019: *Viva la Revolutionary 18th c. Architecture and Genius of Luigi Vanvitelli!* (B, L)

This will be an exciting and exhilarating day! After a sumptuous breakfast on the *terrazza* our chariot and driver will whisk us away. We will travel north to **Caserta** to visit the awesome **Royal Palace** or **Reggia di Caserta** to experience first-hand the genius of **Italian architect Luigi Vanvitelli** who created the “**Versailles of the South**”, thus revolutionizing the world of architecture.

After lunch, our visit continues with a tour of expansive **English Gardens** adorned with exquisite water features. (**Tip:** Get a humorous preview of the magnificence of this Palace and watch **Lina Wertmueller’s** comedy “**Ciao, Professore!**”)

Free Evening in Napoli. Not finished with site-seeing? Take a fascinating tour of **Napoli Sotterranea**: the extensive network of tunnels and aqueducts forming an underground city almost as vast as the city above, telling a fascinating story that dates back to the Greeks, Romans and provided shelter during relentless bombing in WWII. Dine in **chic via Chiaia** or visit romantic **Marechiaro** for a seaside dinner gazing at the ever-changing colors of the sea and sky.

Slow Travel with Lisa Itinerary:
The Napoli & the Amalfi Coast Experience
Sept 22-30, 2019

Day 3: Tuesday, September 24th, 2019. City Walk (B, L)

My travel motto is “**Go Local, Know Local**” and I will encourage any effort to communicate in Italian- that includes the all important hands! To this end, I will offer **custom-made Italian lessons** (*lezioni d'italiano*) with phrases and vocab relevant to our activities.

After *colazione* (breakfast), our first lesson will be taught by **my dear friend Salvatore**, a docent who is absolutely crazy about his hometown of Napoli. I'm so excited that he accepted my invitation to teach you to speak with your hands. This will be a hoot and a belly laugh!

Una passeggiata urbana : City Walk: After our lesson, we will be met by my passionate friend Sonia, a PhD in Art History. Sonia will take us on a City Walk of both artistic and gastronomic appeal. It's off to the **Centro Storico** where we will get a taste of Neapolitan hustle and bustle first-hand.



Salvatore, our professore of
Neapolitan hand gestures



Sonia, our effervescent guide

Sonia is sure to point out the **Decumani** (main Greek streets) and evidence that Napoli flourished in the Bronze Age! Hiding right in plain sight, you will discover **pre-Christian Greek columns**, wrapped in **Roman mattoni** (bricks) that currently provide "modern" foundations for restaurants and apartment buildings—all still standing in defiance of earthquakes and centuries of eruptions from Moody Vesuvio. And you wonder where Neapolitans get their spirit!

Slow Travel with Lisa Itinerary:
The Napoli & the Amalfi Coast Experience
Sept 22-30, 2019



The ancient art of carving sea shells into Cameo figures



Icons of Napoli: Comedic actor Toto and singer/songwriter Pino Daniele



"Christmas Alley" artisans of Nativity Scenes synthesize religious and profane

Day 3 (cont'd)

Mangiamo! After our explorations, we will be hungry, so let's just do what we've all been dying to do: sample **la vera pizza napoletana!** We will visit a *pizzeria* founded in 1738! I can honestly say that this place is still in business for a reason! I highly recommend that you try the very pizza invented in Napoli: **la Margherita**- it and the art of the *pizzaiolo napoletano* were deemed a **UNESCO World Heritage treasure**.

Throughout our *soggiorno*, testing various local delicacies and *caffè* will be encouraged: the Trinity of local pastries (*rum babà, la sfogliatella, la pastiera*); liqueurs crafted by the **Monks of Casamari Abbey**; enchanting *cioccolatini* and secret brews made by the **witches of Benevento**.

Finally, we'll view **Caravaggio's chiaroscuro** masterpiece "**Seven Acts of Mercy**" before we say "Ciao al centro!" Now it's time to take some personal time to photograph and further explore the ancient and decadent beauty.

Afternoon and evening on your own. Perhaps you will stay out to roam, and visit the **Cristo Svelato** at the Capella Sansevero (highly recommended) or pop into one of the many Baroque churches, visit the world-renowned museums of **Capodimonte** or the **National Archaeological Museum** to view a treasure trove of Pompei's buried treasures. Or for the *dolce vita* experience, sit in an open-air piazza enjoying your aperol spritz, watching the Neapolitans buzz by. Visit "**Christmas Alley**" for gifts and souvenirs, or walk back to Santa Lucia and the area surrounding area to enjoy a stroll along the Bay or shop in exclusive **Via dei Mille, Via Chiaia** and **Piazza dei Martiri**. You can always further out on foot to **Mergellina** by the sea, visit the tombs of Roman poet **Virgil** and poet-philosopher **Giacomo Leopardi** in their magical and secluded location, or finally travel a bit further still, to the west for jaw-dropping views from **Marechiaro** and **Posillipo**.

Slow Travel with Lisa Itinerary:
The Napoli & the Amalfi Coast Experience
Sept 22-30, 2019

Day 4: Wednesday, September 25th, 2019. From Chaos to Colorful Coastal Bliss (B, L, A)

It's moving day! You will have time to sleep in, lounge on the terrace while you leisurely enjoy your breakfast, gather your wits and your belongings as we prepare to move out of the city to the glorious colors of the **Amalfi Coast**.

Free time for packing, last-minute sight-seeing, goodbyes and good buys.

Still rarin' to go before our 12pm check-out? Visit the oldest opera house *in the world* **Teatro San Carlo**, the **Royal Palace**, the impressive glass, iron and marble **Galleria Umberto**, hang out in **Piazza Plebiscito**. Don't worry, there's always time to grab one last *caffè* and do some serious people watching at the famous **Caffè Gambrinus**, a required stop while in Napoli.



Winery: Guests enjoy a fresh, organic lunch and *conversazione* with Daniele

ORGANIC WINERY: Lunch & Wine/Brandy Tasting + Guided Visit. It's time to hit the road. Off we go to the foot of **Mount Vesuvius** to enjoy a guided tour of a family-owned, boutique **organic winery**. We'll dine on traditional Neapolitan organic foods- each dish impeccably paired with world-class wines and brandies crafted from indigenous grapes of Vesuvius, some blended to make the famous **Lacryma Cristì** ("Tears of Christ").

Lacryma Cristì grapes. Although it's believed that these grapes were brought by the Greeks to the region in 5th century BC, the Neapolitans have a different version of events. When **Lucifer** was cast out of *Paradiso*, he took a **piece of heaven with him**. When **Christ first laid eyes upon the Gulf of Naples** he was moved to tears because he recognized it as that little piece of Heaven that had been stolen--- and wept over the loss. The vines of **Lacryma Cristì** sprang miraculously from the earth where Christ's tears fell.

Slow Travel with Lisa Itinerary:
The Napoli & the Amalfi Coast Experience
Sept 22-30, 2019



Our colorful seaside Amalfi town.

Transfer to our seaside BnB. For five days we will stay in a colorful BnB, just one block off the cheery seaside promenade. **Maiori** will be our home-base, an Amalfi town that dates back to Etruscan times and is nestled between fragrant lemon groves and the lush **Lattari Mountains**. From here you can hike the *Sentieri dei Limoni* a wonderful 45-minute walk that rewards you with lemon scents and spectacular vistas. It also connects Maiori to her “kid sister” **Minori**, site of the **Pasticceria De Riso**, world famous for its heavenly pastries and sweet delights.

Late afternoon on your own. Relax, unpack, get acquainted with this little town before we gather for a **seaside aperitivo Spritz** and small bites as the sun seeks low.

TRIVIA: Did you know that famous **Italian director Roberto Rossellini**, set four of his masterpieces in Maiori? Watch *Paisà* (1946), *Il Miracolo* (the second episode of the film *L'Amore* - 1948), *La Macchina Ammazzacattivi* (1952) and *Viaggio in Italia* (1953). The locals still talk about **Rossellini's torrid love affair** with **Anna Magnani**, carried out in all it's passion for all to see- and how she announced the end of the affair by dumping a hot plate of spaghetti over the iconic director's head!



13th cent. maiolica Duomo in Maiori



Friendly local shops, fresh fruits, vegetables, cheeses

Slow Travel with Lisa Itinerary:
The Napoli & the Amalfi Coast Experience
Sept 22-30, 2019

Day 5: Thursday, September 26th, 2019. The Lemon Tour (B, L)

When life give you lemons, make limoncello! Minori, Scala and Ravello a Mare. A poly-sensorial and magnificent experience awaits! Learn why the Amalfi “sfusato” lemon is considered the Best in Italy and discover how centuries of Italian ingenuity has taken this yellow citrus and shaped it into many delightful forms.



Learn the Journey of the Lemon: from tree to *limoncello*



Beautiful setting for our lemon-themed lunch

Lisa collaborates with the family of a world-renowned Amalfi Coast pastry chef to create a **three-location tour** takes us on an exclusive visit to a private **lemons groves** where we will learn the fascinating growing process of the sfusato lemon. Then up the the cliffs we go, to **Scala** to see how the lemons are worked—this includes a special visit to the family *laboratorio* where new delectable creations are being tested and perfected. We will have the privilege to taste and sample a great number of these masterpieces! The experience culminates in a **lemon-themed lunch** on the idyllic seaside terrace in **Ravello a Mare**.

NOTE: As lemon groves are located on the sides of the Lattari mountains, our visit will require descending down the terraces, constructed with large, ancient stone steps. Participants will be provided a wooden walking stick.

Free for the evening. Laze in the sun, shop, dine. Do what you wish! Stay in Maiori and explore the **13th century Duomo** and the setting for Rossellini’s films. **Hop a ferry to Amalfi towns or Capri.** Walk the *Sentiero dei Limoni* that connects our Amalfi town with her little sister Minori, or explore one of the other many trails into the **Lattari Mountains**.

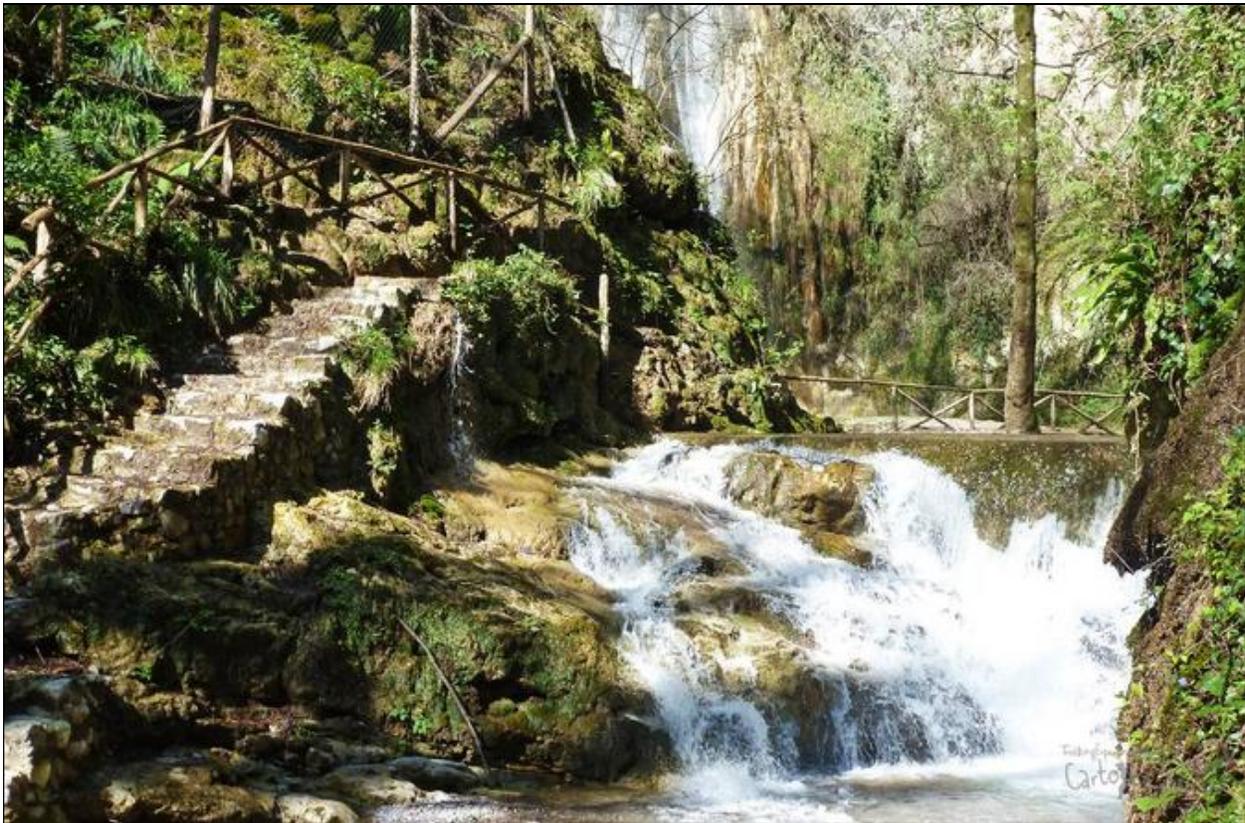
Slow Travel with Lisa Itinerary:
The Napoli & the Amalfi Coast Experience
Sept 22-30, 2019

Day 6: Friday, September 27th, 2019. Explore on your own. A Free Day or...

If you would like to experience ancient history and the inspirational power of nature:

SIGN UP FOR ADD-ON ACTIVITY: HIKE THE VALLONE DELLE FERRIERE. (Level: Easy to Medium)*

Hike the inspirational **Valle delle Ferriere** with a **local guide**. Exclusive access to a permit-only protected wilderness zone- la Riserva Integrale, home to a unique microclimate supporting plant life not found anywhere else on Earth! We will first enjoy a stop in gorgeous Ravello. Then follow the scenic route from Pontone to Amalfi. Make sure you bring your camera to (attempt to) capture the breathtaking natural beauty on this ancient trek. The hike takes you through the Valle, past waterfalls, and into the wilds where a short detour leads across a stream to the Nature Reserve. Along the way we will discover the history of the lemon growing and the craft of making world-famous Amalfi paper. Our hike ends in historic Amalfi, where you can visit the Paper Museum, shop, have dinner, and/or hop a boat back to Maiori or to other Amalfi towns. Packed lunch provided. Transport + Driver included. This 3-to-4-hour experience is rated "easy-to-medium." Guests must demonstrate the ability to hike natural terrains, descend and climb stairs, and safely negotiate declines and moderate ascents. Sign-up fee required: \$160.

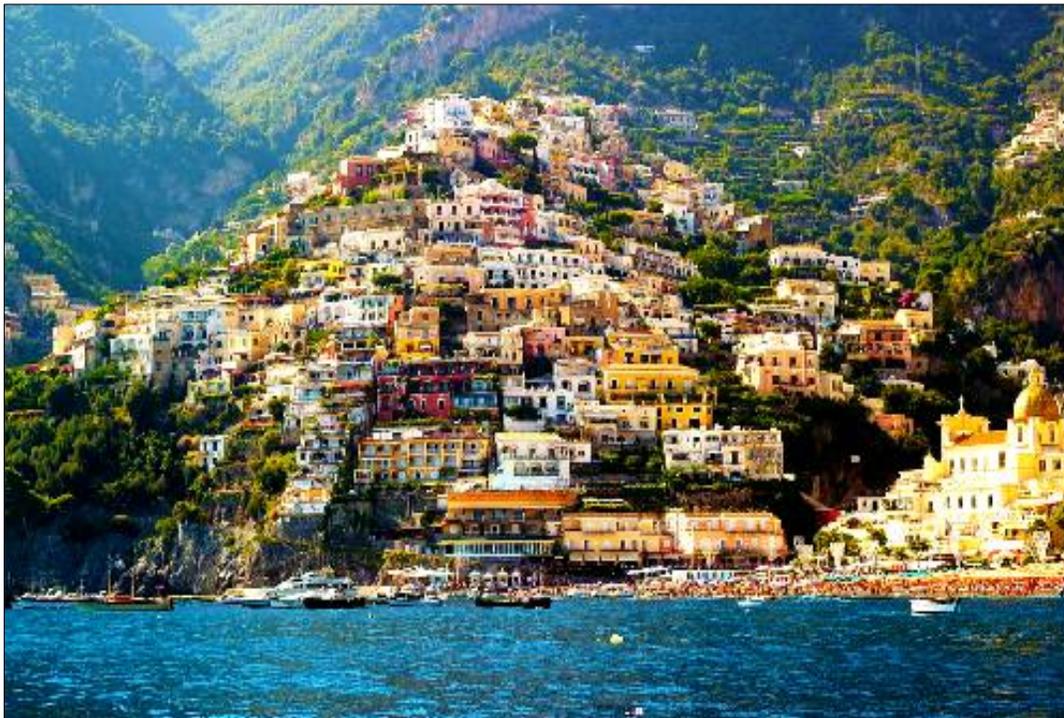


Add-on Activity: Hike the inspirational Vallone delle Ferriere (Valley of the Mills)

Slow Travel with Lisa Itinerary:
The Napoli & the Amalfi Coast Experience
Sept 22-30, 2019

Day 7: Saturday, September 28, 2019: Sea Breeze and Colors of the Coast. (B)

Private Boat Excursion along Amalfi Coast and Capri. There is no better way to experience the colors and cliffs of the stunning Amalfi Coast than by gliding across the clear, azure waters of the *Mar Tirreno*. Feel like a million bucks walking down to the beach to be picked up right in our little seaside town. What a way to spend a day in Paradise! We will make our way along the smaller fishing villages and stop for refreshing swims in quiet coves and shimmering fjords. There is nothing more glamorous than arriving by boat to your *ristorante* for lunch. Our captain will escort us back to our Amalfi town port, leaving us relaxed, refreshed and swooning.



Experience the colors of the Amalfi Coast from you private boat.

Day 8: Sunday, September 29, 2019: Free day. *Arrivederci Pizzata* Dinner (B, D)

Mamma mia! Is it that time already? Where did the time go?! After breakfast, you have the day free to do what it is you didn't have a chance to do. Spend a day at our private lido and beach and soak up some sun. Lisa highly recommends a visit to **Ravello**, undoubtedly one of the crown jewels of the Amalfi Coast that promises spectacular, romantic vistas from **Villa Rufolo** and **Villa Cimbrone**.

Slow Travel with Lisa Itinerary:
The Napoli & the Amalfi Coast Experience
Sept 22-30, 2019

Day 8 (cont'd)



Farewell Pizzata (Pizza Party): A fun way to spend the last evening of our adventure! After a day out exploring, it will be time to come together one last time to celebrate around the table and to toast new friendships forged and wonderful memories made. *Salute!*

Day 9: Monday, September 30, 2019. Arrivederci:= Until we meet again! (B)

After breakfast, we will bid each other a fond farewell and "Arrivederci", saying good-bye to a slice of heaven known as the Amalfi Coast.

9 AM DEPARTURE from Maiori to Napoli.

Two drop-off point (Estimated time of arrival noted):

10:15 AM *Napoli Centrale* Train Station (Piazza Garibaldi)

11:00 AM Capodichino International Airport, Napoli, Italy.

KEY: B=Breakfast L=Lunch D=Dinner A=Aperitivo with snacks

I hope you can see that this is a truly heart-crafted itinerary!
I warmly invite you to share this experience with me.
If this itinerary intrigues you, please keep reading because
the information below is very important!

Please contact info@SlowTravelwithLisa.com to reserve your spot!

Slow Travel with Lisa Itinerary:
The Napoli & the Amalfi Coast Experience
Sept 22-30, 2019

What's included:

- **Accompanying Language Coach, Interpreter, Cultural Guide** with the “inside scoop”
- **Custom-made book & journal** that includes your Italian lesson outlines, city map and cultural information relevant to our tailor-made itinerary
- **Welcome Reception:** *prosecco* toast, *antipasti* and orientation to Napoli
- **All Italian language lessons** each day and special guest teachers
- **Opportunities to mix and practice *italiano* with real live Italians**—my dear friends!
- **3 Nights in a stunning, Old World luxury hotel:** with your own sea view and balcony
- **5 Nights in a “Luxury” BnB:** with made-to-order breakfast delivered to your room each morning
- **Use of reserved spot on beach in Maiori** (at discounted fee)
- **All breakfasts, 4 lunches, and 2 aperitivi, 2 dinners with wine.** All meals hosted at a variety of *ristoranti*, *pizzerie* and traditional *trattorie*
- **Special “Benvenuti a Napoli” Dinner** with special guests
- **Tour Guides** for all scheduled visits and hikes
- **Guided visit to organic winery with wine & brandy pairings** with traditional Neapolitan dishes.
- **Guided three-location Lemon Experience with lunch on an elegant seaside terrace**
- **Add-on Activity: Hike the inspirational and ancient Valle delle Ferriere** (*fee required, 4 participants*)
- **Add-on Activity: Sunday morning brunch in Ravello** (*fee required and minimum-guest requirement*)
- **Transportation + Driver** from our hotel in Napoli to Amalfi Coast BnB; from Amalfi Coast town to two departure points of Capodichino Airport and Piazza Garibaldi train station in Napoli
- **Transportation + Driver** for group’s scheduled activities
- Some trips on city public transportation
- **All guided activities** (private boat tour, scheduled special events, fees for guides, guests and teachers, entrance fees)
- **Note:** When included, servings of wine per meal are calculated at two glasses per person

What's not included:

- All flights and transport traveling to our meeting place (hotel) in Naples, Italy
- All flights and transport from your final drop-off point in Naples, Italy on last day of tour
- Travel expenses before and after the tour period
- Travel Insurance (Required)
- All alcoholic drinks, including spirits and cocktails, that are not specifically stated as included (or are beyond the standard 2-glass serving of wine per person)
- Tips for guides, waiters, teachers and boat captains
- Some city public transportation costs
- Participation in Add-on Activities
- All personal expenses including purchases made on City Walks and hikes (liqueurs, coffees, waters, pastries, gelato, souvenirs, gifts, etc)
- Cost of any and all meals and snacks that are not specifically stated as included
- Any and all costs of guided tours and activities taken during personal free time

Note: Costs of air travel and all transportation to and from the meeting and departure points of our trip are not included in the price of this trip. It is recommended that you contact us at Info@SlowTravelwithLisa.com before purchasing your airline ticket(s).

Slow Travel with Lisa Itinerary:
The Napoli & the Amalfi Coast Experience
Sept 22-30, 2019

TERMS & CONDITIONS

Reservations

Early reservations are recommended, since groups sizes are limited and airlines often sell out of their best fares many months in advance. For immediate confirmation on a Program, you can send payment of your deposit of \$800 by check, cash, money order, cashier's check, wire transfer, or via PayPal. Acceptance of Participants is on a first come, first served basis.

TRIP PARTICIPANT'S RESPONSIBILITIES AND REQUIREMENTS

- You must be 21+ years of age.
- You must have a valid passport. U.S. government requires that your passport be valid for at least 6 months after your date of return to the U.S.
- You must be in good physical condition as your trip will involve walking for extended periods of time (3 hours) both in the city and the country, on uneven surfaces of various grades, climbing stairs, and other physical activities including participation in the add-on activity (fee required) to hike the wondrous *Vallone delle Ferriere* (3-4 hours, approx. 4 miles, level easy-to-medium). We strongly recommend you consult your medical doctor regarding your health and abilities to successfully participate in this trip. It is also recommended that you prepare physically well in advance of the Program start date by taking up a daily practice of walking.
- You must prepare for the trip by studying the itinerary and pre-departure information sent by Slow Travel with Lisa and for bringing the appropriate clothing and equipment as advised therein.
- You must sign all documents included in the Slow Travel with Lisa Travel Welcome Packet which includes Trip Application, Terms and Conditions and Participant's Rules of Conduct, Release of Liability, Assumption of All Risks and Binding Arbitration Agreement documents.
- You must provide proof of Travel Insurance. Slow Travel with Lisa will require each guest to purchase a comprehensive travel insurance package for our tour. As we cannot make exceptions for inclement weather, personal emergencies, or any other events beyond our control, travel insurance is an affordable way to minimize your risks-both financial and medical. Your policy will include coverage of trip cancellation and medical expenses and emergency evacuation. An example of a comprehensive policy is the **Travel Guard Gold Plan**. It is strongly recommended that you also purchase the Cancel for Any Reason Policy at the same time, and within 15 days of making your initial trip payment. Slow Travel with Lisa does not endorse any one particular travel insurance plan. Should you seek assistance in selecting a plan, we are happy to refer you to our contact.

Detailed Itinerary and Other information

Approximately two months before your departure, you will receive detailed information of your custom-made itinerary, tips on what to pack, a Reading List and other information relevant to our planned activities. A good resource for information and travel tips is Lisa's website at www.SlowTravelwithLisa.com.

Slow Travel with Lisa Itinerary:
The Napoli & the Amalfi Coast Experience
Sept 22-30, 2019

Pricing + Cancellation Policy + Travel Insurance

Pricing and Required Payment Schedule: All pricing is based on double occupancy. A non-refundable deposit of \$800 per person is required at the time of booking to guarantee your space. Balance of the full amount is due ninety (90) days prior the start date of the tour, on June 21, 2018.

SINGLE OCCUPANCY: A single-occupancy request and private room will require an additional single supplement fee of \$900 added to the total cost of tour and is subject to availability. If you are traveling alone and wish to share accommodations, Slow Travel with Lisa will make every effort to match you with a suitable roommate. However, if a suitable roommate is not available, the obligatory single supplement will be charged.

9-Day Slow Travel Experience to Napoli & Amalfi Coast (Sept 22 – 30, 2019):

Total Trip Price:	\$3,995*
Deposit \$800	Non-refundable and due with application to reserve place on trip.
\$600	Due April 30, 2019. (If you wish, you may also split your installments up equally.)
\$2,595	Total balance due June 21, 2019.

*All applicable discounts will be applied to the final payment of balance due.

All prices are quoted in US dollars and all payments must be made in US dollars. Deposits and subsequent payments can be made through PayPal, by Check, Cash, Money Order, Cashier's Check or Bank Transfer. An additional bank fee of \$15 required on all wire transfers. An additional fee of 3.5% of amount paid required when using PayPal. Please note: Your Program payments are due at the times indicated, regardless of your approval status. If the Slow Travel with Lisa Organizer does not receive each of your Program payments on time, Organizer may cancel your reservation, in which case you forfeit your deposit.

If there is still room available for additional guests less than ninety (90) days prior to the start date of our tour, those guests will be required to pay the full sum will be due upon booking. All payments submitted less than thirty (30) days prior to departure must be by cashier's check or wire transfer.

Special Requests: Should you have any special requests you must advise Slow Travel with Lisa at the time of the booking and clearly note it on your Trip Application form. We will endeavor to pass any reasonable requests on to the relevant third-party Service Provider; however, we regret that we cannot guarantee that your special request will be fulfilled. Failure to meet any special request does not signify a breach of contract on our part.

Cancellation Policy. If it becomes necessary for you to cancel your trip, all cancellations must be received by Slow Travel with Lisa in writing. The cancellation fees will be computed as of the date of receipt of written cancellation notice, which can be sent by email, express mail or by standard post.

Up to 91 days prior to start date: Full refund, less the \$800 deposit.

61-90 days prior to start date: 50% of the total cost paid, less the deposit and any and all costs/fees that Slow Travel with Lisa has already paid third party vendors, such as

**Slow Travel with Lisa Itinerary:
The Napoli & the Amalfi Coast Experience
Sept 22-30, 2019**

room reservations, transportation companies, guided visits, admission fees, etc., towards future trips or services.

Cancellation Policy (cont'd):

60 days or less prior to start date: No refunds will be issued.

Cancellation during the trip: No refunds will be issued.

Note: Trip rates are based on group participation and no partial refunds will be given for unused trip arrangements or activities for any reason whatsoever.

Substitutions are not allowed.

Cancelled Trips: Slow Travel with Lisa reserves the right to cancel any trip prior to departure for any reason whatsoever, including insufficient signup or logistical problems that may impede trip operations. The refund of all land payments received shall release Slow Travel with Lisa from any further liability including but not limited to your personal expenses as a result of a tour cancellation such as equipment, fees, airline tickets and other transportation and travel costs or personal hotel reservations. A trip with insufficient signup would normally be cancelled a minimum of one month prior to departure.

Slow Travel with Lisa is required to payments to third party suppliers (hotel, transportation companies, etc) well in advance of the scheduled date of use. If a trip is cancelled due to force majeure (acts of God or government, war, labor strikes, earthquakes, flooding, weather, etc.), Slow Travel with Lisa will promptly refund the portion of the trip cost not already advanced to suppliers and use its best efforts to recover and refund the balance as promptly as possible. However, Slow Travel with Lisa does not guarantee recovery of any or all of the advance payments made, and our use of best efforts to recover these payments will not include the institution of any legal proceedings in foreign jurisdictions or otherwise.

Travel Insurance. Slow Travel with Lisa will require each guest to purchase a comprehensive travel insurance package for our tours. The policy will include comprehensive coverage of trip cancellation and medical insurance. A travel insurance plan that includes coverage for medical insurance including emergency medical evacuation coverage is mandatory on our tours. Travel insurance will minimize your risk, both financial and medical as we cannot make exceptions for inclement weather or personal emergencies. It is highly recommended that guests also purchase the "Cancel for Any Reason" coverage.

The Travel Guard Gold Plan is an example of a comprehensive policy that includes trip cancellation and medical coverage. If you choose the Gold Plan, and wish to purchase the "Cancel for Any Reason" policy, both policies must be purchased at the same time—and within 15 days of the date of your initial trip payment. Be sure to get a clear and thorough explanation from your travel insurance agent. Slow Travel with Lisa does not endorse or recommend any specific Travel Insurance Policy or Carrier. The trip participant is solely responsible for choosing and obtaining his/her own insurance plan. Should you seek personal assistance in deciding which policy to purchase, we will be happy to provide you our contact.

Online resources with various travel insurance policy options may be found at:

1. www.squaremouth.com/travel-insurance-quotes?aid=20072; and
2. www.insuremytrip.com

Slow Travel with Lisa Itinerary:
The Napoli & the Amalfi Coast Experience
Sept 22-30, 2019

FOR MORE INFO AS TO WHY TRAVEL INSURANCE IS IMPORTANT:
www.travelinsurancereview.net/2012/10/22/retreat-travel-insurance/