

## **Skyline Lakes SUMMER 2024 Swimming Lessons**

### TENTATIVE SCHEDULE

S.L.P.O.A.'s Swimming Lessons Program will begin on Monday, and run July 8 2024 for five weeks, 3 days a week through August 9, 2024. The Program will be supervised by a Red Cross Certified Swimming Instructor. All swimming instructions will be taught by Red Cross certified Lifeguards. Because we have a Red Cross Certified Instructor, each child will receive a Red Cross Card at the end of the program. As always, only current members who have joined the Association may participate in this program.

On July 5,2024, swimming tests will be given to determine your child's ability and level (times tba)

Swim Lessons will start July 8 2024: Mondays, Wednesdays and Fridays

Participants will be grouped by swimming ability, and be given lessons 3 days a week. The lessons will take place at the Main Beach between 9:00 a.m. – 12:30 a.m., hours may be modified depending on size of group. The lessons will mirror the suggested Red Cross swimmer's program and is designed to move each participant into the next level.

If you're interested in the Swimming Program, please fill out the Participation Application and Child-Care Authorization forms. Return it as indicated on the application no later than June 30th If you have any questions or need further information, please feel free to call Kelly Engels 973-610-7945

Level 1 (Crayfish) - Age Recommendation: 4-6,	9:00-9:45 am
Level 2 (Sunfish) - Age Recommendation: 6-7,	9:45-10:30 am
Parent Child Aquatics (Mommy & me) - Age Recommendation: 3 years and younger	10:30-11:00 am
Level 3 (Carp) - Age Recommendation: 8-10,	11:00-11:45 am
Level 4 (Bass) - Age Recommendation: 9-11,	11:45-12:30 am