At Re:New, we strive to provide integrative approaches in supporting physical healing and mental resilience. We realize that because of their careers, the First Responder community has extreme pressures and demands. Locating and utilizing trusted modalities of care that fit emergency services careers is challenging. We believe RE:New could be your perfect fit.

RE:New is honored and excited to partner with First Responder Trauma Counselors to collectively care for those who care for others. Both RE:NEW and First Responder Trauma Counselors serve to support your physical and mental fitness to optimize your emotional resiliency so that you are on the top of your game caring for your family and the citizens your agency serves. Together, we provide the most cutting edge integrative services available for our most valuable community members. www.911Overwatch.com www.011Lightenup.com





THETA CHAMBER

Experience a deep state of relaxation and healing of the nervous system.

The Theta Chamber brings users into the theta brain state through optical, auditory, and vestibular

> nerve stimulation along with cranial electrical stimulation.



BENEFITS:

- Increases Resiliency
- Offers Pain Relief
- Supports Weight Loss
- Improves Mood
- Focuses Concentration
- Relief from Addiction
- Reduces PTSD Triggers



rTMS

Restore proper chemical balance and electrical flow in the brain.

Repetitive Transcranial Magnetic Stimulation (rTMS) helps build neural pathways by passing pulses through magnetic coils and into the brain, best when preceded by Theta Chamber.

BENEFITS:

- Improves Moods
- Improves Sleep
- Improves Memory
- Reduces Headaches
- Reduces Chronic fatique
- Reduces High blood pressure
- Supports Brain Healing Post TBI

BENEFITS:

infrared light rays.

- Skin health & anti-aging
- Reduced joint pain
- Reduced inflammation
- Increased cognitive function

RED LIGHT THERAPY

Heal the body on a cellular level

through red and blue LED light and

- Improved sleep
- Nerve repair
- Reduced headaches

BRAIN TAP

Relax, reboot, and revitalize your brain to its peak potential in as little as 10-20 minutes. Brain Tap uses optical and auditory nerve stimulation to support neurotransmitter production.

BENEFITS:

- Reduces stress & anxiety
- Supports weight loss
- Supports optimal health
- Improved sleep



