### **ETC Transitional Living Program for Homeless Youth (TLP)**

Overall Purpose: To help young people who are homeless make a successful transition to self-sufficiency.

## Self-sufficiency is attained through the following:

- Sense of Safety and Well-being
- Permanent Connections
- Stable Housing

- Education and Employment
- Skills Training
- Support Services

## Housing Model:

- One/two bedroom apartment units in a complex with 24-hour onsite supervision by TLP staff
- The lease is secured by ETC and the agency will pay 100% of rent for a mutually agreed upon time
- ETC will provide basic furnishings if the youth doesn't have any possessions
- To help youth practice budgeting for housing expenses, the youth must work towards paying ETC a minimum "Rent" of \$100 or 35% of income (whichever is greater); when able, the youth must pay full amount of "Rent"
- ALL FUNDS paid to ETC as "rent" are held in escrow as savings and will be returned to youth when they are discharged from the program. With staff approval, funds may also be withdrawn by the youth for special purchases.
- The goal will be for the youth to transition to their own permanent housing situation

## Program Design:

- The youth must maintain daily contact (by phone/text) with TLP staff
- TLP staff must see the youth in-person at least 3 times per week
- The youth must participate in life skills sessions with their case manager
- Site visits to the youth's apartment will be conducted at least weekly
- The maximum service period is 18 months

## TLP provides skills training in the following areas:

- Education
- Employment
- Money Management
- Credit Management
- Consumer Skills

- Daily Living
- Social Relationships
- Self-care
- Work & Study Skills
- Conflict Resolution

#### TLP provides support services in the following areas:

- Case Management
- Health Care
- Mental Health
- Employment Assistance

- Linkage to Resources
- Transportation (limited)
- Advocacy

#### Admission Process:

- Services available for males and females ages 18-22 years old
- Initial contact to screen for eligibility
- Youth completes the application
- TLP staff meet with the youth to assess appropriateness for program and to answer youth's questions
- Youth demonstrates follow through with admission process

# If eligibility criteria are met, the youth must also:

- Agree to follow program requirements
- Be employed or obtain job within timeline
- Attend school or vocational program
- Work toward service plan goals
- Abstain from alcohol or other drug use

#### Additional information:

- Efforts will be made to help youth find more permanent housing in the part of town they are most comfortable
- Parenting youth with their children will be assessed on a case by case basis
- The youth keep whatever furnishings or belongings they accumulate while in the program
- TLP staff and youth can negotiate transportation arrangements for work and school

Long Term Outcome: Youth experience well being, maintain permanent connections, internalize new skills, and live in a safe environment in which they thrive and contribute to society.