

# WHY "NAME IT, HEAL IT"?



Why “Name It, Heal It?” Simply because we need it. Students need healing, the communities we live in need healing, and the world also needs healing. After seeing much darkness in the world and listening to a vast amount of weeping hearts as a result of the pandemic and other life ills, Tamara’s intention is to use her platform as president to add an abundance of light for the good in her school community, tribal community, and global community. She desires to make a difference in the lives of others by creating spaces of belonging in which the spaces are inclusive, equitable and foster a welcoming community for all.

To support Tamara in this work, some other wonderful souls decided to join her on the journey to sprinkle some sunshine too! The diversity of people and gifts to come are in the persons of Iyanla Vanzant, Joy Harjo, Erika Alexander, Gary Zukav, Heather Aranyi, Gail Song Bantum, Christine Lincoln, Christiana Danielle, Judy Petersen, Bertice Berry, Barbara Levy, Amy Julia Becker, Aisha Dean, and Lamon Brewster. Throughout the school year, they all will grace Yale University with their presence sharing from their own wells to help us heal.

As we move towards healing, hope, and better days, our map to get there is identified within the acronym MOUNTAIN. When we practice the MOUNTAIN principles unitarily, we will see better days in our personal lives and amongst the collective. We are mastering this MOUNTAIN together!

**#MOUNTAIN?Do. Practice the MOUNTAIN principles today.**