

AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	6pm - 7pm All Belt 7pm-8pm All Belt 4	5	6pm - 7pm All Belt 7pm-8pm All Belt 6	7	8
9	10	6pm - 7pm All Belt 7pm-8pm All Belt 11	12	6pm - 7pm All Belt 7pm-8pm All Belt 13	14	15
16	17	6pm - 7pm All Belt 7pm-8pm Try It Class 18	19	6pm - 7pm All Belt 7pm-8pm Try It Class 20	21	22
23	24	6pm - 7pm All Belt 7pm-8pm Try It Class 25	26	6pm - 7pm All Belt 7pm-8pm Try It Class 27	28	29
30	31					