

**Varsity CHEER Divisions**

<b>Division Name</b>	<b>Session/Saturday</b>	<b>Participants</b>	<b>Time Limit (Maximum)</b>	<b>Music</b>	<b>Requirements</b>	<b>Costuming/ Uniform</b>	<b>Tumbling/ Stunting</b>	<b>Misc.</b>
<b>Varsity Show Cheer</b>	Div 3/4 - Session 2 Div 1/2 - Session 4	High School Students - All Girls and/or 1 boy	2 1/2 Minutes	Minimum - 20 seconds Maximum - 1 1/2 minutes	1 Cheer/Chant 1 Dance & 1 Pyramid	School Uniform	Allowed	Signs and Poms allowed
<b>Varsity Coed Cheer</b>	Divisions 1-4 competes Session 3	High School Students - 2 or more boys	2 1/2 Minutes	Minimum - 20 seconds Maximum - 1 1/2 minutes	1 Cheer/Chant 1 Dance & 1 Pyramid	School Uniform	Allowed	
<b>Varsity All Girl Stunt</b>	Div 3/4 - Session 2 Div 1/2 - Session 4	High School Students - All Girls - Can use 4 or 5 athletes	1 Minute	Can be a combination of Music and Chant/Cheer	Strong Arm Motions Creative Use of Stunting, Level Changes, Jumps and Floor use	School Uniform	Allowed	No Props
<b>Varsity Partner Stunt</b>	Divisions 1-4 competes Session 3	High School Students - Combination of one girl and one guy - 3rd person may act as spotter ONLY and may not be a coach	1 Minute	Can be a combination of Music and Chant/Cheer	Strong Arm Motions Creative Use of Partner Stunting, Level Changes, Jumps and Floor use	School Uniform	Allowed	No Props
<b>Game Day</b>	Div 1-4 competes Session 3	HS Students	3 minutes - Time begins with first beat of band music.	Performances must be in the order of Band Chant, Situational Element/Crowd Leading, Fight Song.	Each section should be highlighted with a clear beginning and ending crowd interaction into the next section	School Uniform	Restricted	Teams are encouraged to use poms, megaphones, flags and signs