# Arizona State Cheerleading/Pom Tournament

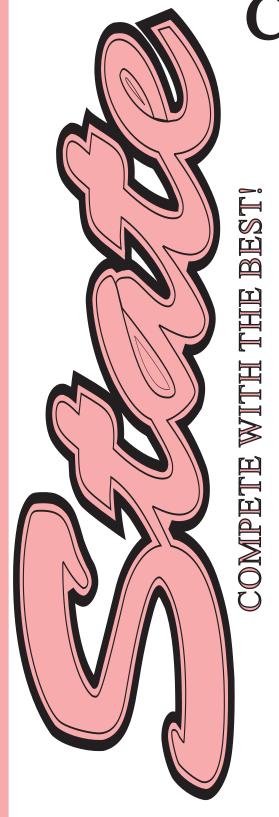
High School and Junior High Registration



Friday, February 7th, 2020 Saturday, February 8th, 2020

Arizona Veteran's Memorial Coliseum Arizona State Fairgrounds 19th Avenue & McDowell Phoenix, Arizona

CELEBRATING 34 YEARS OF ARIZONA STATE CHAMPIONS!



# STATE 2020 REGISTRATION FORM



# 2020 Arizona State Cheerleading/Pom Tournament

## Friday, February 7th and Saturday, February 8th, 2020

Registration forms can be mailed (P.O. Box below), faxed (480-718-8663) or emailed (gene@statecheer.com). Payments must accompany registrations for processing. Accepted forms of payment include; checks (made out to State Tournament), hard copy Purchase Orders, and credit cards (through the website) or call Gene (602-579-0925).

Division	Requirements	Number of Participants	Cost \$30.00 by 11/30/19 or \$40.00 by 12/31/19 or \$45.00 by 1/24/20	# of participants and multiply by cost for each division	Please print all information clearly and completely.  School Name:  Phone Number: ( ) Address:  City: Zip:
SOLOS Compete in Teams Session. Must be registered with a Team	First Name/Last Initial (attach paper if more than one)				Please circle your school's division:  JH High School: Div 1 Div 2 Div 3
Cheer		#	\$ 45.00 ea.	\$	Head Coach Name:
Dance		#	\$ 45.00 ea.	\$	
JUNIOR HIGH - Session 1					Home Address:
JH Show Cheer	All girls (1 boy allowed)	#	\$	\$	City: Zip:
JH Performance Cheer	No Music	#	\$	\$	Cell Phone:
JH All Girl Stunt	All girls – 4 or 5	#	\$	\$	( ) Email:
JH Pom	Girls and Boys	#	\$	\$	Do you work on campus? Yes No
HS CHEER – Competes in Teams Sessions (either 2, 3 or 5)	Division 3 Schools compete Friday Session 2	Division 2 Schools compete Saturday Session 3	Division 1 Schools compete Saturday Session 5		Head coach is free. Please list all other coaches and indicate number in final total (\$15.00 per extra coach). Coach's passes are required to be downstairs in the warm up area. Only FOUR coaches are allowed on the competition floor during the
Junior Varsity (Div 1, 2 or 3)					performance (including music).
JV Show Cheer	All girls (1 boy allowed)	#	\$	\$	1 2 3.
Varsity (Div 1, 2 or 3)					
Varsity Show Cheer	All girls ( 1 boy allowed)	#	\$	\$	Once registration/payment has been received, a confirmation email including a State Guidebook and registration confirmation will be sent within one week to the head coaches' email. Please verify that all information is correct. Call/Email (erin@statecheer.com or judy@statecheer.com) immediately with any corrections. A final confirmation letter will be sent the week of January 27th, 2020. Last day to register and make any changes (additions to teams) is January 24th at 5:00pm. There must be three squads entered in a division for a division to compete. Head coaches will be notified by Jan 27th if a division does not make. First Registration is \$30 per participant/per entry and must be postmarked and paid by 11/30/19. 2nd Registration is \$40.00 per participant/per entry from 12/1/19 to 12/31/19. Final Registration is \$45.00 per participant/per entry from 1/1/20 to 1/24/20 at 5pm. State reserves the right to close any division at any time due to space/time limits. New registrations will not be accepted after 1/24/20. All deposits are totally refundable until 12/31/19. No refunds will be issued after 12/31/19. By signing this form, the head coach agrees to follow all AACCA rules during competition and all State guidelines written in the registration form, coaches' handbook, and online at www.statecheer.com.
Varsity All Girl Stunt	4-5 girls	#	\$	\$	
Varsity Pom	Girls and Boys	#	\$	\$	
Combined Divisions 1-3 (compete in Saturday Session 4)					
JV All Girl Stunt	4-5 girls	#	\$	\$	
JV/Freshman Pom	Girls and Boys	#	\$	\$	
Freshman Show Cheer	All girls (1 boy allowed)	#	\$	\$	
Varsity Coed Cheer - Small	4 boys or less	#	\$	\$	
Varsity Coed Cheer - Large	5 or more boys	#	\$	\$	
Varsity All Boy Stunt	All Boys - 4 or 5	#	\$	\$	
Varsity Partner Stunt	Max 2 + 1 Spotter	#	\$	\$	
Varsity Jazz	Girls and Boys	#	\$	\$	
Varsity Hip Hop	Girls and Boys	#	\$	\$	
Varsity Dance	Girls and Boys	#	\$	\$	
Extra Coaches	Head Coach FREE		\$ 15.00 ea.	\$	Head Coach Signature
Final Total: To get final total, add all amounts in last column.			FINAL TOTAL \$		Mail Registration/Payment to: Arizona State Cheerleading/Pom Tournament PO Box 72077 - Phoenix, AZ 85050 Fax: 480-718-8663 Questions? 480-513-0640 or www.statecheer.com



# 2020 Arizona State Cheerleading and Pom Tournament General Guidelines for Junior High and High School Teams.

## **Tentative Competition Schedule**

Friday, February 7

Session 1 – Junior Highs – 3:30 pm – 6:00pm
Divisions: Junior High Show Cheer/ Performance Cheer/ Pom/ All Girl Stunt/ JH

Cheer and Dance Solos

Registration: 2:00 pm - 2:45 pm Coaches Meeting: 2:45 pm Warm-Ups Begin: 3:00 pm Competition Starts: 3:30 pm

Awards: 6:00 pm

Session 2 - Division 3 Schools - 6:30 pm - 9:30 pm

Divisions: JV Show Cheer/ V Show Cheer/ V Pom/ V AGS/ Div 3 Cheer and

Registration: 5:00 pm - 5:45 pm Coaches Meeting: 5:45 pm Warm-Ups Begin: 6:00 pm Competition Starts: 6:30 pm

Awards: 9:30 pm

#### Saturday, February 8<sup>th</sup>, 2020

Session 3 - Division 2 Schools - 8:30 am-11:30 am

Divisions: Div 2 JV Show Cheer/ V Show Cheer/ V Pom/ V AGS/ Div 2 Cheer

and Dance Solos

Registration: 7:00 am - 7:45 am Coaches Meeting: 7:45 am Warm-Ups Begin: 8:00 am Competition Starts: 8:30 am

Awards: 11:30 am

Session 4 - Combined Sessions - 12:00 pm - 4:30 pm

Divisions: Frosh Show Cheer/ JV AGS/ JV&Frosh Pom/ V Coed Small/ V Coed

Large/ V ABS/ V Partner Stunt/ V Jazz/ V Hip Hop/ V Dance

Registration: 10:30 am - 11:15 am Coaches Meeting: 11:15 am Warm-Ups Begin: 11:30 am Competition Starts: 12:00 pm

Awards: 4:30 pm

Session 5 - Division 1 Schools - 5:00 pm - 9:00 pm

Divisions: Div 1 JV Show Cheer/ V Show Cheer/ V Pom/ V AGS/ Div 1 Cheer

and Dance Solos

and Dance Solos
Registration: 3:30 pm – 4:15 pm
Coaches Meeting: 4:15 pm
Warm-Ups Begin: 4:30 pm
Competition Starts: 5:00 pm

Awards: 9:00 pm

#### Registration Information

Registrations will not be accepted after 1/24/20 at 5:00 pm.

All deposits are totally refundable until 12/31/19. No refunds can be made after

12/31/19.

Payment in full is required for registration to be processed. Accepted payments are; hard copy Purchase Orders and checks made out to State

Tournament. Credit Card payments are accepted online.

1st Registration - \$30.00 per person/per entry (postmarked by 11/30/19) 2<sup>nd</sup> Registration - \$40.00 per person/per entry (postmarked by 12/31/19) Last Registration - \$45.00 per person/per entry (received by 1/24/20 by 5:00pm)

All Solos - \$45.00 per soloist (must enter with a team)

State reserves the right to close any division at any time due to space/time limits.

#### Competition Day Registration

All registered coaches and competitors must enter through the Participant Entrance. One coach MUST register their team during the registration time period for that team's performance and attend the coaches meeting for that session. Medical Release Forms are turned in at registration.

Coaches must be present at the door for teams to enter. You may only enter the Participation Entrance during registration times.

## Performance Area

The performance area is a divided gym floor. The cheer portion is a nine-panel foam floor (54' by 42'). Dance/Pom is approximately 40'x40' Marley Dance surface. There are no out of bounds and no penalties assessed for going into another area. Cheer squads must do all stunts, pyramids and tumbling on the mats. There are no penalties for teams starting or ending a tumbling pass off the mats.

Show Cheer: Total Routine Time Limit: 2 ½ minutes

Routine: Must include at least 1 cheer/chant, 1 dance routine, and 1 pyramid in any combination. Must follow all AACCA rules. One boy

allowed

Performance Cheer: Total Routine Time Limit: 1 ½ minutes

Routine: No music. Perform cheer/chant with transitions. Stunting

and tumbling are optional. This is a JH division only. All Girl Stunt Group (4 or 5 girls): Total Routine Time Limit: 1 minute

Routine: Music OK Stunting & Tumbling OK School Uniforms All Boy Stunt Group (4 or 5 boys): Total Routine Time Limit: 1 minute

Routine: Music OK Stunting & Tumbling OK School Uniforms Partner Stunt (2 only + 1 spotter): Total Routine Time Limit: 1 minute

Routine: Music OK Stunting & Tumbling OK School Uniforms

Pom: Total Routine Time Limit: 2 ½ minutes

Routine: Perform a pom routine that incorporates; 2 roll offs, 1 kick line, and 3 formation changes. Tumbling, stunting and props are not permitted – poms required. School uniforms required (no costumes).

Jazz: Total Routine Time Limit: 2 ½ minutes

Routine: A routine that demonstrates mastery of jazz style movements. Difficulty should be emphasized in creativity and originality. Appropriate costuming is permitted.

<u>Hip Hop:</u> Total Routine Time Limit: 2 ½ minutes

Routine: Demonstrates mastery of movement performed to appropriate street style music. Difficulty should be emphasized in body control and rhythm. Appropriate costuming is permitted.

<u>Dance:</u> (Includes Contemporary – Lyrical – Modern – Aerobatic)

Total Routine Time Limit: 2 1/2 minutes

Routine: Demonstrates mastery of style of dance performing. Difficulty should be emphasized in originality and creativity. Appropriate costuming is permitted. NOTE: Junior High Schools and Junior Varsity Teams may enter this division.

Solo:

Cheer Total Routine Time Limit: 1 minute Total Routine Time Limit: 1 minute Dance

#### **Safety Regulations**

All schools will be following the 2019-2020 AACCA rules. All teams are required to follow State guidelines as printed in the coaches' handbook and online.

#### Penalties

A 10-point per team penalty (taken from final score) will be assessed for any AACCA violation. A maximum of 30 points will be levied against any one team. A 5-point penalty per team will be applied to any team going over the time allowed (2:30 + 7 seconds) for their routine or for a cheer team having a dance routine under the required 20 seconds, or a pom routine not using poms for 50% of routine. Other penalties are outlined in the Coaches Handbook and online.

#### Special Notes for State 2020

- All changes in numbers must be made to State 2020, by January 24th (5:00 pm). No Changes in numbers will be made after the final confirmation letter is sent the week of January 27th - NO **EXCEPTIONS!**
- Only the Head Coach will receive a complimentary Coaches Pass. If you would like to purchase more coaches passes, please include their names and appropriate funds (\$15.00 per coach) with your registration. Remember - only FOUR coaches/non participants will be allowed on the performance floor!
- The registration doors will only be open during the times listed under the Competition Schedule. Please make travel plans accordingly!
- Please visit our website under the Music tab for directions on how music will be played during tournament.
- Remember US Copyright law states, no teams are permitted to create a remix, mash-up or medley without proper written authorization from the copyright owners.
- Individuals are welcome to compete at State 2020 in the solo division in each Session. This is a great opportunity for individuals to get extra competition experience, and seniors to have a last chance to compete etc. Please visit  $\underline{www.statecheer.com}$  for more information. Individuals must be registered with a team that is competing in other divisions.



# 2020 Arizona State Cheerleading/Pom Tournament General Guidelines for Junior High and High School Teams

#### **Hotel Recommendations**

Please visit our website at <a href="www.statecheer.com">www.statecheer.com</a> for up to date information on hotel recommendations and deals for our Tournament.

#### **General Admission Tickets**

Tickets may be purchased on the days of the tournament at the Arizona Veteran's Memorial Coliseum. Tickets are \$12.00 for adults and \$10.00 for students with school identification. Children under 5 are free.

#### Parking

The State Fair Grounds charges for parking. There is no parking fee for marked buses and official school vehicles. Please make travel arrangements including carpools if you do not have access to school vehicles/marked vans.

#### Vendors

Vendors are located in the concourse area and outside the Spectator entrance. They are open during the entire competition so please take time to visit them. The Vendors at the Tournament are independent consultants and do not represent State. Please contact those companies directly with any questions or concerns.

We are on Social Media!
Facebook: Arizona State Cheerleading/Pom Tournament
Twitter: @azstatecheer
Instagram: azstatecheertournament

#### **Food and Drinks**

The Coliseum is proud to present a full range of menu items for your visit during State 2020. No outside food or drink will be permitted.

#### Video/Photography

Parents are welcome to bring video tape recorders/cameras into the competition. Parents and coaches wishing to videotape their team will have to film from their seats. The coliseum cannot provide electricity for parents, so be sure to bring plenty of batteries.

#### Music

MyRemix will be providing the Music/Sound once again for this year's Tournament. Your music must be downloaded onto your device so that it plays in "Airplane" mode. For your convenience, there is a "Cheer Music Player" app available for free from the Apple Store and Google Play Store. Speaker devices will be available at each station in the Warm Up area.

Remember, - US Copyright law states, 'No teams are permitted to create a remix, mash-up or melody without proper written authorization from the copyright owners".

Please contact us with any questions at 480-513-0640 or visit us on the web at <a href="https://www.statecheer.com">www.statecheer.com</a>.

Good Luck and See You on February 7th-8th, 2020!



Arizona State Cheerleading/Pom Tournament P. O. Box 72077
Phoenix, AZ 85050
www.statecheer.com

**ATTENTION:** 

STATE 2020
REGISTRATION INFORMATION ENCLOSED