

Varsity Divisions

Division/Session	Participants	Time Limit (Maximum)	Music	Requirements	Costuming/Uniform	Tumbling/Stunting	Misc.
Varsity							
Varsity Show Cheer Div 3/4 - Session 2	High School Students - All Girls and/or 1 boy	2 1/2 Minutes	Minimum - 20 seconds Maximum - 1 1/2 minutes	1 Cheer/Chant 1 Dance & 1 Pyramid	School Uniform	Allowed	Signs and Poms allowed
Varsity Show Cheer Coed Small - 2 to 4 Boys Large - 5 or more Boys Divisions 1-4 - Session 3	High School Students - 2 or more boys	2 1/2 Minutes	Minimum - 20 seconds Maximum - 1 1/2 minutes	1 Cheer/Chant 1 Dance & 1 Pyramid	School Uniform	Allowed	Coed Small - 4 boys or Less Coed Large - 5 or more boys
Varsity All Girl Stunt Div 3/4 - Session 2 Div 1/2 - Session 4	High School Students - All Girls - Can use 4 or 5 athletes	1 Minute	Can be a combination of Music and Chant/Cheer	Strong Arm Motions Creative Use of Stunting, Level Changes, Jumps and Floor use	School Uniform	Allowed	No Props
Varsity Partner Stunt Divisions 1-4 - Session 3	High School Students - Combination of one girl and one guy - 3rd person may act as spotter ONLY and may not be a coach	1 Minute	Can be a combination of Music and Chant/Cheer	Strong Arm Motions Creative Use of Partner Stunting, Level Changes, Jumps and Floor use	School Uniform	Allowed	No Props