

72-Hour-Kit Checklist

- Shoes
- Clothes (pants, shirt, jacket, wool socks, underwear, bra, etc.)
- Flashlight (solar hand crank)
- Water Packs
- Sleeping Bag
- Poncho
- Emergency Blanket
- Sewing Kit
- Hand/Foot Warmers
- Toilet Paper
- Sanitizer
- Sanitizing Wipes
- Wipes
- Ear Plugs
- Mosquito Repellent
- Trash Bags
- Whistle
- Hand Soap
- Sunscreen
- Hair Bands/Pins/Comb
- Matches (waterproof/windproof)
- Radio
- Waterproof Phone Case
- First Aid Kit
- Freeze Dried Food (5 meals each)
- Beef Jerky
- Walkie Talkies
- Hard Candy
- Rope
- Survival Card Play Deck
- Duct Tape
- Work Gloves
- Utensils
- Plate/Bowl/Mess Kit
- Water Bottle with Filter
- Pocket Knife
- Multi-use Tool
- Water Purification Tablets (adults only)
- Toothbrushes
- Get Ready/Shower Kit
- Face Wash Wipes
- Feminine Hygiene Products
- Peribottle (bidet for the woods:D)
- Scriptures
- Notebook/Pen/Marker
- Compass
- Mirror for SOS
- Coloring Pages/Crayons
- Light Stick
- 1 Comfort Item (stuffed animal/blanket)
- Diapers/Pull-Ups
- Chocolate
- Gum/Mints
- Granola Bars/Trail Mix/Snacks
- Oatmeal Packets
- Emergency Cash