



## ***THE DRUMBEAT***

**A publication of the Leisure World Association for African American Culture (LWAAAC)**

**Vol. 7 No. 4 Summer 2024**

### **END OF YEAR ISSUE**



Dear LWAAAC Members:

Attitude is the one thing that we always, in every circumstance, have control over.

In May, Mental Health Awareness Month was recognized, and the theme was “Take the Moment.” The National Alliance on Mental Illness “Take the Moment” campaign encouraged us to foster open dialogues, cultivate empathy and understanding and to share resources to support individuals and families on their journey towards mental wellness.

National Minority Mental Health Awareness Month is observed each July to bring awareness to the unique struggles that racial and ethnic minority communities face regarding mental illness in the United States. Yes, we struggle with mental health issues and combating associated stigmas. Recognizing that mental health is as vital as physical well-being is paramount. Depression and anxiety are conditions many people are dealing with, some for the first time. If you are experiencing any of these, talk with your primary care physician. It is also important to talk to friends and family if you have concerns.

Reach out to LWAAAC members that you haven’t heard from or seen in a while in July and beyond. Contact our amenities committee to let them know about anyone you are concerned about so they can, in turn, let them know we care. When caring people join together, roll up their sleeves and take action to make their community better, it’s a beautiful thing—and an incredible feeling for everyone involved.

In our daily lives we must see that it's not happiness that makes us grateful, but gratefulness that makes us happy.

There is always, always, always something to be thankful for.

*Maxine Hooker*  
President

## Board of Directors



### **Left to right: LWAAAC EXECUTIVE COMMITTEE**

Janet Overton, immediate past president; Maxine Hooker, president;  
Janice Wallace, recording secretary; Sharon Boone, correspondence secretary;  
Eleanor Thompson, treasurer; Judith Robinson, financial secretary

As we have known for some time, Janet Overton relinquished her position as president earlier this year due to illness, at which time Maxine Hooker stepped up as acting president. Subsequently, because 2024 is not an election year, Hooker was officially appointed by the board to the position of president for the coming year, 2024-25, and the remaining officers will maintain their current positions. In addition, all chairs of existing standing committees agreed to continue in their roles until June 30, 2025 (see Committee Roundup for more information about the standing committees). Those committees now include a newly approved technology committee to be chaired by Luis Alomar. Finally, the board has established an ad hoc committee to review and update LWAAAC's bylaws. That committee is comprised of Maxine Hooker; Sharon Boone; Juanita Sealy-Williams, chair, community services committee; and Patricia Means, alternate chair of the membership committee.



## ***LWAAAC MOMENTS : 2023-24***



**Passing the torch**



**July 4, 2023**



**Drummers at the Slave Museum**



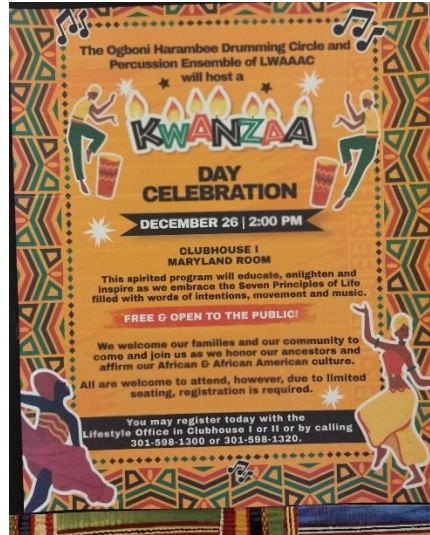
**Thank you for your service**



**Singing for Dr. King**



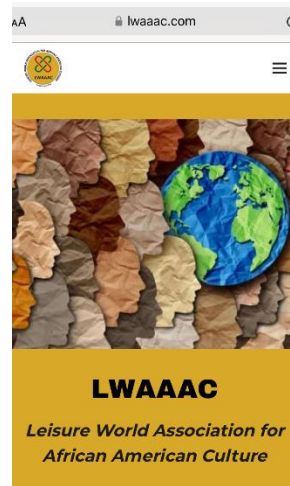
**Post-meeting dinner with friends**



New members' orientation



At National Harbor





**Luggage collection for Shepherd's Table**



**C.R. Gibbs, Black History Month**



**Ladies at tea**



**Fun Night**



**Juanita & Blake HS recipients of LWAAAC scholarship**



**JUNETEENTH**



Scenes from the June Gathering on the Lanai



Honoring our beloved lifetime members and wishing Mr. Robert Warr a happy 100<sup>th</sup> birthday

### ***Farewell, Dear Friend***



### **Mrs. Jeanette Campbell Dibble**

February 25, 1929-July 22, 2024

**Jeanette Dibble** had lived in Leisure World since 2010. Among the last times LWAAAC members saw Jeanette was as one of the honorees at the June 5 celebration of our beloved lifetime members who have reached and surpassed the age of 90. The picture above was taken by her friend, Millie Overton as she line-danced with friends at this year's Fun Night party on April 18. A warm and gracious lady, Jeanette will be missed by many. Her obituary can be viewed by clicking on the link below.

<https://www.legacy.com/us/obituaries/washingtonpost/name/jeanette-dibble-obituary?id=55709284>

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### ***From the Amenities Committee to the LWAAAC Community***

*The mission of the amenities committee is to reach out to our members and their families who are experiencing illness or loss as soon as we become aware of them. We realize that these are private moments, and sharing them, particularly with some folks that we might not even know, may be the very last thing on our minds. Whether or not you can do so yourself, or even permit others to contact us on your behalf, please know that the LWAAAC community stands by to offer you hope and comfort.*

Sincerely,

Karen Robinson, [blinkyl1@sbcglobal.net](mailto:blinkyl1@sbcglobal.net), (240) 293-6583

Louise Markray, [markraylv@gmail.com](mailto:markraylv@gmail.com), (301) 598-3839

Elise Nicholls, [elise2row@aol.com](mailto:elise2row@aol.com)

## STANDING COMMITTEE ROUNDUP

**Community Service**-Plans and implements outreach activities within and outside the Leisure World community and supports the wellbeing of students in Montgomery County. Juanita Sealy-Williams, Chair, [sealyjaws@gmail.com](mailto:sealyjaws@gmail.com), (301) 822-4531

**Membership**-Enrolls members and maintains a membership database. Alfonso Holston, Chair, [aholston38@gmail.com](mailto:aholston38@gmail.com) (301) 438-3537

*Thanks to everyone for joining and renewing LWAAAC membership. As of July 8, LWAAAC has 231 members and of that number, thirteen individuals are new members. For inquiries pertaining to LWAAAC membership, contact the membership committee at [lwaaacmembership@gmail.com](mailto:lwaaacmembership@gmail.com).*

**Public Relations**-Publishes information about LWAAAC members, events, and activities. Sherry Weaver, Chair, [lwaaacprcom@gmail.com](mailto:lwaaacprcom@gmail.com) (301) 275-8918

*Please see the website, [lwaaac.com](http://lwaaac.com), under “Meet Your Neighbor,” for the latest profile:*



*“Elizabeth Brooks Evans and John Randall: A Honeymoon Every Month.” Over the summer, PR will welcome new members and work on redesigning the masthead and format of The Drumbeat, which will appear in the first edition of volume 8, to be published this fall.*

**Programs**-Plans and executes educational, social, and recreational events. Sandy Henderson, Chair, [sky99henderson@gmail.com](mailto:sky99henderson@gmail.com), (202) 730-5130



LWAAAC Trekkers  
(Jeanette Dibble, 3<sup>rd</sup> from right)



Health & Wellness Event, 6/25  
(Sponsored by Mu Nu Chapter/Omega Psi Phi)

## SOME LEISURE WORLD HAPPENINGS\*

### NATIONAL NIGHT OUT



**Tuesday, Aug. 6, from 4-7 p.m., Clubhouse II parking lot**

Join the nation's annual community-building event that promotes police-community partnerships leading to local neighborhood safety. Sponsored by the Emergency Preparedness Committee and the Montgomery County Office of Emergency Management and Homeland Security. Free.

### COMMITTEE FOR THE HOMELESS AND WORKING POOR

CHWP is now gearing up for their **Teacher Supply Drive on Friday, August 23rd - 9-12. Drop off will be at CH1.** Needed items include wide ruled notebook paper; composition books; construction paper; crayon boxes; colored pencils; pencil eraser caps; large pink erasers; plastic bags; children's scissors; tissue; paper towels; disinfecting wipes; rulers; non-toxic markers; highlighters; sharpies; and number 2 pencils.

*\*Read the Leisure World News for comprehensive information about what's going on in LW.*

## 4 US

ArixMed Choking Rescue suction device that can airway obstructions in

ArixMed is easy to use, Simply place the device to create a seal, push up to remove the lodged



Device is a non-invasive quickly and safely clear choking emergencies.

almost anyone can use it! over the mouth and nose down the handle, and pull food or object in seconds.

<https://arixmed.com/>

## *The Drumbeat*

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*The Drumbeat* is issued quarterly. It's generated by the public relations committee and approved by the president. It does not endorse political candidates or publish information intended to elicit personal or commercial profit, and it promotes no religious beliefs. The 2023-24 public relations committee was chaired by Sherry Weaver, who was joined by Millie Overton, Connie Ambush, and Patricia Means.

Please direct comments or questions to LWAAAC, Attn: Public Relations Committee, POB 12316, Silver Spring, MD 20908.

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**Thank you for reading *The Drumbeat*.**

Sherry Weaver, Editor

[lwaaacprcom@gmail.com](mailto:lwaaacprcom@gmail.com)

**DON'T FORGET TO CHECK IN FREQUENTLY ON THE WEBSITE:  
LWAAAC.COM.**

*Photographs in this edition of The Drumbeat were taken by  
Sandy Henderson, Alfonso Holston, Millie Overton, Antoinette Schooler, and Sherry Weaver.*



**Let the LWAAAC circle be unbroken.**