

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Zee Zees Cinnamon Crisp Bar (V) (DF) Cinnamon Crumble (V)	2 Cinnamon Chex Cereal & Educational Snacks (V) Blueberry Burst Muffin (V)	3 Zee Zees Berry Apple Crisp Bar (V) (DF) Lemon Muffin (V)	4 Blueberry Burst Bagel (∨) String Cheese & Cinnamon Grahams (∨)	5 Yogurt & Educational Snacks (V) Vanilla Concha Bread (V)
8 Corn Chex Cereal & Educational Snacks (V) Yogurt & Cinnamon Grahams (V)	9 Plain Bagel (∨) Banana Muffin (∨)	10 Yogurt & Educational Snacks (V) String Cheese & Cinnamon Grahams (V)	11 Zee Zees Cinnamon Crisp Bar (V) (DF) French Toast Muffin (V)	12 Cinnamon Crumble (V) Cinnamon Chex Cereal & Educational Snacks (V)
15 Blueberry Chex (V) (DF) String Cheese & Cinnamon Grahams (V)	16 Blueberry Burst Muffin (V) Yogurt & Educational Snacks (V)	17 Blueberry Burst Bagel (V) Cinnamon Crumble (V)	18 Zee Zees Berry Apple Crisp Bar (V) (DF) Lemon Muffin (V)	19 Vanilla Concha Bread (V) Yogurt & Cinnamon Grahams (V)
22 Corn Chex Cereal & Educational Snacks (V) Zee Zees Berry Apple Crisp Bar (V) (DF)	23 Yogurt & Educational Snacks (V) Banana Muffin (V)	24 French Toast Muffin (V) Corn Chex Cereal & Educational Snacks (V)	25 Corn Chex Cereal & Educational Snacks (V) Yogurt & Cinnamon Grahams (V)	26 Zee Zees Cinnamon Crisp Bar (V) (DF) Cinnamon Crumble (V)
29 Zee Zees Cinnamon Crisp Bar (V) (DF) Cinnamon Crumble (V)	30 Cinnamon Chex Cereal & Educational Snacks (V) Blueberry Burst Muffin (V)	31 Zee Zees Berry Apple Crisp Bar (V) (DF) Lemon Muffin (V)		

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

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This institution is an equal opportunity provider. All grains offered are whole-grain rich. Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served. Dairy-Free (DF) Vegetarian (V)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Bites (DF) Flame-Broiled Beef Cheeseburger SunButter & Jelly Sliced Sandwich Kit (V) Steamed Corn (V) (DF)	2 All Beef Hot Dog (DF) Vegan Jamaican Calzoni (V) (DF) Bagel with Cream Cheese (V) Carrots (V) (DF)	3 Beef & Bean Burrito (DF) Classic Spaghetti & Meatballs (DF) Cheese Sub Sandwich (V) Chili Citrus Black Beans & Corn (V)	4 BBQ Beef Rib Sandwich (DF) Green Chili Cheese & Bean Quesadilla (V) Veggie Chef Salad (V) Chopped Romaine & Sliced Tomatoes (V) (DF)	5 Cheese Pizza (V) Chicken Teriyaki w/ Brown Rice (DF) Chicken Salad Sandwich (DF) Coleslaw (V) (DF)
8 Bean & Cheese Burrito (V) Crispy Chicken Sandwich (DF) Cheese Pizza Klt (V) Carrots (V) (DF)	9 Chicken Bites (DF) Chicken Tacos Cheese Sub Sandwich (V) Seasoned Green Beans (V) (DF)	10 Pancakes & Cheesy Omelet (V) Orange Breaded Chicken (DF) Egg Salad Sandwich (V) (DF) Seasoned Carrots, Corn & Peas (V)	11 Chicken Burrito Bowl Creamy Pasta Alfredo (V) Chicken Salad Sandwich (DF) Zesty Broccoli Florets (V) (DF)	12 Cheese Enchilada (V) Flame-Broiled Beef Cheeseburger Turkey Sandwich (DF) Black Beans (V) (DF)
15 All Beef Hot Dog (DF) Vegan Jamaican Calzoni (V) (DF) SunButter & Jelly Sliced Sandwich Kit (V) Green Peas (V) (DF)	16 Creamy Pasta Alfredo (V) Flame-Broiled Beef Hamburger (DF) Veggie Chef Salad (V) Diced Carrots (V) (DF)	17 BBQ Chicken Drumstick with Cheesy Rice Green Chile Cheese & Chicken Quesadilla Chicken Salad Sandwich (DF) Chili Citrus Black Beans & Corn (V)	18 BBQ Beef Rib Sandwich (DF) Cheese Pizza (V) Bagel with Cream Cheese (V) Fresh Green Leaf Lettuce & Sliced Tomatoes (V) (DF)	19 Bean & Cheese Pupusa (V) Pasta Lo Mein with Teriyaki Meatballs (DF) Cheese Sub Sandwich (V) Coleslaw (V) (DF)
22 Bean & Cheese Burrito (V) Flame-Broiled Beef Hamburger (DF) Cheese Pizza Klt (V) Diced Carrots (V) (DF)	23 Chicken Tamale with Seasoned Rice (DF) Classic Spaghetti & Meatballs (DF) Cheese Sub Sandwich (V) Lemon Pepper Green Beans (V) (DF)	24 Chicken Bites (DF) Pretzel Nacho Calzoni (V) Turkey Sandwich (DF) Seasoned Carrots, Corn & Peas (V)	25 Cheese Enchilada (V) Pepperoni Pizza Chicken Salad Sandwich (DF) Zesty Broccoli Florets (V) (DF)	26 Pancakes & Cheesy Omelet (V) Hot Meatball Sub Egg Salad Sandwich (V) (DF) Cilantro Lime Pinto Beans (V) (DF)
29 Chicken Bites (DF) Flame-Broiled Beef Cheeseburger SunButter & Jelly Sliced Sandwich Kit (V) Steamed Corn (V) (DF)	30 All Beef Hot Dog (DF) Vegan Jamaican Calzoni (V) (DF) Bagel with Cream Cheese (V) Carrots (V) (DF)	31 Beef & Bean Burrito (DF) Classic Spaghetti & Meatballs (DF) Cheese Sub Sandwich (V) Chili Citrus Black Beans & Corn (V)		

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Vegetable of the Day

Dairy-Free (DF) Vegetarian (V)

options available daily – if not listed on the menu, available upon request



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Educational Snacks with Sunbutter (V)	2 Savory Pizza Crackers (V)	3 Cinnamon Grahams with Fruit (∨)	4 Cheddar Crisp Crackers	5 Honey Wheat Crackers with Fruit (V) (DF)
8 Honey Grahams with Fruit (∨)	9 Cheddar Crisp Crackers	10 Cinnamon Grahams with Fruit (∨)	11 Educational Snacks with Fruit (V)	12 Veggie Crackers w/ Fruit (∨)
15 Cheddar Crisp Crackers	16 Honey Wheat Crackers with String Cheese (V)	17 Dino Bites (V)	18 Savory Pizza Crackers (V)	19 Educational Snacks with Sunbutter (V)
22 Veggie Crackers w/ Fruit (∨)	23 Cheddar Crisp Crackers	24 Honey Wheat Crackers with Fruit (V) (DF)	25 Educational Snacks with Fruit (V)	26 Honey Grahams with Fruit (∨)
29 Educational Snacks with Sunbutter (V)	30 Savory Pizza Crackers (∨)	31 Cinnamon Grahams with Fruit (∨)		

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cheese Please! Pizza Chef Kit (∨)	2 Snacker Pack! Goldfish Cheddar Crackers (V)	3 Educational Snacks (∨)	4 Lunch Bundle: Turkey, Cheese, Crackers, Celery	5 Veggie Chef Salad (V)
8 Snacker Pack! Goldfish Cheddar Crackers (∨)	9 Lunch Bundle: Turkey, Cheese, Crackers, Celery	10 Snacker Pack! Crackers, Celery & Sunbutter (∨)	11 Garden Ranch Salad with Chicken	12 Cheese Please! Pizza Chef Kit (∨)
15 Snacker Pack! Educational Snacks & Sunflower Seeds (V)	16 Veggie Chef Salad (∨)	17 Cheese Please! Pizza Chef Kit (V)	18 Lunch Bundle: Turkey, Cheese, Crackers, Celery	19 Snacker Pack! Goldfish Cheddar Crackers (∨)
22 Crackers, String Cheese & Broccoli (V)	23 Cheese Please! Pizza Chef Kit (∨)	24 Lunch Bundle: Turkey, Cheese, Crackers, Celery	25 Snacker Pack! Goldfish Cheddar Crackers (V)	26 Snacker Pack! Cinnamon Grahams, Celery & Sunbutter (V)
29 Cheese Please! Pizza Chef Kit (V)	30 Snacker Pack! Goldfish Cheddar Crackers (∨)	31 Educational Snacks (∨)		

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