

## **SHOW UP FOR SCHOOL 2021-22** TIPS FOR GETTING BACK TO CLASS

# PREPARE

Pack extra masks, hand sanitizer and a water bottle.



Review

Hand-washing techniques.



### CHECK **FOR SIGNS**



Of illness. Do not send kids to school with symptoms:

- Fever over 100 F
  - Sore throat
  - Cough
  - New loss of taste or smell
  - Severe headache
  - Diarrhea or vomiting
  - Difficulty breathing
  - Runny nose



Your school's processes for communicating with parents about face coverings and other COVID-related policies and protocols.

#### **MAKE SURE**

Your child is up to date on vaccinations, including their flu vaccine





#### **TALK WITH** YOUR CHILD



About how their school experience may be a little different from what they are used to. Be aware of signs of increased stress or anxiety.



