



CCNC Membership Form 2025–26

Cowick Cats Netball Club (CCNC)

Please complete all relevant sections of this form. One form per member. Completed forms should be returned via email to: cowickcatsnetballclub@gmail.com

Member Details

Full Name: _____

Preferred Name: _____

Date of Birth (DD/MM/YYYY): _____

Pronouns (e.g., she/her, he/him, they/them): _____

Address: _____

Postcode: _____

Phone Number: _____

Email: _____

*Emergency Contact (*coaches will be privy to this information)

Full Name: _____

Relationship to Member: _____

Phone Number: _____

Medical and Health Information

Please detail any medical conditions or injuries: _____

Please list any allergies or dietary requirements: _____

Doctor's Name and Surgery: _____

GP Phone Number: _____

Membership Confirmation

Have you set up payment for your membership fees? YES / NO

Do you give consent for your data to be used according to CCNC GDPR Policy? YES / NO

Do you confirm you have read and agree to all CCNC policies, including Code of Conduct, Safeguarding and Social Media? YES / NO

Club Expectations and Kit Requirements

All members are expected to join their team Spond page. For members under 18, guardians must join Spond as well. Spond is used for all correspondence between the club and its members. If a member cannot attend training or a game, they must inform their coach at least one day in advance using Spond. Team selection is based on training attendance.

Each member is required to purchase a training top from the club kit shop on our website (**www.cowickcatsnetballclub.com**) to be worn with plain black bottoms of their choice. Members who are old enough to play in matches must wear netball specific trainers to training and matches. (This is vital for injury prevention). Some teams will be required to purchase rather than loan a netball dress. Members will be informed upon joining if this applies.

Members should also bring a water bottle and a netball to **each** training or match session.

The club offers the **first two sessions free** to all new members and provides sibling discounts. If any member has concerns about payment, they are expected to contact the club immediately via **cowickcatsnetballclub@gmail.com**. All financial discussions will be handled confidentially.

Signature and Consent

Signature (Member if over 18 or Parent/Guardian): _____

Print Name: _____

Date: _____