

Featured programs at

Wallaby Workout

9.30am-11.30am
Wednesdays of school terms
Community playgroup
\$5 per family



Social Badminton
11am-1pm, Tuesdays
All ages
Beginners & experienced
\$5 per session



Walkerville Youth Connect

4pm-6pm, Mondays & Tuesdays
Free choice sports and activities
\$5 per child



Social Pickleball

11am-1pm, Mondays
1.30pm-3.30pm, Thursdays
12.30pm-2.30pm, Fridays
\$5 per session



Walk(erville) Basketball
1.30pm-2.30pm, Mondays
All ages
Beginners & experienced
\$8 per session



Social Table Tennis
11.30am-1.30pm, Thursdays
All ages
Beginners & experienced
\$5 per session



Walk(erville) Netball
1.30pm-2.30pm, Tuesdays
All ages
Beginners & experienced
\$8 per session



Exercise Programs

Over 50s Better Balance & Easy Moves - \$8 per session
Walkerville Fitness & Pilates - \$10 per session



22 Too Gymnastics

Children, adults & people living with disability
Beginners & experienced
Contact 0434 189 037



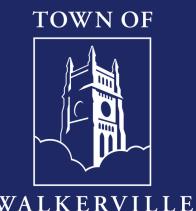
The W Programs Guide

Play. Celebrate.
Come together.



walkervillereccentre.com.au

39 Smith Street
Walkerville SA 5081 0407 657 845
thew@walkerville.sa.gov.au



The W: weekly schedule

Monday

- Bootcamp Fitness**
6.30am-7.30am
Contact Michael 0414 663 744
- Better Balance Exercise - Over 50s**
8.30am-9.30am
Contact the Centre
- Interval Fitness Class**
9.30am-10.30am
Contact the Centre
- Social Pickleball**
11am-1pm
Contact the Centre
- Baby Move n Groove**
1.30pm-2.30pm
Contact Lizzie 0409 832 615
- Walk(erville) Basketball**
1.30pm-2.30pm
Walking Basketball
Contact the Centre
- Walkerville Youth Connect Program**
4pm-6pm
Contact the Centre
- Walkerville Netball Club**
6.30pm-8.30pm
Contact 0422 131 038

Tuesday

- Pilates**
6.30am-7.30am
Contact Michael 0414 663 744
- Better Balance Exercise - Over 50s**
8.30am-9.30am
Contact the Centre
- Pilates**
9.30am-10.30am
Contact the Centre
- Social Badminton**
11am-1pm
Contact the Centre
- Walk(erville) Netball**
1.30pm-2.30pm
Walking Netball
Contact the Centre
- Walkerville Youth Connect Program**
4pm-6pm
Contact the Centre
- 22Too Gymnastics**
4pm-5pm
Contact 0434 189 037
- Walkerville Netball Club**
6.30pm-8.30pm
Contact 0422 131 038

Wednesday

- Wallaby Workout**
Walkerville Community Playgroup
9.30am-11.30am
Contact the Centre
- 22Too Gymnastics**
4pm-5pm
Contact 0434 189 037
- Norwood Basketball Club**
6pm-9pm
Contact 8165 0398



Thursday

- Bootcamp Fitness**
6.30am-7.30am
Contact Michael 0414 663 744
- Interval Fitness Class**
8.30am-9.30am
Contact the Centre
- Active Connections Program**
9.30am-11.30am
Social sports for people aged 50+
Contact 8342 8091
- Social Table Tennis**
11.30am-1.30pm
Contact the Centre
- Social Pickleball**
1.30pm-3.30pm
Contact the Centre
- 22Too Gymnastics**
1pm-7.30pm
Contact 0434 189 037
- Adelaide Community Basketball Association**
4pm-6pm
Contact 8165 0398

Friday

- Easy Moves - Over 50s**
8.30am-9.30am
Contact the Centre
- Better Balance - Over 50s**
9.30am-10.30am
Contact the Centre
- 22Too Gymnastics**
10am-12pm
Contact 0434 189 037
- Social Pickleball**
12.30pm-2.30pm
Contact the Centre
- Baby Move n Groove**
1.30pm-2.30pm
Contact Lizzie 0409 832 615
- Volleyball SA**
4pm-9pm
Contact 8363 1265

Saturday

- Adelaide Community Basketball Association**
9.30am-5pm
Contact 8165 0398

Sunday

- Norwood Basketball Club**
8am-11am
Contact 8165 0398
- Walkerville Netball Club**
11.30am-12.30pm
Sensory-friendly program
Contact 0422 131 038
- Northern Stars Pickleball**
3pm-5pm
Contact 0402 119 892

Casual hire

- Casual court hire available
Monday-Friday
All sports - Basketball,
Pickleball,
Badminton and Volleyball
Contact the Centre

Volunteers wanted

Be a part of The W community!
Various positions available, including
Wallaby Workout playgroup, social sports
and admin support. Email
thew@walkerville.sa.gov.au or call
0407 657 845 to express your interest.

The W staffed hours

- Monday: 8am - 6pm
- Tuesday: 8am - 6pm
- Wednesday: 8am - 6pm
- Thursday: 8am - 6pm
- Friday: 8am - 4pm