

Featured programs at

Wallaby Workout

9.30am-11.30am
Wednesdays of school terms
Community playgroup
\$5 per family



Walkerville Youth Connect

4pm-6pm, Mondays & Tuesdays
Free choice sports and activities
\$5 per child



Social Pickleball

11am-1pm, Mondays
1.30pm-3.30pm, Thursdays
12.30pm-2.30pm, Fridays
\$5 per session



Social Badminton

11am-1pm, Tuesdays
All ages
Beginners & experienced
\$5 per session



Walk(erville) Basketball

1.30pm-2.30pm, Mondays
All ages
Beginners & experienced
\$8 per session



Social Table Tennis

11.30am-1.30pm, Thursdays
All ages
Beginners & experienced
\$5 per session



Walk(erville) Netball

1pm-2.15pm, Tuesdays
All ages
Beginners & experienced
\$8 per session



Exercise Programs

Over 50s Better Balance & Easy
Moves - \$8 per session
Walkerville Fitness & Pilates -
\$10 per session



22 Too Gymnastics

Children, adults & people living
with disability
Beginners & experienced
Contact 0434 189 037



The W Programs Guide

**Play. Celebrate.
Come together.**

walkervillerecentre.com.au

39 Smith Street
Walkerville SA 5081

0407 657 845
thew@walkerville.sa.gov.au



TOWN OF



WALKERVILLE



The W: weekly schedule



Monday

Bootcamp Fitness
6.30am-7.30am
Contact Michael 0414 663 744

Better Balance Exercise - Over 50s
8.30am-9.30am
Contact the Centre

Interval Fitness Class
9.30am-10.30am
Contact the Centre

Social Pickleball
11am-1pm
Contact the Centre

Walk(erville) Basketball
1.30pm-2.30pm
Walking Basketball
Contact the Centre

Baby Move n Groove
2pm-3pm
Contact Lizzie 0409 832 615

Walkerville Youth Connect Program
4pm-6pm
Contact the Centre

Walkerville Netball Club
6.30pm-8.30pm
Contact 0422 131 038

Tuesday

Pilates
6.30am-7.30am
Contact Michael 0414 663 744

Better Balance Exercise - Over 50s
8.30am-9.30am
Contact the Centre

Pilates
9.30am-10.30am
Contact the Centre

Social Badminton
11am-1pm
Contact the Centre

Walk(erville) Netball
1pm-2.15pm
Walking Netball
Contact the Centre

22 Too Gymnastics
4pm-5pm
Contact 0434 189 037

Walkerville Youth Connect Program
4pm-6pm
Contact the Centre

Walkerville Netball Club
6.30pm-8.30pm
Contact 0422 131 038

Wednesday

Wallaby Workout
Walkerville Community Playgroup
9.30am-11.30am
Contact the Centre

22 Too Gymnastics
4pm-5pm
Contact 0434 189 037

Norwood Basketball Club
6pm-9pm
Contact 8165 0398



Thursday

Bootcamp Fitness
6.30am-7.30am
Contact Michael 0414 663 744

Interval Fitness Class
8.30am-9.30am
Contact the Centre

Active Connections Program
9.30am-11.30am
Social sports for people aged 50+
Contact 8342 8091

Social Table Tennis
11.30am-1.30pm
Contact the Centre

22 Too Gymnastics
1pm-7.30pm
Contact 0434 189 037

Social Pickleball
1.30pm-3.30pm
Contact the Centre

Adelaide Community Basketball Association
4pm-6pm
Contact 8165 0398

Friday

Easy Moves - Over 50s
8.30am-9.30am
Contact the Centre

Social Pickleball
12.30pm-2.30pm
Contact the Centre

Better Balance - Over 50s
9.30am-10.30am
Contact the Centre

Baby Move n Groove
1.30pm-2.30pm
Contact Lizzie 0409 832 615

22 Too Gymnastics
10am-12pm
Contact 0434 189 037

Volleyball SA
4pm-9pm
Contact 8363 1265

Saturday

Adelaide Community Basketball Association
9.30am-5pm
Contact 8165 0398

Sunday

Norwood Basketball Club
8am-11am
Contact 8165 0398

Walkerville Netball Club
11.30am-12.30pm
Sensory-friendly program
Contact 0422 131 038

Northern Stars Pickleball
3pm-5pm
Contact 0402 119 892

Casual hire

Casual court hire available
Monday-Friday
All sports - basketball,
pickleball,
badminton and volleyball
Contact the Centre

The W staffed hours

Monday: 8am - 6pm
Tuesday: 8am - 6pm
Wednesday: 8am - 9pm
Thursday: 8am - 6pm
Friday: 8am - 4pm

Volunteers wanted

Be a part of The W community!
Various positions available, including
Wallaby Workout playgroup, social sports
and admin support. Email
thew@walkerville.sa.gov.au or call
0407 657 845 to express your interest.