

ANA Standards of nursing practice

STANDARDS OF PROFESSIONAL NURSING PRACTICE

American Nurses Association (ANA)

ANA Standards of Practice

The Standards of Care should be used in conjunction with the Scope of Practice which addresses the role and boundaries of practice for registered nurses. The professional practice of the nurse is characterized by the application of relevant theories, research, and evidence-based guidelines to explain human behavior and related phenomena. Such application also provides a basis for nursing intervention and evaluation of patient-oriented outcomes.

	Standards	Definitions	Measurement criteria
1	Assessment:	<ul style="list-style-type: none">The registered nurse collects comprehensive data pertinent to the healthcare consumer's health and/or the situation.	<ul style="list-style-type: none">Collects data in a systematic and ongoing process.Data are collected from the patient, family, other healthcare providers, and the community, as appropriate, to develop a holistic picture of the patient's needs.Priorities data collection activities based on the patients immediate condition or needs determine the priority of data collection

			<ul style="list-style-type: none"> • Collects pertinent data using appropriate assessment techniques • Document relevant data in a retrievable form
2	Diagnosis:	<ul style="list-style-type: none"> • The registered nurse analyzes the assessment data to determine the diagnoses or the issues. 	<ul style="list-style-type: none"> • Derives diagnoses from the assessment data • Validates the diagnoses through nursing interactions with patient, significant others, and health care providers, when possible and appropriate. • Diagnoses and care issues are prioritized and documented in a manner that facilitates prioritizing and determination of expected outcomes and developing or modifying the plan.
3	Outcomes Identification	<ul style="list-style-type: none"> • The registered nurse identifies expected outcomes for a plan individualized to the healthcare consumer or the situation. 	<ul style="list-style-type: none"> • Outcomes are derived from actual or potential diagnoses and care issues. • Outcomes are formulated in collaboration with the patient, family, and other healthcare providers, in relation to the level of participation in care and decision making. • Outcomes are culturally appropriate and realistic in relation to the patients present and potential capabilities • Defines expected outcomes in terms of the patient, patient values, ethical considerations, environment, or situation with such consideration as associated risks, benefits, costs, current scientific evidence, and clinical expertise when formulating expecting outcomes.

			<ul style="list-style-type: none"> • Outcomes are attainable in relation to resources available; outcomes consider associated risks, benefits, current evidence, clinical expertise, and cost. • Outcomes include a time estimate for attainment for expected outcome. • Outcomes provide direction for continuity of care • Outcomes are modified on the basis of changes in patient characteristics or evaluation of the situation. • Modifies expected outcomes based on changes in the status of the patient or evaluation of the situation. • Outcomes are documented as measurable goals.
4	Planning	<ul style="list-style-type: none"> • The registered nurse develops a plan that prescribes strategies and alternatives to attain expected outcomes. 	<ul style="list-style-type: none"> • The plan reflects current best evidence. • The plan is individualized to the patient and patient's condition or needs • Develops the plan with the patient, significant others, and health care providers, when appropriate. • Includes strategies within the plan that address each of the identified diagnosis or issues, which may include strategies for promotion and restoration of health and prevention of illness, injury, and disease. • Provides for continuity within the plan. • Incorporates an implementation pathway or timeline within the plan.

			<ul style="list-style-type: none"> • Utilizes the plan to provide direction to other members of the health care team. • Defines the plan to reflect current status, rules, and regulations and standards. • The plan includes strategies for promotion and restoration of health and prevention of further illness, injury, and disease. • Integrates current trends and research affecting care in the planning process. • Considers the economic impact of the plan. • Uses standardized language or recognized terminology to document the plan.
5	Implementation	<ul style="list-style-type: none"> • The registered nurse implements the identified plan. 	<ul style="list-style-type: none"> • Interventions are consistent with the established plan of care • Implements interventions in a safe and appropriate manner, • documents interventions • Utilizes evidence –based interventions and treatments specific to the diagnosis or problem. • Collaborates with nurse colleagues to implement the plan. • Includes the patient and family participate in implementing the plan according to their level of participation and decision-making capabilities.

			<ul style="list-style-type: none"> Utilizes community resources and systems to implement the plan. Interventions are responsive to the uniqueness of the patient and family and create a compassionate and therapeutic environment, with the aim to promote comfort and prevent suffering.
5A	Coordination of Care	<ul style="list-style-type: none"> The registered nurse coordinates care delivery 	<ul style="list-style-type: none"> Coordinates implementation of the plan. Documentation of the care.
5B	Health Teaching and Health Promotion	<ul style="list-style-type: none"> The registered nurse employs strategies to promote health and a safe environment. 	<ul style="list-style-type: none"> Provides health teaching that address such topics as healthy lifestyles, risk reducing behaviors, developmental needs, activities of daily living, and preventive self-care. Uses health promotion and health teaching methods appropriate to the situation and the patient's developmental level, learning needs, readiness, ability to learn, language preference , and culture. Seeks opportunities for feedback and evaluation of the effectiveness of the strategies used.
5C	Consultation	<ul style="list-style-type: none"> The graduate-level prepared specialty nurse or advanced practice registered nurse provides consultation to influence the identified plan, 	<ul style="list-style-type: none"> Synthesizes clinical data, theoretical frameworks, and evidence when providing consultation. Facilitates the effectiveness of a consultation by involving the patient in decision-making and negotiating role responsibilities.

		enhance the abilities of others, and effect change.	<ul style="list-style-type: none"> Communicates consultation recommendations that facilitates change.
5D	Prescriptive Authority and Treatment	<ul style="list-style-type: none"> The advanced practice registered nurse uses prescriptive authority, procedures, referrals, treatments, and therapies in accordance with state and federal laws and regulations. 	<ul style="list-style-type: none"> Prescribes evidenced-based treatments, therapies, and procedures considering the patient's comprehensive health care needs. Prescribes pharmacological agents based on a current knowledge of pharmacology and physiology and based on clinical indicators, the patient's status needs, and the results of diagnostic and laboratory tests. Evaluates therapeutic and potential adverse effects and potential adverse effects of pharmacological and non-pharmacological treatment. Provides patients with information about intended effects and potential adverse effects of proposed prescriptive therapies. Provides information about costs, alternative treatments and procedures, as appropriate.
6	Evaluation	<ul style="list-style-type: none"> The registered nurse evaluates progress toward attainment of outcomes. 	<ul style="list-style-type: none"> Evaluation is systematic and ongoing using evidence-based techniques and instruments. Involves the patient, significant other, and the health care providers in the evaluation process, when appropriate

			<ul style="list-style-type: none"> • Evaluates the effectiveness of interventions toward achieving the desired outcome. • Uses ongoing assessment data to revise diagnoses, outcomes and plan of care as needed • Documents the evaluation, revisions in, outcomes, and the plan of care, • Evaluates the effectiveness of interventions in relation to outcomes. • Documents the patients response to interventions •
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ANA Standards of Professional Performance

The Standards of Professional Performance describe a competent level of behavior in the professional role, including activities related to quality of professional practice, professional practice evaluation, education, collegiality, ethics, collaboration, research, resource utilization, and leadership. The measurement criteria describe how the standards are met.

Membership in professional organizations, certification, continuing education, and the pursuit of advanced degrees are additional methods of demonstrating professionalism.

7	Ethics	<ul style="list-style-type: none"> • The registered nurse practices ethically. 	<ul style="list-style-type: none"> • Practice is guided by code of ethics for nurses with interpretive statement • Maintains therapeutic and professional patient-nurse relationship
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8	Culturally congruent practice.	<ul style="list-style-type: none"> • The registered nurse practices in a manner that is congruent with cultural diversity and inclusion principles. 	<ul style="list-style-type: none"> • Demonstrates respect, equity, and empathy in actions and interactions with culturally diverse and vulnerable healthcare consumers. • Participates in life-long activities to understand cultural preferences... • Creates an inventory of one's own values, beliefs, and cultural heritage. • Applies knowledge of variations in health beliefs, practices, ... • Identifies the stage of the consumer's acculturation... • Considers the effects of discrimination and oppression and

			<ul style="list-style-type: none"> • Uses skills and tools that are appropriately vetted for the culture
9	Communication	<ul style="list-style-type: none"> • The registered nurse communicates effectively in a variety of formats in all areas of practice. 	<ul style="list-style-type: none"> • Communicates with the patient, significant others, and health care providers regarding patient care and nursing's role in the provision of care • Collaborates with patient, family and others health care providers in the formulation of overall goals and the plan of care and in the decisions related to care and delivery of services • Partners with others to effect change and generate positive outcomes • Document referrals, including provisions for continuity of care, as needed
10	Collaboration	<ul style="list-style-type: none"> • The registered nurse collaborates with the healthcare consumer, family, and others in the conduct of nursing practice. 	<ul style="list-style-type: none"> • Communicates with the patient, significant others, and health care providers regarding patient care and nursing's role in the provision of care • Collaborates with patient, family and others health care providers in the formulation of overall goals and the plan of care and in the

			<p>decisions related to care and delivery of services</p> <ul style="list-style-type: none"> • Partners with others to effect change and generate positive outcomes • Document referrals, including provisions for continuity of care, as needed
11	Leadership	<ul style="list-style-type: none"> • The registered nurse demonstrates leadership in the professional practice setting and the profession. 	<ul style="list-style-type: none"> • Engages on team work. • Works to create and maintain healthy work environments. • Teach others to succeed through mentoring. • Exhibits creativity and flexibility during change. • Directs coordination of care across settings and care givers. • Serves in key roles in the work settings by participating on committees, councils, and administrative. • Promotes advancement of the profession. • Display the ability to define a clear vision, the associated goals, and a plan to implement and measure progress.

			<ul style="list-style-type: none"> • Demonstrates energy, excitement and a passion for quality work. • Willingly accepts mistakes by self and others, thereby creating a culture in which risk-taking is not only safe, but expected.
12	Education	<ul style="list-style-type: none"> • The registered nurse attains knowledge and competence that reflects current nursing practice. 	<ul style="list-style-type: none"> • Participates in ongoing learning /educational activities to acquire and refine the knowledge and skills needed to care for clients. • The nurse demonstrates commitment to lifelong learning by maintaining professional records that provide evidence of competency and lifelong learning. • Seeks experiences to maintain clinical skills • Seeks knowledge and skills appropriate to the practice setting • Maintains professional records that provide evidence of competency and lifelong learning.
13	Evidence-Based Practice and Research	<ul style="list-style-type: none"> • The registered nurse integrates evidence 	<ul style="list-style-type: none"> • Utilize best available evidence including research findings to guide practice decisions

		and research findings into practice	<ul style="list-style-type: none"> • Participates in research activities as appropriate to the nurse's education and position such as the following: • Identifying clinical problems suitable for nursing research • Participating in data collection • Participating in a unit, organization, or community research committee • Sharing research activities with others conducting research • Critiquing research for application to practice • Uses research findings in the development of policies, procedures, and practice guidelines for patient care • Incorporates research as a basis for learning
14	Quality of Practice	<ul style="list-style-type: none"> • The registered nurse contributes to quality nursing practice. 	<ul style="list-style-type: none"> • Demonstrates quality by documenting the application of the nursing process in a responsible, accountable and ethical manner. • The nurse participates in clinical inquiry through quality improvement activities.

			<ul style="list-style-type: none"> • Uses quality improvement activities to initiate changes in nursing practice and health care delivery system • Uses creativity and innovation to improve nursing care delivery • Incorporates new knowledge to initiate changes in nursing practice if desired outcomes are not achieved. • Participates in quality improvement activities. • The nurse ensures that quality improvement activities incorporate the patient's and family's beliefs, values, and preferences as appropriate.
15	Professional Practice Evaluation	<ul style="list-style-type: none"> • Practice Evaluation The registered nurse evaluates her or his own nursing practice in relation to professional practice standards and guidelines, relevant statutes, rules, and regulations. 	<ul style="list-style-type: none"> • Engage in self-evaluation on a regular basis • The nurse seeks and reflects on constructive feedback regarding his or her own practice competencies from the team of patient, family, and other healthcare providers. • The nurse takes action to achieve performance goals identified during the evaluation process

			<ul style="list-style-type: none"> • Participates in systematic peer review as appropriate • Practice reflects knowledge of current practice standards, laws and regulations • Provides age appropriate care in culturally and ethnically sensitive manner
15	Resource Utilization	<ul style="list-style-type: none"> • The registered nurse utilizes appropriate resources to plan and provide nursing services that are safe, effective, and financially responsible. 	<ul style="list-style-type: none"> • Evaluates factors related to safety, effectiveness, availability and cost when practice options would result in the same expected patient outcome • Assists the patient and family in identifying and securing appropriate and available services to address health related needs • Assigns or delegates tasks as defined by the state nurse practice acts and according to the knowledge and skills of the designated care giver • Assigns or delegate tasks based on the needs and condition of the patient, the potential for harm, the stability of the patient's condition, the complexity of the task, and the predictability of the outcome

			<ul style="list-style-type: none"> Assists the patient and family in becoming informed consumers about the cost ,risks, and benefits of treatment and care
16	Collegiality/Environmental Health	<ul style="list-style-type: none"> The registered nurse practices in an environmentally safe and healthy manner. 	<ul style="list-style-type: none"> Shares knowledge and skills with peers and colleagues Provides peers with feedback regarding their practice. The nurse interacts with peers and colleagues to enhance his or her own professional practice and promote optimal patient outcomes. Maintains compassionate and caring relationships with peers and colleagues Contributes to an environment that is conducive to clinical education nursing students as appropriate Contributes to a supportive and healthy work environment

Source: Scope and Standards of Practice. 2nd Edition © 2010 American Nurses Association. Retrieved February 12, 2014 from http://www.texasnurses.org/associations/8080/files/ANA_Scope_Standards.pdf

American Nurses Association. Nursing: Scope and Standards of Practice. Washington, DC: American Nurses Association; 2004.

The new ANA Scope and Standards of Practice Call nurses to action – to **RAISE** the bar by:

Reading Nursing: Scope and Standards of Practice, Third Edition

Assessing the document and contemplating what it means to you and your practice

Integrating Scope and Standards of Practice into practice by developing culturally congruent care in every situation and setting

Sharing the word and encouraging other nurses to integrate Scope and Standards into practice

Excelling in using knowledge and conducting and applying research to achieve the highest quality, evidence-based care.

Source: Members of the Nursing Scope and Standards Revision Workgroup (2015). Issues up close - Announcing ANA's Nursing: Scope and Standards of Practice, Third Edition. American Nurse Today, 10(7), 18 – 19.