

PERFORMING TEAMS

Handbook



THE STUDIO
SCHOOL OF
DANCE



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MISSION & VISION

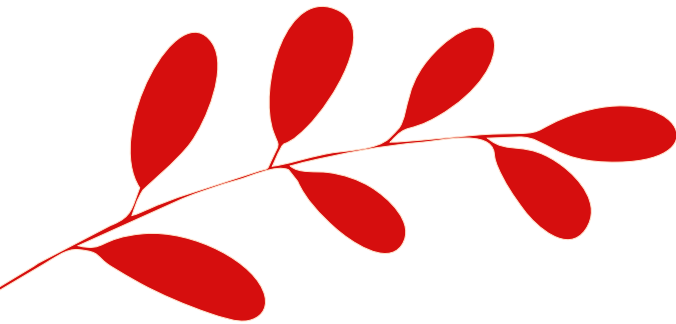
Trainees Mission: To introduce the structure and commitment of a youth company centered around the love of dance. We strive to positively lead by example and exude class, unity and strength. Trainees focus on developing technique through a variety of exposure and experiences.

Juniors Mission: To introduce the structure and commitment of a youth company centered around the love of dance. We strive to positively lead by example and exude class, unity and strength. Juniors is a continuation of Trainees where dancers continue to develop technique through a variety of exposure and experiences.

Company Mission: To embody the Studio mission of at The Studio, we strive to make bold, respectful, confident and technical dancers. Whether your dancer is looking for fun, wanting to make their dance teams, be competitive or a professional dancer, The Studio is here to offer the training under educated instructors. We hope our dancers will inspire you to dance too!

CLASS REQUIREMENTS

- Summer 2024
- Dance Season 2024-2025



Trainees:

- Summer 2024
 - Trainees Class
 - Ballet Class
- Dance Season 2024-2025
 - Trainees Class
 - Ballet Class
 - Leaps & Turns

Juniors:

- Summer 2024
 - Juniors Class
 - Ballet Class
 - Power & Technique
- Dance Season 2024-2025
 - Juniors Class
 - Ballet Class
 - Leaps & Turns
 - One other Class of Choice

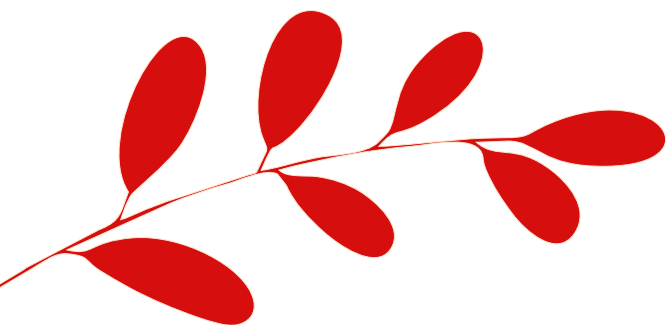
Company:

- Summer 2024
 - Company Rehearsal
 - Ballet Class
 - Power & Technique
- Dance Season 2024-2025
 - Company Rehearsal
 - Ballet Class
 - Leaps & Turns
 - One other Class of Choice
 - One Hour Studio Time



PERFORMANCE OPPORTUNITIES CONVENTIONS/COMPETITIONS

- Community Performances
- Conventions
- Competitions



Company:

- Fall 2024
 - KC Dance Day (Aug)
 - Old Settler's Day Parade (Sept)
 - Anthology Senior Living (Oct)
 - INOfusion Showcase (Nov)
 - The ONE Showcase (Dec)
 - Winter Spectacular (Dec)
- Spring 2025
 - Dancemakers* KC (Jan)
 - Innovative Dance (Feb)
 - Dancemakers* Branson (Feb)
 - Inferno Dance Competition (Mar)
 - Dance Effect Competition (Apr)
 - A Chance to Dance (Apr)
 - National Dance Week KC (Apr)
 - Annual Recital (June)
 - Dancemakers* Nationals (June)

Juniors:

- Fall 2024
 - Old Settler's Day Parade (Sept)
 - Anthology Senior Living (Oct)
 - INOfusion Showcase (Nov)
 - The ONE Showcase (Dec)
 - Winter Spectacular (Dec)
- Spring 2025
 - Dancemakers KC (Jan)
 - Innovative Dance (Feb)
 - A Chance to Dance (Apr)
 - National Dance Week KC (Apr)
 - Annual Recital (June)

Trainees:

- Fall 2024
 - Old Settler's Day Parade (Sept)
 - Winter Spectacular (Dec)
- Spring 2025
 - Annual Recital (June)
- Community Performances (TBA)

*Dancemakers

- Location based on dancers schedules
- Nationals based on selections



OPEN AUDITION PROCESS JUNE 10 8:30AM- 1:00PM



- TRAINEES

- Arrive 8:30AM
- Warm-Up/Stretch 8:30AM-9:00AM
- Learn 4 8-Counts 9:00AM-10:00AM
- Audition 10:30AM

- JUNIORS

- Arrive 8:30AM
- Warm-Up/Stretch 8:30-9:00AM
- Learn 6 8-Counts 9:00AM-10:00AM
- Audition 11:00AM

- COMPANY

- Arrive 8:30AM
- Warm-Up/Stretch 8:30AM-9:00AM
- Learn 8 8-Counts 9:00AM-10:00AM
- Audition 11:30AM

Results will be POSTED at 2 PM!

2024-2025 FINANCIALS

TRAINEES

\$175

- Costume Closet Fee - \$50/dance season
- Includes:
 - Trainees T-shirt
 - 1 pair Half-Soles
 - 1 pair Convertible Tights
 - 1 Ballet Bun Kit
 - 1 Studio Decal

JUNIORS

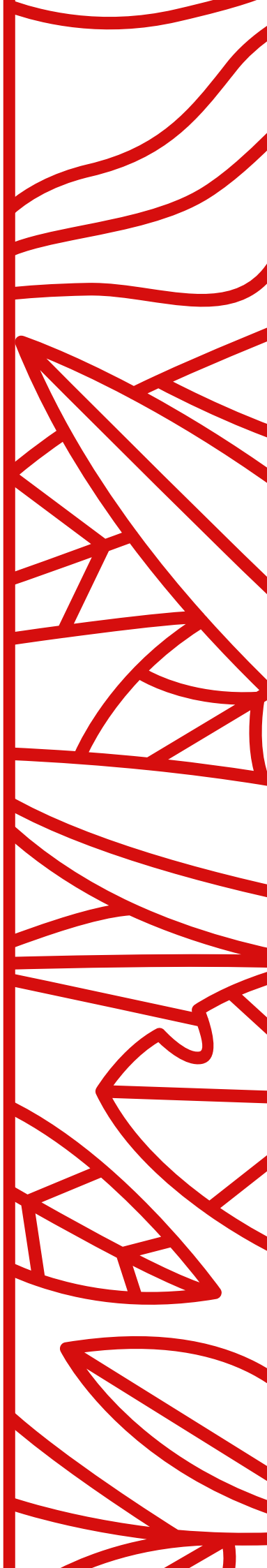
\$425

- Costume Closet Fee - \$100/dance season
- Includes:
 - Juniors T-shirt
 - 1 pair Half-Soles
 - 1 pair Convertible Tights
 - 1 Ballet Bun Kit
 - 1 Studio Decal

COMPANY

\$1525

- Costume Closet Fee - \$150/dance season
- Includes:
 - Company T-shirt
 - 1 pair Half-Soles
 - 1 pair Convertible Tights
 - 1 Ballet Bun Kit
 - 1 Studio Decal



NON-INCLUDED REQUIREMENTS

TRAINEES

- Team Apparel
 - Studio Merchandise
- Convention Fee
 - None
- Competition Fees
 - None

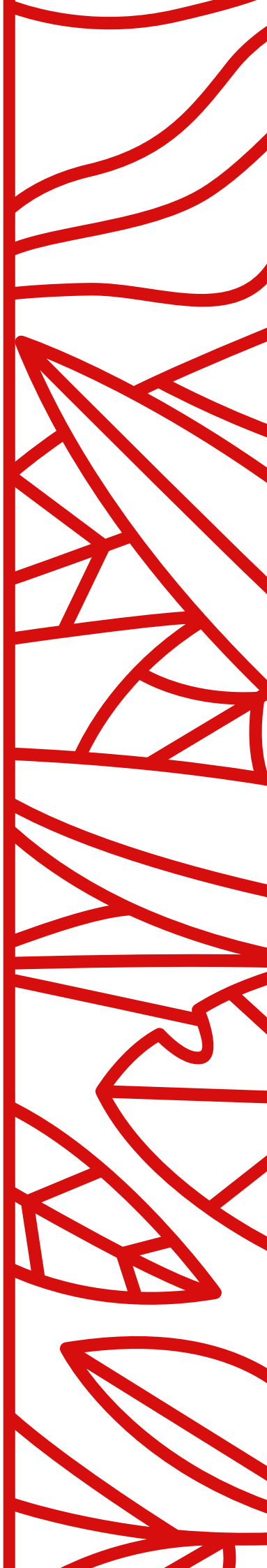
JUNIORS

- Team Apparel
 - Studio Merchandise
 - Juniors Warm-Up Jacket
 - Juniors Team Bag
- Convention Fee
 - Travel Fees
 - Group Registrations*
- Competition Fees
 - Variable
 - Billed per Competition*

COMPANY

- Team Apparel
 - Studio Merchandise
 - Company Warm-Up Jacket
 - Company Team Bag
- Convention Fee
 - Travel Fees
 - Group/Individual Registrations*
- Competition Fees
 - Variable
 - Billed per Competition*

*See attached Competition Estimations



CODE OF CONDUCT

ABSENCES:

- Attendance at rehearsals prior to a performance is required to perform.
- Excessive absences/tardies (6 per class) will result in suspension from pieces and/or performance(s).
- Any uncommunicated absence is not allowed.
- If absent or tardy from a rehearsal is unavoidable, dancers must inform Miss Molly one month prior to the date of absence, along with a one week follow-up reminder.
- If absence from a rehearsal is unavoidable, dancers are expected to learn any new choreography before the next rehearsal.

DANCER EXPECTATIONS

- Positively represent The Studio School of Dance and Company at all times.
- Performing teams will have a demerit system. This will include but not limited too arriving late, disrespect, negative attitudes, full participation in class and preparation of choreography and/or costumes (applies to class and rehearsal). Any teacher will be able to give a demerit.
- NO DRAMA, bullying or disrespectful comments regarding any student, teacher, staff, costume or event attended. If any occur, it will result in an automatic three demerits.
- All parents and dancers will be notified for their students demerit.
- Once a student has reached three demerits, the director has the right to remove them from part of a dance, a whole dance, not allow them to perform their solo or have them do community service for The Studio as reprimand.
- All November weekend rehearsals are mandatory to fully participate in the Winter Spectacular.
- No cell phones are to be used during rehearsals unless told otherwise by the director. There will also be NO CELL PHONES in the studio during rehearsals with other groups or dancers.
- Prior to performances, it is required to remove or cover any body piercings or tattoos. Additionally, please communicate any significant changes to your appearance.

CHOREOGRAPHY

- Our year will be spent creating and developing a variety of pieces that highlight the technical strengths and abilities of our Performing Teams
- If applicable, Company members will collaborate and choreograph their own piece.
- We encourage dancers to create their own pieces such as a solo, duet, or trio. Required rehearsal time will be allotted for the director to assist/ approve progress in the choreography process.

STUDIO STAFF EXPECTATIONS

- Centralize all information and communicate through the app BAND and/or Email.
- The app BAND will include rehearsal and performance videos, photos, polls, reminders on upcoming events and the schedule of Company events.
- Communicate to parents and dancers in advance of any potential changes or new opportunities.

SKILLS TO PRACTICE

* All of these skills are not required, to make a Performing Team. The basic understanding and the desire to learn and correct these skills is necessary. If you would like clarification on any of the following moves please feel free to ask any instructor.

- Chainé Turns (High and Low)
- Pique turns
- Pirouettes (turned in and out)
- Soutenus
- Spotting
- Arabesque turns
- Coupe turns
- Fouette turns with double prep
- Second turns with double prep
- Pique turns into fouettes
- Lame duck into fouettes
- Pique turn into second turns
- Lame duck into second turns
- 3-4 Pirouettes
- Turns with knees attached
- Turns with leg lift
- Attitude turns
- Tuck jumps
- Saut de chat
- Hitch kicks
- Sautés
- Saute Arabesque
- Axels
- Centers/Seconds
- Russian leap
- Stag leaps
- Barrels
- Calypso
- C jumps
- Turning C Jumps
- Reverse leap
- Switch leaps
- Grand jete
- Assemblés
- Grand assemblé en tournant
- Grand rond de jambe en l'air
- Saut de basque
- Sissonne
- Sissonne fermée
- Grande Sissonne ouvert
- Tour en l'air
- Tour jeté
- Brise
- Scorpion leap/fire bird
- Jazz slides
- Jazz rolls/pretzel rolls
- Backward rolls (with and without layout)
- ETC.



CONTACT US

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