



Em~sub dive log sheet

In an emergency contact **07831 151523** (England, Wales, Northern Ireland) / Scotland **0345 408 6008**

Remember C.O.A.S.T: Concentration, Observation, Anticipation, Safety, Time

[illegible]

This form (& dive computer & buddy if applicable) should accompany the casualty to medical facilities

CASUALTY ASSESSMENT



Date:

Casualty name:

Age: yrs Male/female:

Onset of symptoms: Time:

Description:

| | | | | | | | |
|----------------------------------|---|-----------------|------------|--|--|--|--|
| Time | Record observations every 15 mins and when casualty's condition changes | | | | | | |
| Highest level of response | Alert, Voice, Pain, Unresponsive | | | | | | |
| BLS | Note times started and stopped | | | | | | |
| AED | Note times applied Note if shocks given | | | | | | |
| Orientation | Day | ✓ normal | ✗ abnormal | | | | |
| | Place | ✓ normal | ✗ abnormal | | | | |
| | Person | ✓ normal | ✗ abnormal | | | | |
| Personality change | | ✓ absent | ✗ present | | | | |
| Chest pains | | ✓ absent | ✗ present | | | | |
| Respiratory rate | (breaths/minute) | | | | | | |
| Pulse rate | (beats/minute) | | | | | | |
| Vision | Normal, Tunnel, Blurred, Double | | | | | | |
| Head & neck | Tingling/numbness | Left/Right/Both | | | | | |
| ✓ normal | Facial weakness | Left/Right/Both | | | | | |
| Upper limb | Tingling/numbness | Left/Right/Both | | | | | |
| ✓ normal | Weakness | Left/Right/Both | | | | | |
| Trunk | Tingling/numbness | Left/Right/Both | | | | | |
| ✓ normal | | | | | | | |
| Lower limb | Tingling/numbness | Left/Right/Both | | | | | |
| ✓ normal | Weakness | Left/Right/Both | | | | | |
| Eye/hand coordination | | ✓ normal | ✗ abnormal | | | | |
| Oxygen therapy | Note time started & stopped. Note O ₂ % | | | | | | |
| Fluid administered | Note time and amount (mls) | | | | | | |

Assessor name:

Contact name:

Tel:

Vessel call sign:

INCIDENT PROCEDURE



- TAKE CONTROL
- ASSESS THE SITUATION
- DELEGATE ACTION
- CONTACT THE EMERGENCY SERVICES

Tell them: Who you are – Type of emergency – Location

EMERGENCY SERVICES - UNITED KINGDOM

At sea All incidents: Coastguard VHF DSC (or Channel 16)
Lives in immediate danger: Mayday (distress button)
Decompression illness: Pan Pan

On land Decompression illness: BHA / RN Diver Helplines
England, Wales, Northern Ireland: 07831 151523
Scotland: 0345 408 6008
Near drowning: Ambulance 999 or 112
Lost diver: Coastguard/Police 999 or 112

Decompression illness

Keep the casualty quiet
Lie casualty flat on back
Do NOT raise legs
Administer 100% oxygen
Administer fluids

Basic life support

Check safety
↓
Unresponsive? → Shout for help
↓
Open airway
↓
Not breathing normally? → Send for/go for AED
Call emergency services
↓
30 chest compressions
↓
CC+RB 30:2 (follow voice prompts when AED in use)

DIVE DETAILS

Casualty name:

| Ascent | Normal Y/N | Rapid Y/N | Missed stops | mins |
|--|------------|---------------|------------------------------------|------|
| Use separate sheet for buddy | | Incident dive | Previous dives (most recent first) | |
| Gas mix (if rebreather write RB and give diluent mix) | | | | |
| Surface interval (since previous dive) | | | | |
| Depth (m) & Dive time (surface to surface, or 1st stop if taken) | | | | |
| Stop 1 (mins @ m) & deco mix | | | | |
| Stop 2 (mins @ m) & deco mix | | | | |
| Stop 3 details (Record dives with >3 stops on a separate piece of paper) | | | | |
| Surfacing time (and date if needed) | | | | |