

# First Aid for Divers – Casualty Assessment Checklist

## Physical examination method

- Minimal movement of the patient
- Head to toe sequence
- Compare both sides of the casualty's body

## Assess and record

- History
- Responsiveness – sight, speech
- Symptoms – information from the casualty
- Head
  - Skull – swelling, indentation
  - Face – colour, skin, temperature, breathing
  - Eyes – pupil size, response to light
  - Ears – hearing, blood, fluid
  - Nose – appearance, blood, fluid
  - Mouth – breathing, odour, wounds, irregularity, discolouration
- Neck – loosen clothing, warning medallions, vertebrae, tenderness, bruising
- Trunk – chest movement, symmetrical collar bones and ribs, wounds, tenderness, incontinence
- Back and spine – vertebrae, swelling, tenderness
- Upper limbs – check movement, bruising, swelling, deformity, warning bracelet, feeling
- Lower limbs - check movement, bruising, swelling, deformity, feeling
- Feet – movement, feeling, colour, deformity

Casualty name:

Date:

Time:

<b>History</b> - description of incident
<b>Responsiveness</b> sight, speech
<b>Symptoms</b> - information from casualty
<b>Head</b> Skull – swelling, indentation; Face – colour, skin, temperature, breathing; Eyes – pupil size, response to light Ears – hearing, blood, fluid; nose – appearance, blood, fluid; Mouth – breathing, odour, wounds, irregularity, discolouration
<b>Neck</b> – loosen clothing, warning medallions, vertebrae, tenderness, bruising
<b>Trunk</b> – chest movement, symmetrical collar bones and ribs, wounds, tenderness, incontinence
<b>Back &amp; spine</b> – vertebrae, swelling, tenderness
<b>Upper limbs</b> – check movement, bruising, swelling, deformity, warning bracelet, feeling
<b>Lower limbs</b> - check movement, bruising, swelling, deformity, feeling
<b>Feet</b> - movement, feeling, colour, deformity
<b>Changes</b> - record time & change