## The Collective Card Reading

By Claudia Cantori

t is summer in the Northern Hemisphere, and it is a time of reconnecting to our bodies by enjoying warm weather, nature, and the outdoors. It is the energy of celebration and of enjoyment.

As I tuned into the energy of this collective card reading, three powerful cards have been drawn that represent the energy of summer to perfection.



## **New Love**

This is about having a new spark for life: it can be a romantic love, discovering a new passion, or an idea for a project. It is anything that signifies a positive renewal of energy within you. This card symbolizes excitement, great potential, and a new blossoming, the feeling that something you desire for some time is coming to fruition.

## Listening (upside down)

The next card shows us when some resistance comes up when we want to force things into place.



For instance, now that you've got a great idea you want to push it to manifest it more quickly.

Or when two people rush to get married shortly after having met when they are still not ready.

Or, now that you've discovered a new passion, and you want to be the best in the world at it in one day.

This occurs when we stop listening to our own internal guidance and the wisdom that our emotions provide. This is the energy of fretting and urgency that occurs after the dopamine hit of the 'New Love" and we want to immediately rush to the next level.



## **Intention**

This is to remind us that it is not about stressing over details or worrying about how it will happen, but rather to remember how you want to feel during this journey and make that your priority.

When you reconnect to the emotion that is at the core of your desire, you'll feel good, which means that you're in your power.

When you are stable in the emotion of your fulfilled desire, you'll feel a sense of purpose and you'll be in a state of flow.

Allowing the process of the manifestation to be enjoyable, rather than pushing yourself to try to turn your desire into a reality is the new paradigm, and it's the whole point of having a desire and holding a higher vision of yourself.

Keep in mind the birthing of a new excitement (in whatever form it comes) is already indicating that you are on the right path, otherwise it wouldn't feel that good. So, pat yourself on the back for having allowed that to happen, and in just the same way, you can learn to allow the fulfillment of the new desire to come to pass. Ravel in the energy of it, if it genuinely feels good it means that it is serving you on a deep level.

Extra tip: remember to focus on what feels good even if it is unrelated to your new desire. When you feel good, you are in the energy of well-being: your body will be flooded with chemicals that support its thriving, you'll have more energy and deeper clarity.

If you are like me and you spend a lot of time in the online world, pay attention to the way you feel when consuming content, whatever we focus on becomes part of our mental diet. This might be the number one piece of awareness we need to have in our times. Our focus is our power. The internet can be a place where you get to cultivate and amplify your skills and interests or a place to feel terrible about yourself and the world.

Both options are available to you, you get to choose.



Claudia Cantori

Claudia is a skilled and passionate mentor with 10 years of experience in emotional well-being and emotional intelligence development. Her approach is the result of blending different perspectives cohesively and coherently. In her sessions, she holds sacred space for her clients to be able to shift and transmute emotionally, activate wellness in their own lives, and forge an unstoppable, heart-centered mindset.



