Leading the Pack in Dachshund Training and Emotional Wellness

n the realm of dachshund training and emotional well-being, Katie Saywell stands as the UK's leading.

With a singular focus on Dachshunds and a remarkable proficiency in Integral Eye Movement Therapy (IEMT), she has carved a niche for herself as a beacon of expertise and compassion.

Katie's journey into the world of dog training began with her beloved miniature Dachshund, Chipolata. Recognising the unique behavioural traits and challenges faced by this breed, Katie dedicated herself to mastering the intricacies of Dachshund training. Over the years, she has amassed a wealth of experience and insights, becoming renowned as the go-to expert for dachshund owners seeking guidance.

However, Katie's expertise extends beyond traditional training methods. As an accomplished IEMT practitioner, she possesses a profound understanding of human psychology and emotional wellbeing. Specialising in assisting individuals in overcoming trauma, anxiety, fear, and phobias related to animals, Katie offers a holistic approach to both canine and human care.



Integral to Katie's practice is the use of IEMT, a therapeutic technique that facilitates the reprocessing of emotional trauma. Through guided eye movements and empathetic support, Katie helps her clients confront and release the underlying issues that may be hindering their emotional well-being. Whether it's overcoming past traumas or addressing deep-seated anxieties, Katie empowers her clients to achieve lasting emotional resilience.

"I've always believed in the power of empathy and understanding," says Katie.

"My goal is not just to train Dachshunds but to support both dogs and their owners in leading fulfilling lives Together." Katie's approach has garnered widespread acclaim and transformed the lives of countless individuals and their furry companions. Clients praise her for her patience, empathy, and unwavering dedication to their well-being.

"I was at my wit's end with my dachshund's behaviour," recalls Sarah, one of Katie's clients. "But Katie's compassionate approach helped us understand and address the underlying issues. Now, our bond is stronger than ever."

In addition to her work with dachshunds, Katie also lends her expertise to assisting individuals with animal-related phobias. Whether it's a fear of dogs, or other animals, Katie employs her IEMT skills to help her clients overcome their fears and live more confidently.

As Katie continues her mission to make a positive impact, her legacy as a trailblazer in Dachshund training and emotional well-being is sure to endure. Through her innovative techniques, compassionate approach, and unwavering dedication, she sets a standard of excellence in the field, proving that with kindness and understanding, anything is possible.

"I consider it a privilege to be able to help both dogs and their owners lead happier, healthier lives," says Katie. "It's truly fulfilling to see the positive impact of my work ripple through the lives of those I am fortunate enough to support."



