



Angela F. Penna

*Natural Death Advocate
Catholic End-of-Life Educator
Death Doula*

“I am committed to educate and advocate for the most vulnerable, including the ill, the dying, the elderly, the disabled, the mentally ill, the homeless, and the lonely against being pressured to choose euthanasia. I am dedicated to work towards improving the level of support and providing resources to assist my brothers and sisters in Christ to choose a natural, holy death, uniting their pain with Christ’s suffering on the cross, so it can become redemptive, and be a witness to their families.”



FAMILY WRITTEN LEGACY

Your Legacy.

A Timeless Gift.

Only One Conversation Away.

Vision:

- ✚ How one dies can teach and inspire others to live more fully.
- ✚ Dying is an opportunity for healing for everyone involved, including inspiring others to treat their own life with more care and integrity of heart.
- ✚ FWLegacy’s work is not just to remember the past, but to help families to build new memories in the present, that will live beyond the grave. In other words, our work can facilitate healing and serenity for the entire family.

Mission:

- ✚ To hold sacred space with the dying, of all ages, to discover and to help them achieve a “holy death” and let go of their life with more peace.
- ✚ To assist the dying in sharing their unique perspective on their life, now with a ‘bird’s eye view.’
- ✚ To express their love to their grieving families, and preserve their messages in written form (& the audio recording, with a new option of an edited audio file, only).