



# NORTH VALLEY RTC

## REGIONAL TRAINING CENTER

**Fall practices start Monday, September 7th**  
Welcoming grades Kindergarten - 6th Grade

### *WHY WRESTLE ??*

Build a foundation for *all* other sports. Learn to work hard. Overcome obstacles.  
NO experience necessary. Learn wrestling basics. Build on techniques. Have FUN!

WRESTLING WILL  
HELP DEVELOP:

**ATHLETIC ABILITIES - COORDINATION - DISCIPLINE**  
**SELF CONFIDENCE - RESPONSIBILITY - MENTAL TOUGHNESS**



## NORTH VALLEY MISFITS

**FALL SEASON:** Spetember 7th - November 10th 2022

**DAYS:** Mon | Wed | Thurs | 6:30pm - 7:45pm

**LOCATION:** Pinnacle High School

3535 E. Mayo Blvd, Phx. 85050

**REGISTRATION:** **\$160.00** (\$145.00 with Sibling Discount)  
(29) total practices + competition opportunities



- Year Round Wrestling Club
- Online Registration & Payment Options
- **All returning Misfits must RENEW their USAW membership for Fall Seasons.**

\*\*\* 'Limited Folkstyle Athlete Membership'



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