



# NORTH VALLEY RTC

## REGIONAL TRAINING CENTER

**Fall practices start Wednesday, September 3rd**

Welcoming grades Kindergarten - 6th Grade

### *WHY WRESTLE ??*

Build a foundation for *all* other sports. Learn to work hard. Overcome obstacles.  
NO experience necessary. Learn wrestling basics. Build on techniques. Have FUN!

WRESTLING WILL  
HELP DEVELOP:

**ATHLETIC ABILITIES - COORDINATION - DISCIPLINE**  
**SELF CONFIDENCE - RESPONSIBILITY - MENTAL TOUGHNESS**



## North Valley Misfits

**WHO: MISFITS FUNDAMENTALS**

**Mon & Wed | 6:30pm - 7:45pm**

**WHEN: September 8th – November 20th 2025**

**WHO: MISFITS ELITE (INVITE ONLY)**

**Mon | Wed | Thurs | 6:30pm - 7:45pm**

**WHEN: September 3rd – November 20th 2025**

**WHERE: Pinnacle High School**

**3535 E. Mayo Blvd, Phx. 85050**



- Year Round Wrestling Club
- Online Registration & Payment Options
- All returning Misfits must **RENEW** their **USAW membership for Fall Seasons.**  
*'Limited Folkstyle Athlete Membership'*



[www.nv-rtc.com](http://www.nv-rtc.com)



@nv\_rtc



@NorthValleyRTC



[nvmisfits@gmail.com](mailto:nvmisfits@gmail.com)