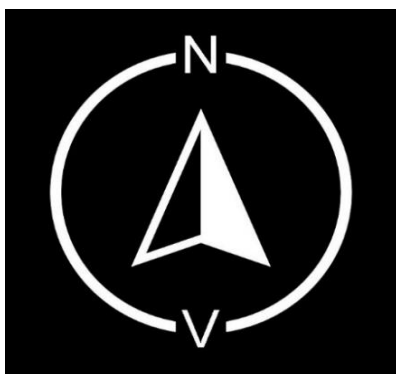




AZ USAW



**Spring Season**

Life Changing  
Youth Development  
Healthy Life Choice  
Positive Sports Culture



# NORTH VALLEY RTC

## REGIONAL TRAINING CENTER

**Spring practices start Monday, March 17th**

Welcoming grades Kindergarten - 6th Grade

### *WHY WRESTLE ??*

Build a foundation for *all* other sports. Learn to work hard. Overcome obstacles.

NO experience necessary. Learn wrestling basics. Build on techniques. Have FUN!

WRESTLING WILL  
HELP DEVELOP:

**ATHLETIC ABILITIES - COORDINATION - DISCIPLINE**  
**SELF CONFIDENCE - RESPONSIBILITY - MENTAL TOUGHNESS**



## North Valley Misfits

**WHO: MISFITS FUNDAMENTALS**

**Mon & Wed | 6:30pm - 7:45pm**

**WHO: MISFITS ELITE (INVITE ONLY)**

**Mon | Wed | Thurs | 6:30pm - 7:45pm**

**WHEN: March 17th – May 15th 2025**

**WHERE: Pinnacle High School**

3535 E. Mayo Blvd, Phx. 85050



- Year Round Wrestling Club
- Online Registration & Payment Options
- Short Re-Registration for returning Misfits
- Requires USA Wrestling card
- 'Limited Folkstyle Athlete Membership'



www.nv-rtc.com



@nv\_rtc



@NorthValleyRTC



nvmetisfits@gmail.com