



NVRTC

**NORTH
VALLEY**

**REGIONAL
TRAINING
CENTER**

*YOUR CLASS
YOUR SKILLS*

ADULT CLASS

RETURNS MARCH 5TH, 2024

ONLINE REGISTRATION



TUESDAYS & SUNDAYS | PARADISE VALLEY HIGH SCHOOL (3950 E BELL RD, PHX 85032)

**OPEN FOR
REGISTRATION
NV-RTC.COM**

**VISIT US
ONLINE FOR MORE
INFORMATION**

 @nv_rtc
 @NorthValleyRTC
 www.nv-rtc.com
 nvmisfits@gmail.com

ADULT WRESTLING

**Dust off your wrestling shoes!
Get back in shape? | Learn new techniques?**

**Return to Your Wrestling ROOTS ?!?
Participate in a USAW 'Veterans/Masters' event**

**YOUR Adult Wrestling
Journey Starts HERE !!**

Folkstyle | Freestyle | Greco-Roman | Wrestling for MMA / Jiu Jitsu

***** Requires USA Wrestling - Open License Membership *****

Help Us Normalize Recreational Wrestling For Adults !!