

**NVRTC** 

## ADULT CLASS

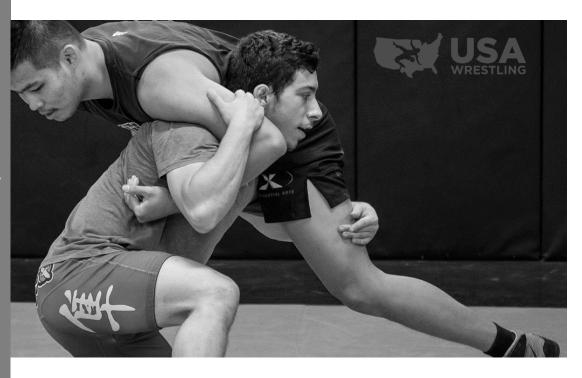
RETURNS MARCH 5TH, 2024

ONLINE REGISTRATION



REGIONAL TRAINING CENTER

> YOUR CLASS YOUR SKILLS



TUESDAYS & SUNDAYS | PARADISE VALLEY HIGH SCHOOL (3950 E BELL RD, PHX 85032)

## OPEN FOR REGISTRATION NV-RTC.COM

## VISIT US ONLINE FOR MORE

INFORMATION



@nv rtc



@NorthValleyRTC



www.nv-rtc.com

nvmisfits@gmail.com

## ADULT WRESTLING

Dust off your wrestling shoes!

Get back in shape? | Learn new techniques?

Return to Your Wrestling ROOTS ?!?
Participate in a USAW 'Veterans/Masters' event

YOUR Adult Wrestling Journey Starts HERE!!

Folkstyle | Freestyle | Greco-Roman | Wrestling for MMA / Jiu Jitsu

\*\*\* Requires USA Wrestling - Open License Membership \*\*\*