



NVRTC

SUMMER SEASON

7TH – 12TH

REGISTER
ONLINE

NORTH VALLEY REGIONAL TRAINING CENTER

June 3rd – August 1st, 2024

5:00 – 6:30pm | Pinnacle High School

Monday

Wednesday

Thursday

Free Weight Training opportunity, before practice, at 4pm
Coach Williams will teach lifting technique & helps track lifting progress

Pinnacle
Paradise Valley
Cactus Shadows
Shadow Mountain

Brophy
Fountain Hills
North Canyon
and many others...

RTC Club & RTC Elite – (26) practices + competition opportunities

Online Registration & Payment Options – Requires USAW membership

Visit our website for details – www.nv-rtc.com/registration-info