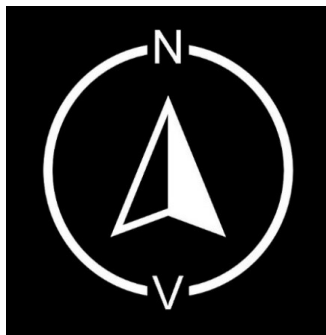




AZ USAW



Spring Season

Life Changing

Youth Development

Healthy Life Choice

Positive Sports Culture



NORTH VALLEY RTC

REGIONAL TRAINING CENTER

Spring practices start Monday, March 11th 2024

Welcoming grades Kindergarten - 6th Grade

WHY WRESTLE ??

Build a foundation for *all* other sports. Learn to work hard. Overcome obstacles.

NO experience necessary. Learn wrestling basics. Build on techniques. Have FUN!

WRESTLING WILL
HELP DEVELOP:

ATHLETIC ABILITIES - COORDINATION - DISCIPLINE
SELF CONFIDENCE - RESPONSIBILITY - MENTAL TOUGHNESS

NORTH VALLEY MISFITS



SPRING SEASON: March 11th - May 16th, 2024

DAYS: Mon | Wed | Thurs | 6:30pm - 7:45pm

LOCATION: Pinnacle High School

3535 E. Mayo Blvd, Phx. 85050

REGISTRATION: **\$165.00** (\$150.00 with Sibling Discount)

(30) total practices + competition opportunities



- Year Round Wrestling Club
- Online Registration & Payment Options
- Short Re-Registration for returning Misfits
- Requires USA Wrestling card
- 'Limited Folkstyle Athlete Membership'



www.nv-rtc.com



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nvmisfits@gmail.com