North Valley Misfits, Inc. dba North Valley Regional Training Center 3535 E Mayo Blvd (Pinnacle HS) Phoenix, AZ 85050 nvmisfits@gmail.com www.nv-rtc.com



NVRTC 'Friday Night Scraps'

Get in live matches for FREE!

➤ DATE(s): June 23rd | July 7th | July 21st | August 4th

➤ WHEN: 5:30pm − 7:00pm

➤ WHERE: Pinnacle High School – Wrestling Room

3535 E Mayo Blvd, Phoenix, AZ 85050

➤ WHO: K - College | All Skill levels welcome

> COST: FREE for ALL

REQUIRED: Valid USA Wrestling Card

⇒MANDATORY



4:30 min. matches | Wrestle as many as you want !!
0:45 secs. between Matches

Got Pinned ?? Get up AND wrestle again!!

Folkstyle/Freestyle? Create YOUR match format !!