

NVRTC 'Friday Night Scraps'

Get in live matches for FREE!

- **DATE(s):** June 23rd | July 7th | July 21st | August 4th
- **WHEN:** 5:30pm – 7:00pm
- **WHERE:** Pinnacle High School – Wrestling Room
3535 E Mayo Blvd, Phoenix, AZ 85050
- **WHO:** K - College | All Skill levels welcome
- **COST:** FREE for ALL
- **REQUIRED:** Valid USA Wrestling Card
⇒ **MANDATORY**



4:30 min. matches / Wrestle as many as you want !!

0:45 secs. between Matches

Got Pinned ?? Get up AND wrestle again !!

Folkstyle/Freestyle? Create YOUR match format !!