

# ***NVRTC 'Friday Night Scraps'***

***Get in live matches for FREE!***

- **DATE(s):** June 21<sup>st</sup> | July 5<sup>th</sup> | July 19<sup>th</sup> | August 2<sup>nd</sup>
- **WHEN:** 5:00pm – 6:30pm
- **WHERE:** Pinnacle High School – Wrestling Room  
3535 E Mayo Blvd, Phoenix, AZ 85050
- **WHO:** K - Adult | All Skill levels welcome
- **COST:** FREE for ALL
- **REQUIRED:** Valid USA Wrestling Card  
⇒ **MANDATORY**



***4:30 min. matches / Wrestle as many as you want !!***

***0:45 secs. between Matches***

***Got Pinned ?? Get up AND wrestle again !!***

***Folkstyle/Freestyle? Create YOUR match format !!***